American Psychiatric Association

About the APA:
Supporting and Advocating for Members, the Profession, and Patients
American Psychiatric Association

• Founded 1844
• 36,000 members
• 74 District Branches/State Associations
• 5 Professional Journals
• American Psychiatric Foundation (affiliate)
American Psychiatric Association

Vision:
A society that has available, accessible quality psychiatric diagnosis and treatment.

APA is the voice and conscience of modern psychiatry.
The APA’s Mission is to:

- Promote the highest quality care for individuals with mental illnesses, including substance use disorders, and their families
- Promote psychiatric education and research
- Advance and represent the profession of psychiatry
- Serve the professional needs of our membership
APA accomplishes its mission by supporting and advocating for

- Members
- The Profession
- Patients
How APA Supports Members

Lifelong learning and CME

PRACTICE GUIDELINES
Online courses (11)

FOCUS
A clinical review journal

psychiatryonline
CME portal to online journals, self-assessment, and more
How APA Supports & Advocates for Members

- Working in partnership with AMA and others to improve Medicare payment.
- Ongoing support for parity, scope of practice, and other legislative proposals.
- Access to key legislators through APA’s political action committee, APAPAC.
How APA Supports & Advocates for Members

APA member benefits:

- Critical practice tools including *Practice Guidelines* and quick reference guides
- Ethics guidelines
- Members-only malpractice insurance program
- Managed Care Help Line
- Medicare expertise
How APA Supports & Advocates for *Members*

**APA Member Benefits:**

- Discounts on APA scientific meetings
- Support for legislative proposals
- Grant funding for district branch and state association initiatives
- Public relations and media interview support
How APA Supports & Advocates for Members

APA member benefits:

- 10% discount on APPI publications
- Discounted subscriptions to *Psychiatric Services and FOCUS*
- APA Job Central
- Networking opportunities (e.g., member listservs)
- Credit cards & financial tools
How APA Supports & Advocates for Members

Members-in-Training and Early Career Psychiatrists

General member benefits, plus: access to Practice Management for ECPs; and numerous fellowships, scholarships, travel awards, and other research and funding opportunities.

Residents: 100% Club & Programs to Achieve 100% APA Resident Membership
How APA Supports *Members*

**District Branches & State Associations**

- Government relations support
- Communications/public affairs support & training
- Centralized membership processing/billing
- Managed Care Help Line (800-343-4671)
- Orientations and conferences for DB/SA leadership
- Public outreach materials
How APA Supports & Advocates for the Profession

Advances in science & practices:

- Advocates for increased NIH research and funding
- Develops *Practice Guidelines* that benefit the entire profession
- Contributes to the latest research and scientific evidence through the Practice Research Network
- Continuing Medical Education
- Contributes to health policy research, analysis, and dissemination
How APA Supports & Advocates for the Profession

Access to the latest education & training:

- APA Annual Meeting, the world’s largest gathering of psychiatric physicians

- APA Institute on Psychiatric Services, bringing psychiatric practice, education and research together
How APA Supports the **Profession**

The APA Annual Meeting attracts notable guest speakers

Sportcaster, Football Player, and Mental Health Advocate
Terry Bradshaw at 2010 Annual Meeting

Actor and Mental Health Advocate Author
Carrie Fisher and Outgoing APA President
Alan Schatzberg, MD at the APA 2010 Annual Meeting
### How APA Supports the Profession

#### Future Meetings:

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<tr>
<th>Year</th>
<th>APA Annual Meeting</th>
<th>Institute on Psychiatric Services</th>
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<tbody>
<tr>
<td>2012</td>
<td>Philadelphia</td>
<td>New York City</td>
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<td>May 5-9</td>
<td>October 4-7</td>
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<td>2013</td>
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<td>May 3-7</td>
<td>Oct 30 – Nov 2</td>
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How APA Supports & Advocates for the Profession

Protecting the integrity of psychiatric practice:

- Working to enhance and strengthen privacy laws
- Protecting scope of practice
- Advocating for fair treatment of psychiatric practice by HMOs and behavioral health carve-outs
- Advocating for parity (equal treatment and insurance coverage for mental illness and substance use disorders)
How APA Supports the Profession

Providing the latest updates in science, education and clinical care through publications:

- Worlds’ largest catalogue of psychiatric textbooks
- *The American Journal of Psychiatry*, other journals and *Psychiatric News*
How APA Supports the Profession

**DSM-5**  Laying the foundation for the next generation of psychiatric diagnoses and treatment

The *DSM-5* Task Force, 27 members: research scientists from psychiatry and other disciplines, clinical care providers, and consumer and family advocates.
How APA Supports & Advocates for Members and the Profession

www.psychiatry.org
How APA Supports & Advocates for *Patients*:

**Let’s Talk Facts Brochures**

Series of 31 brochures, including:

- ADHD
- Alzheimer’s Disease
- Substance Abuse & Addictions
- Mental Health in Asian-Americans/Pacific Islanders
- Mental Health in the Hispanic Community
- Bipolar disorder
How APA Supports & Advocates for Patients:

OMNA on Tour

Regional forums in areas with the high proportions of underserved populations hosted by APA’s Office of Minority and National Affairs

Discussions about mental health disparities and their impact on overall health, economic productivity and societal well-being
How APA Supports & Advocates for *Patients*

**Mental Health Parity**

APA staff was actively involved in the historic passage of the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 and continues to work on implementation of the law.

The law brings the promise of non-discriminatory mental health coverage to 113 million people across the country.
How APA Supports & Advocates for *Patients*

- Working to **improve Medicare coverage** of treatment for mental health
- Working on mental health legislation and policies to improve access to **care for veterans and military families**.
- Working to increase awareness of mental health issues
How APA Supports & Advocates for Patients

Mental Illness and Mental Health

Minority Mental Health Month

July is Minority Mental Health Month, and Americans are an increasingly diverse people. One in three Americans identifies him/herself as a member of an ethnic/racial minority. Ethnically/racially diverse people often bear a disproportionately high burden of disability resulting from mental illnesses. Learn more.

Mental Health Parity

Under federal law, in most cases, health insurance providers must provide coverage for mental health and substance use disorders equivalent to the coverage they provide for medical/surgical care. Learn more.

Bipolar disorder

Healthy Minds Blog
To Learn More…

Contact the APA

1000 Wilson Blvd.
Suite 1825, Arlington, VA 22209
703-907-7300
1-888-35PSYCH (357-7924)
info@psych.org
www.psychiatry.org

APA’s 2011 Annual Report