

“like” us on Facebook and help spread the word about Volunteer Engagement in Chilliwack!

<https://www.facebook.com/VolunteerChilliwack>

## National Volunteer Week is April 10 to April 16, 2016

A time to celebrate and thank B.C.'s volunteers!  
Volunteers are the roots that build strong communities.

### Volunteering for / with Children and Youth

#### Sardis Doorway



Sardis Doorway is a support program for high risk and single mothers of preschool aged children that has worked in Chilliwack since 1987. Volunteer

opportunities include working with young children or in the kitchen. Application process and criminal record clearance required. For information, please visit our website at [www.sardisdoorway.com](http://www.sardisdoorway.com) or call Karin at 604.819.6556 or email [sardisdoorway@shaw.ca](mailto:sardisdoorway@shaw.ca)

#### The Canucks Autism Network's

Our sports & rec programs provide **adaptive athletic instruction** to children and teens with autism. Volunteers work alongside highly trained support workers to assist in their instruction to and interaction with our participants, making an invaluable and truly meaningful impact in the lives of families living with autism in our programs throughout BC. Make a huge difference in the life of a child with autism and join our volunteer team! (No autism experience necessary) [volunteer@canucksautism.ca](mailto:volunteer@canucksautism.ca) - please tell us a bit about yourself, why you want to volunteer and the program(s) you are interested in.



#### Cyrus Centre

Cyrus Centre is in need of volunteers to help 4 hours/week in managing the resource centre. Volunteers help prepare and serve food, as well as, with cleaning. However, the main job of volunteers to build healthy and meaningful relationships with vulnerable and homeless youth in our community. If you are interested in volunteering please email Leah at [leah@cyruscentre](mailto:leah@cyruscentre) to receive a volunteer application form.



#### Big Brothers Big Sisters of the Fraser Valley

We Invite You to Impact a Life! One Child, Two - Four hours per week. Making a difference is easier than you might think! Community Based Mentors: Enjoy day-to-day activities with a young person, Build a lifetime commitment to caring and mentoring, build a friendship with a young person. Contact Collette at 604.858.0828 or by email [collette.bohach@bigbrothersbigsisters.ca](mailto:collette.bohach@bigbrothersbigsisters.ca). Visit [www.mentoringworks.ca](http://www.mentoringworks.ca) for more information. As a volunteer your primary responsibility is to have fun and to be a friend!

#### Big Bunch Leaders Needed!

Big Brothers Big Sisters of the Fraser Valley is seeking caring, positive adult role models age 19-99 for our brand-new “**Big Bunch**” program. Always wanted to become a Big Brother or Big Sister but can't commit to weekly outings with a mentee? Big Bunch is a program for our waitlist kids who are waiting for their Big that only requires a once per MONTH commitment. You get to mentor up to 3 waitlist kids with similar interests once a month for 2-3 hours while doing fun, recreational activities in the community. Activities might include bowling, ice-skating, swimming, indoor rock-climbing or arts and craft night. Try drop in karate, shoot some hoops, or go explore a corn maze. The program strives to do the following:



#### Chilliwack Public Health



If you enjoy working with young children and have some spare time, we would welcome you to join our Child Health Clinic Volunteer Team. Volunteers assist Public Health Nurses in working with children and their families at weekly Child Health Clinics. Volunteers are needed for Chilliwack Public Health. A Criminal Record Check is required. Orientation will be provided. This program is sponsored by Fraser Health. For more information on this volunteer opportunity, inquire at reception or call 604.702.4900.

#### Christ the King Chapel- Unique Kids

Recruiting **volunteer child-minders** to help in our daycare Monday – Friday 9am-6pm. Please call Bernadette for more information 604.791.2459 or email [berolaoluwa@yahoo.com](mailto:berolaoluwa@yahoo.com)



#### Better Beginnings

Do you love to work in a kitchen **prepping food and cleaning up**? Is cooking your passion? We would love for you to help us on Thursday mornings form 8:30am - 12pm. If you think that small children are more what your passion is about, we are also recruiting volunteers for **child-minding!** For more information please contact Lana 604.701.4978 ex 5 or email [hergottl@comserv.bc.ca](mailto:hergottl@comserv.bc.ca)

- promote the importance of staying in school and healthy relationships with family and peers
- instill and teach trust, independent thinking and self-confidence in order to make healthy decisions
- expose children to opportunities and friendships they may not otherwise have

### **In-School Mentoring**

Spend one hour per week meeting a little buddy on school property, during school hours throughout the school year. Talking, playing games or sports, doing arts & Crafts, just hanging out these are all ways to spend quality time with a child in need of mentoring support.

### **Teen In-School Mentoring**

Teen Mentoring matches Grade 10-12 students with elementary and middle school students in need of support and friendship. For one hour per week you and your little buddy can talk, playing games or sports, do arts and crafts, just hang out in the playground- these are all ways the two of you can share an hour of quality time together.

### **Chilliwack Safety Village**

Each spring over two thousand grade ones and grade three students join us at the Chilliwack Safety Village over 6 weeks to learn more about fire and bike safety. In order to help these little ones learn how to wear their helmets properly and ride their bikes safely, the Village needs volunteers. Volunteers help fit helmets and take the children outside and walk groups of them around the Safety Village streets, reminding them to obey the traffic signs. This is a great way to get work experience hours or volunteer hours that you may need. We are excited about this upcoming year as we are buying new helmets for the village. Easy to fit and fun to wear so the job of the volunteers is going to be even easier.



Volunteers are a huge part of the bike safety and fire safety program and we can't do it without you. We are low on volunteers this year and if we don't reach our goal, the Village won't run for the first time in over 10 years. Please help teach the little kids bike safety and sign up as a volunteer. Please contact Freddy at [Petal50@telus.net](mailto:Petal50@telus.net)

We are also looking for general volunteers help around the Village with cleaning, painting and general repairs. For these volunteers opportunities please contact Susan at [susansv@telus.net](mailto:susansv@telus.net)

## **Volunteering With Seniors**

### **Better At Home**

The Better at Home Program is accepting applications for "Friendly Visitors". Please contact Program Coordinator Sarah Woelders at 604.393.3251 ex 240 or [betterathome@comserv.bc.ca](mailto:betterathome@comserv.bc.ca) in Chilliwack or Fiona Delcourt at 604.796.2585 [betterathome@agassizcs.ca](mailto:betterathome@agassizcs.ca) in Agassiz-Harrison. These positions require a one hour weekly commitment. A weekly visit creates lasting, meaningful, relationships between seniors and volunteers. With regular visits, isolated seniors experience improved physical, mental, and emotional health and gain a more positive outlook. No clinical care is required, just a **social visit**. Hours are flexible and negotiated between the senior and volunteer. These positions are ideal for retired individuals and those prepared to make lasting relationships.



### **Meals on Wheels**

**Delivering Meals on Wheels to seniors is a great way for you and your kids to get involved in the community this fall!** We deliver meals 5 days a week to Chilliwack and Sardis! Deliveries happen



Monday through Friday, starting at 11:30am; only an hour or two out of your day! Choose one regular day a week or one full week a month.

Please contact Shirley at 604.793.7242 or

[triemstras@comserv.bc.ca](mailto:triemstras@comserv.bc.ca)



### **Community Drivers**

Do you enjoy driving and sharing your time with seniors and other clients, who are in need of medical and other transportation? We are currently looking for people (especially women) who **are willing to share their time and vehicle to help with transportation needs**. A per km charge will be paid to you. Please contact Len 604.847.2244 for more information.



### **Chilliwack Senior Peer Counsellors**

If you enjoy visiting and talking with seniors we could use you as a volunteer for Chilliwack Senior Peer Counsellors. We provide a free 8 session volunteer training course to become one of our volunteers. For More information or to register for the course please call our office at 604.793.7204.



### **Chilliwack & District Seniors' Resources Society**

The CDSRS provides resource information, programs, services and activities to maintain wellness and independence and to reduce social isolation. We currently have the following volunteer opportunities:

**Seasonal Tax Volunteers:** Our organization's Community Volunteer Income Tax Program takes place from February 29th to April 29th. Opportunities include preparation and/or intake at one of our three locations. Preparers require previous tax preparation experience, while intake volunteers require clear handwriting and good interpersonal skills.

**Office Volunteers:** Volunteers are needed for general office tasks. Preference is given to those with administrative and computer experience however opportunities are also available for tasks that do not require computer use.

**For more information, please contact Coletta at 604-793-9979 or email [info@cdsrs.ca](mailto:info@cdsrs.ca)**

## Volunteering With Seniors Cont'd

### Eden Care Centre

Are you comfortable around seniors and can carry a conversation? You would be perfect to engage in social visits with some of our residents. Do you have a special skill such as music, art, or dance? We are always eager to learn new skills or see something new, so we would love to have you share or teach us during either a one day visit or a set weekly or monthly program. We are also open to having extra hands during some of our programs such as crafts, baking, and games. For volunteer requirements and further information please contact Spring Billard, Recreation Coordinator at [sbillard@carecorp.ca](mailto:sbillard@carecorp.ca) or call 604.792.8166 ext. 107

### Valleyhaven Retirement Community

We are recruiting volunteers for **socializing, coffee club** and even playing music for residents! As little as one hour a week – opportunities available on weekends as well. Anyone interested can contact Shannon Trafton 604.792.0037 Ext 110 and [Shannon.trafton@kaigo.ca](mailto:Shannon.trafton@kaigo.ca)



### Auburn Retirement Residence

Located at 8531 Young Rd. Chilliwack we are recruiting for volunteers **decorating, research, socializing, crafts, serving,** and more. If interested in helping please contact the recreation manager @ 604.392.0070 or [nmcmunn@retirementconcepts.com](mailto:nmcmunn@retirementconcepts.com)



### Waverly Seniors Village

We are looking for volunteers for during the daytime for **visiting, walking program** etc. Please contact Lorraine Huebner Recreation Manager @ 604.703.2106 or [lhuebner@retirementconcepts.com](mailto:lhuebner@retirementconcepts.com)

### Birchwood Retirement Residence

Recruiting volunteers that are available to come in the afternoon (between 1-4) during the week, to **play some games** with the residents and to **help host our happy hours** on Friday afternoons, but that individual would need to have a Serving it Right certificate please email Marci Rozsa [mrozsa@chartwell.com](mailto:mrozsa@chartwell.com) or call 604.792.8793 if interested or if you would like more information.



## Community Volunteering

### The Chilliwack Hospice Society



Recruiting people who would be interested in playing music or singing at the Cascade Hospice Residence. This would take place in the great room area of the residence, not in individual rooms, and would (probably) not involve direct contact with any patients. We have a digital piano and acoustic guitar on site to borrow. Unfortunately we have to exclude instruments such as drums. Please contact Jennifer Dacre at 604.795.4660, ext 222 if interested.

### The Stroke Recovery Association of BC

We are looking for volunteers to help us run our program in Chilliwack. The program runs every Wednesday morning from 9:30-12:30 at Evergreen Hall 9291 Corbould Street. Volunteers will work directly with people who have had a stroke and their caregivers in the delivery recovery programs such as exercise, communication, social, and support activities. Extra training will be provided in these areas. Experience in stroke recovery is not necessary. If you are a friendly, mature & compassionate person, this is great opportunity to make a big difference in our community. For more information, contact Anna at 604.316.6718 or [cwackstrokerecovery@gmail.com](mailto:cwackstrokerecovery@gmail.com).



STROKE RECOVERY ASSOCIATION  
OF BRITISH COLUMBIA

### Immigrant Services-Chilliwack Community Services

Are you interested in volunteering with immigrants? We are looking for classroom assistants for our English Language Classes and Employment Related Computer classes, Mentors and general volunteers for our many activities and workshops. For more information or to register for the information session, please call Sukaina at 604.393.3251.



### The Chilliwack Animal Safe Haven

Looking for volunteers seven days a week. If you are able to donate a small amount of time please give us a call 604.794.7233 or email us at [info@thesafehaven.ca](mailto:info@thesafehaven.ca). Our 150 cats eagerly await your call!!



### The Chilliwack Learning Society



CLS is looking for new volunteers to join our **Volunteer Tutor Program**. After training, tutors are matched one to one with an adult who has a specified learning goal. All learning materials are provided, in addition to ongoing support from program coordinators. Learners may be newcomers to Canada, Canadians who struggled through school or seniors wanting to learn about technology. The Chilliwack Learning Society is also seeking seniors as tutors for our **Silver Surfers iPad Training Program**. If you have experience with an iPad or other form of tablet, and would like to share that with local seniors, consider becoming a Silver Surfers volunteer. Training is free and iPads are provided. For more information contact Marci Bulloch at [marcib@chilliwacklearning.com](mailto:marcib@chilliwacklearning.com)



## **Canadian Cancer Society – Chilliwack**

Want to make a difference? Come join the Canadian Cancer Society. Donate your valuable time just hours a week in an office and/or for a special event such as: 'Relay for Life', 'Daffodil Month', 'Cops for Cancer' and 'Christmas Gift Wrap'. If you are interested in any or all of these opportunities, please contact Anne-Marie) at [chilliwack@bc.cancer.ca](mailto:chilliwack@bc.cancer.ca) or 604.792.3984. We are located at 9240 Young Rd and hours are 10:00 am – 1:00 pm Monday to Friday.



## **CNIB**

VisionMates needed in Chilliwack to provide **sighted assistance for individuals with vision loss**.

Help someone once a week for a few hours with activities such as reading, going for walks, and running errands. This is a minimum 6 month commitment, with training provided. Minimum age is 19 years to be a VisionMate. If interested, contact Jaishree Narsih, Coordinator of Volunteer Services with CNIB, 604.431.2121 ext 6032 or [Jaishree.narsih@cnib.ca](mailto:Jaishree.narsih@cnib.ca).



## **Seniors' Resource Society**

Volunteers needed for general office tasks. Preference given to administrative and computer experience, however opportunities are also available that do not require computer use. For more information contact Coletta at 604.793.9979 or email [info@cdrs.ca](mailto:info@cdrs.ca)



## **Chilliwack Crime Prevention Services**

The Chilliwack Crime Prevention is always looking for volunteers for our many programs including **Speed Watch, Block Watch, Citizens on Patrol, Victim Services, and Restorative Justice**. We are also looking for front desk office volunteers. If you would like to have a positive impact on the community please contact 604.393.3000. We are located at 45877 Wellington Avenue and hours are Monday to Friday 9:00 am – 4:00 pm.

## **Chilliwack Restorative Justice & Youth Advocacy Association**

Do you believe in second chances? Do you have a passion to help others and are interested in social services? We are currently seeking mentors and volunteers for several opportunities, including R.E.A.C.H Alternative Suspension Program, Talking Peace School Program, and Mentoring Clients through the Restorative Process. If you are interested in one of these programs, please contact Kristi or Katrina at 604.393.3029 or email [info@restoringjustice.ca](mailto:info@restoringjustice.ca)



## **Chilliwack Resource Centre**

If you enjoy working in a fun and friendly, environment, **working with people and numbers**, this is the place to be. We are looking for volunteers with **computer skills** to provide a service in an array of office responsibilities as well as income tax preparation – training will be provided. Hours would be one shift per week minimum (Monday through Thursday from 9AM to 1PM). If this is for you, we would welcome your resume and application. For more information, please call us at 604.702.9595 or email at [cwkrcc@shaw.ca](mailto:cwkrcc@shaw.ca).

## **Salvation Army-Chilliwack**

In need of a swamper on Tuesday's and Thursday's for a 3-4 hour shift. Must be able to lift 50 lbs and enjoy meeting people in the community. We also are in need of a volunteer 1-3 days a week to enable us to open our new voucher room. Volunteers will be working one on one with clients in need of clothing. This position requires a person who can volunteer from 9-3 preferably with breaks in between. Also volunteer intake workers to assist in the distribution of Food Hampers. 3 hour shifts either in the morning or afternoons are available. Please go to [www.salvationarmychilliwack.ca](http://www.salvationarmychilliwack.ca) for a volunteer application form or call our office at 604.792.0001, to apply or for further information email [careandsharesh@shaw.ca](mailto:careandsharesh@shaw.ca)



## **Ann Davis Transition Society**

We are currently seeking Volunteers to assist in the new and improved Ann's Treasures & Thrift Shoppe located on Yale Road. The Thrift Shoppe has proven to be an excellent place to **gain valuable retail, and customer service experience**. Open to WEX 11/12 students, and those looking to make a positive impact on the community we live in. Please stop in today to meet our Volunteer Coordinator and discuss volunteering possibilities in office, and at our new store. Contact Samantha Hilliard at 604.792.2760 Ext 201 to pick up your volunteer package today!



## **Agassiz-Harrison Community Services**

The Community Access to Literacy & Learning (CALL) program is looking for volunteer tutors to run a Conversation Circle or work with learners individually on ESL or computer skills. For more information please contact Debbie Lamberger, CALL Coordinator at 604-796-2585 or email [info@agassizcs.ca](mailto:info@agassizcs.ca).

## **MS Society**

Looking for volunteers for the **Fraser Valley Scotiabank MS Walk** on May 15, 2016 at Mill Lake Park in Abbotsford. Volunteers are at the heart of our success and crucial to this meaningful fundraising event. Meet great people, have fun and make a difference! There is a variety of volunteer opportunities to suit everyone. If you are interested in volunteering or have any questions please contact Janelle Blackman, Volunteer Coordinator at [jblackman@gmail.com](mailto:jblackman@gmail.com).

## **Valley Huskers Football Club**

Looking for volunteers for the following: **Community & Social Activities, Game Day Crew** information contact: Steve Hames @ [sdh4@telus.net](mailto:sdh4@telus.net), Accommodations information please contact Randy Newbury [randynew@telus.net](mailto:randynew@telus.net), Hire a Husker contact Irene Spalding [irenemargaret68@gmail.com](mailto:irenemargaret68@gmail.com). For more information [valleyhuskers.org](http://valleyhuskers.org)



## **Chilliwack Chiefs**



The Chilliwack Chiefs have numerous volunteer opportunities for ushers, program sales, and other promotional sales like "chuck a puck" and game night help. If you are interested in volunteering please contact Andrea Laycock 604.392.4433 or email [andrea@chilliwackchiefs.net](mailto:andrea@chilliwackchiefs.net)

## **Correctional Service of Canada**

Assisting successful offender reintegrate into the community is critical to their success and our safety. We are looking for confident, well-rounded, community minded individuals who are self-aware, critical thinkers and have time and/or skills they would like to share with those who need a fresh start. The type of support you can offer is varied and definitely not limited to **community orientation, income tax preparation, finding accommodations, introductions to pro-social activities, transportation to programs/appointments/interviews, one-to-one mentoring**, etc. As well, offenders give back to the community through their own volunteer efforts and you can help make that happen. Ongoing training is provided. Interested in learning more? Contact Cindy Waters at [cindy.waters@csc-scc.gc.ca](mailto:cindy.waters@csc-scc.gc.ca) or 1.800.790.4531.



## **Special Olympics British Columbia**

Special Olympics BC – Chilliwack is looking for volunteers to join our inspiring program. Available volunteer positions include Volunteer Coordinator, Program Coordinator, Newsletter Coordinator, Special Events Coordinator, and Photographer. To find out more or to get involved, please contact: Val Monty, Local Coordinator at 604.858.3390 or [devmonty@telus.net](mailto:devmonty@telus.net) OR Sarah Wall, Community Development Manager at 604-737-3125 or [swall@specialolympics.bc.ca](mailto:swall@specialolympics.bc.ca)

**Special  
Olympics**  
British Columbia



## **YMCA of Chilliwack**

The YMCA is looking for volunteers to assist with a 12 week course called Canadian Fitness Connection. This course encourages newcomers to learn about Canadian culture through group fitness and sport activities. Volunteers assist with one to one in-class support to participants, including help with language, assistance with fitness activities and group discussion, and set-up and take down the classroom. For more information please contact Heather at 604.316.3576 or [heather.flood@gv.ymca.ca](mailto:heather.flood@gv.ymca.ca).

As per new legislation from the CRA if you wish to have your name removed from or added to this distribution list please email [volchwk@comserv.bc.ca](mailto:volchwk@comserv.bc.ca)

**Volunteer Chilliwack is a program at Chilliwack Community Services.**

For further volunteer opportunities check out our website

[www.comserv.bc.ca](http://www.comserv.bc.ca) **click on Volunteer (right hand side)**

To have a volunteer opportunity placed in this listing please

email [volchwk@comserv.bc.ca](mailto:volchwk@comserv.bc.ca)