

What To Wear Whitewater Rafting

Warm Weather

- ❖ T-Shirt
- ❖ Shorts or Swim Trunks
- ❖ Ladies--Wear Bathing Suit under Shorts and T-Shirt
- ❖ River Shoes- (like Tevas, Chacos or Alps) or Old Sneakers
- ❖ In warm weather cotton is your friend.... it gets wet and keeps you cool!
- ❖ Avoid denim – it gets stiff and uncomfortable when it is wet.

Cool Weather

- ❖ Synthetic Top/Bottom (Wool, Fleece, Polypropylene)
- ❖ Wool or Acrylic Sweater
- ❖ Wool Socks
- ❖ River Shoes, Sneakers, or Wetsuit Booties
- ❖ Try to avoid cotton. Once it gets wet, it stays wet and cold.
- ❖ O.A.R. has spray jackets and pants to wear on cool days. (No Extra Charge!)
- ❖ Wetsuits can be rented for an additional \$6 per person.

What to Bring (Regardless of the Weather)

- ❖ Sunblock
- ❖ Sunglasses (Optional)
- ❖ Towel
- ❖ Dry Clothing and Shoes
- ❖ Plastic Bag for Wet Things

What To Bring If Staying At OAR

Suggested Bunkhouse List

(Each bunkhouse contains full size refrigerator, sink, countertop space and microwave, along with an outside charcoal grill and fire pit.)

- Water container
- Garbage bags (keep a few extra for wet clothes)
- Towels
- Toiletries
- Matches
- Sleeping bags
- Hot plate/campstove
- Bug Spray
- Pillow
- Firewood (Wood can also be purchased at the OAR Outpost)

Suggested Camping List

- Firewood/matches
- Water container
- Garbage bags (keep a few extra for wet clothes)
- Towels
- Toiletries
- Matches
- Sleeping bags/pillows
- Portable stoves/campstove
- Bug Spray
- Lantern/flashlights
- Tarp
- Tent

Please remember these rules while you are here:

1. Please do not cut down any trees. You are welcome to gather dead wood from the ground, bring your own firewood or purchase some from the Outpost.
2. Quiet time is Midnight.
3. Please remember to put all trash in appropriate receptacles.
4. Please stay within OAR's boundaries. The surrounding woods are privately owned.