Name (Last)	(First)
Email address	
Home#	
Indicate rowing level	
CompetitiveIntermediate/competitive	Novice/competitive
Novice/recreational	
List in detail your goals for the 2017 season, particularly what you would like to focus on in the coached program	
Programs (see 2017 Masters Schedule on the Ma	asters Rowing page for dates and times)
Nereid Masters Program	
Fall	
Morning \$150 3 Days: Monday, Wednes	eday, and Friday
Evening \$100 2 Days: Monday and Frid	ay

Special Instructions

Please attach a hard copy of the 2017 USRowing (one time submission per calendar year). Disregard this instruction if you already submitted this document as part of your 2017 Membership packet. Waivers are available on the Masters Program page at nereidbc.org.

All classes must be prepaid, check made payable to Nereid Boat Club. Receipt of check is required for participation confirmation. Should an athlete drop out of a program, no refund will be provided.

Please mail the completed form, 2017 USRowing Waiver (if needed), and check to:

Nereid Boat Club Attn: Rowing Programs Director P.O. Box 1678 Rutherford, NJ 07070