



Snacks

Morning Meeting Snacks:

Cinnamon Crumb Coffee Cake
Nuts, Dried Fruits and Mini Candy Bar Assortment
Healthy Molasses Fruit and Granola Bars
Yogurt and Fruit Parfait
Assorted Pound Cakes
Pretzels, Fresh Vegetables and Nuts
Seasonal Fruit Salad
Assorted Mini Quiche

Afternoon Meeting Snacks:

Hummus, Pita and Veggie Platter
Brownies and Mini Tarts
Assorted Snack Mix Display
Chocolate Dipped Strawberries
Fresh Fruit Kabobs
Lemony Devilled Eggs
Cheese Cube and Water Cracker Display
Flavored Popcorn Table

Build your own trail mix

Toasted Oats
Mixed Nuts
Assortment of Seeds and Grains
Dry Fruits
M&M
Toasted Coconut

Nourish Break

Iced Green Tea
Coconut Waters
Whole Fresh Fruit
Dried Fruits
Nuts & Seeds
Homemade granola bars



Ice cream sandwich break

Homemade Cookies (please select two):

Chocolate Chip
Chocolate
Oatmeal
Snicker Doodle

Ice Cream Fillings (please select two):

Vanilla Bean
Chocolate
Butter Pecan
Rocky Road

Vegan Break

Assorted Hummus - Traditional Hummus, Cilantro Jalapeno,
Roasted Red Pepper, Tomato Wedges
Hothouse Cucumbers Coins
Spicy Mediterranean Pickles
Roasted Lemon Pickled Radishes
Charred Broccoli
Roasted Pepper and Olive Bruschetta
Iced Tea

Mediterranean Break

Traditional Hummus
Baba Ganoush
Tzatziki
Falafel with Tahini Sauce
Dolmades
Roasted Red pepper dip
Assorted Pita
Lavender Lemonade

Doughnuts & Coffee

Chef's Choice of Assorted Doughnuts
Freshly Brewed Regular and Decaffeinated Coffee,
Flavored Syrups and Cream
Herbal Tea