

East Tennessee Ear, Nose and Throat Specialists, PC

ALLERGY SKIN TEST MEDICATION RESTRICTIONS

Certain medications can interfere with allergy skin testing. Therefore you may need to **temporarily** stop taking certain medications prior to being skin tested. Please refer to the list below and restriction time.

MEDICATION/ brand name	MEDICATION/ generic name	RESTRICTION TIME
Alavert/Claritin/Clarinet	loratidine	7 days
Allegra/Allegra D	fexofenadine	7 days
Zyrtec/Zyrtec D	cetirizine	7 days
Astelin Nasal Spray	azelastine	2 days
Atarax/Vistaril	hydroxyzine	7 days
Antivert	meclizine	7 days
Phenergan	promethazine	2 days
Brovex	brompheniramine	2 days
Pediox	chlorpheniramine	2 days
Periactin	cyproheptadine	2 days
Tavist	clemastine	2 days
Axid	nizatidine	2 days
Pepcid	famotidine	2 days
Tagamet	cimetidine	2 days
Zantac	ranitidine	2 days
Elestat/Patanol/Optivar	Allergy eye drops	2 days
Benadryl	diphenhydramine	2 days
ANY over the counter cough, cold and sleep aides		2 days
Any medication with PM in the name ex. Tylenol pm		2 days

Please continue all OTHER medications as directed by your physician. If you have any further questions, please call our office at (865) 483-2288 and ask to speak with an allergy nurse.