



FAMILIES SUPPORTING FAMILIES

PRACTICAL SKILLS & STRATEGIES TO SUPPORT YOU TO SUPPORT OTHER FAMILIES

- Are you someone who offers friendship, support and encouragement to other families (or would like to) experiencing disability in your community?
- Are you interested in ways to be more effective in your support of others?
- Would you like to know more about how to take care of yourself and set healthy boundaries when supporting others?
- Do you believe that better lives are possible for people with disability and their families?

If you answered YES to any of these questions, then DDWA would like to invite you to this two day family leadership workshop, which has been developed by families for families. We will explore strategies and ways of thinking which will help you to be more effective, support other families to set goals, respond to emotional challenges, be better advocates and establish hope and a vision for the future.

You will have the chance to meet with other families from around WA who share your passion for helping others, and also to be acknowledged and appreciated for the work you do.

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THURSDAY 25 & FRIDAY 26 JUNE 2015

WOLLASTON CONFERENCE CENTRE, MT CLAREMONT

DAY 1: 9.30AM—4.00PM & DAY 2: 9.30AM—3.30PM



The Program:

Details about each workshop will be available on our website.

DAY ONE

Family leadership, working together and changing the system.
Getting on with it (when that's the last thing you feel like doing)
Establishing healthy supportive relationships & boundaries
A business coaching approach to above & below the line thinking
Family Leadership; Just two words, but SO many meanings

Taryn Harvey
Beth Marchbank
Kate Ollier
Tim Smith
Leticia Grant

DAY TWO

Stages of change model in families
Hope—the vision of a better life from our support for each other
Strength based approaches to family support
Advocating with families
How to support families to set goals/shifting conversations

Dolly Bhargava
Jaquie Mills
Susan Stanford
Maxine Drake
Jaquie Mills &
Joanne Nunn

THIS WORKSHOP HAS BEEN FUNDED BY THE DISABILITY SERVICES COMMISSION THROUGH THE FAMILY LEADERSHIP PROJECT



Regional Families Welcome!
Limited travel assistance is available to family members who show natural leadership in their communities. Contact mary.butterworth@ddc.org.au to lodge your interest

Venues: Wollaston Conference Centre, Wollaston Road, Mt Claremont

Online Registration: www.ddc.org.au/events-june-2015/
or email mary.butterworth@ddc.org.au

Information: mary.butterworth@ddc.org.au or 9420 7230 (exc Wed)

Cost:

DDWA members—FREE

Non members—\$20.00 or become a member and attend free of charge

Registration includes morning/afternoon tea & light lunch

DDWA Membership: **FREE** for People with Disability, Family & Friends.
Go to www.ddc.org.au/individual-and-family-membersh/

About the presenters:

MC Jaquie Mills—Jaquie Mills is the parent of a young man with complex disability and challenging behaviours. She became passionate about family leadership and the importance of families supporting each other after attending Family Leadership offered by the Alberta Ass. for Community Living in Canada in 2009. She is currently project manager for a Family Leadership project hosted by the Disability Services Commission for families experiencing behaviours which can be seen as challenging

Leticia Grant—Her lived-experience as a mother to 2 daughters with developmental disability and medical conditions, has led her to a fulfilling career change at Kalparrin (at Princess Margaret Hospital) supporting families who have children with disability. Currently she is the Acting General Manager. Leticia has particular interests in advocacy, accessibility and inclusion, the elimination of restrictive practices and recognition and support for alternative means of communication for people with complex needs. She was a founding member of the Angelman Syndrome Association of WA (“ASAWA”) when it was established in 2007 and has recently been appointed national President of this Association.

Beth Marchbank—Beth will talk about her experiences in coping with the sadness that her daughter doesn’t have the same opportunities in life that most non-disabled children and adults do; and about how she coped with those feelings we all have; – grief, guilt, rejection, and love. Often we never seem to find a time or place where it’s okay to talk about these things and work them through with all the other bits of life going on. She’ll then tell about some strategies she’s used or learned from others to deal with feelings in everyday life; when there seem to be so many external messages telling us we should just get on with it.

Joanne Nunn—Joanne Nunn is the parent of a 22 year old son who has severe and complex disability. She is also Chair of Youniverse, a community of practice who have developed Microboards as a way of supporting people with disability to have good lives.

Kate Ollier—Kate has worked in the field of disability as a Clinical Psychologist on and off for over 20 years, having worked in Canberra, Melbourne and in the UK, as well as Perth. She is passionate about services fitting well with people’s needs—that means being creative, positive and practical. In her spare time she enjoys family and friends, food and travel.

Dolly Bhargava—Dolly Bhargava, is a Disability Specialist Speech Pathologist who has also completed a Masters in Special Education. She works with children, adolescents and adults with disabilities in a variety of settings such as schools, accommodation, post school option, employment and corrective services. She provides consultancy and training services on a range of issues relating to communication, behaviour management, emotional literacy, vocation, culture and disability both nationally and internationally. She has developed the *Rainbow of Emotions App* for the IPAD and written the hugely popular *Getting Started Series!!!* These can be accessed as free downloads at <http://carsonst.wa.edu.au/parent-info/getting-started-books/>

Susan Stanford—Susan’s professional background is as a physiotherapist and a teacher in metropolitan, rural and remote WA settings. From 1997—2008, Susan worked within Local Area Coordination, including in a District Manager role. For the past seven years, Susan has worked with families to develop the Microboard model and Vela Microboards Australia within WA.

Maxine Drake—Maxine is an advocate with experience in Health, Disabilities, Guardianship, Mental Health services and helping people to negotiate with powerful service systems.

Taryn Harvey—Since 2010 Taryn Harvey has been CEO of Developmental Disability WA, the State’s peak systemic advocacy organisation for people with intellectual and other developmental disability and their families. Taryn works with a number of government, sector and community reference groups and committees, drawing on her more than 15 years experience working with the Disability Services Commission, National Disability Services, and before that the then Department of Families and Community Services in Canberra and Perth.

Tim Smith—Tim Smith is a Business Mentor, Business Coach, Company Director, husband, father, investor and adventurer. He has coached over 200 Australian Company Directors and their Management Teams whose annual revenues ranged between \$28M to \$100K. Tim knows the discipline, motivation and effort required to achieve our goals in life is no different to climbing one of the world’s highest peaks mountain or crossing a continent. His work with individuals and families with disability has demonstrated that the thinking which underpins success in any venture is something which we can all develop, and which has particular value for families experiencing the challenges associated with disability.