

Students with Autism & Developmental Disabilities

WORKSHOPS FOR PARENTS & FAMILY MEMBERS

NORTHAM & SURROUNDING AREAS

Presented by Dolly Bhargava (M.Sp. Ed)



SUPPORTING CHILDREN WITH ANXIETY & DEPRESSIVE DISORDERS

6.00PM—8.00PM 1 DECEMBER 2015 NORTHAM

NEW DATE



Depression and anxiety are two of the most frequent mental health disorders in children. If left unattended, anxiety significantly interferes with a child's daily functioning. Behaviour can range from being reluctant to go to school, withdrawing from social activities, refusing to participate in out of school activities to being completely home bound. Anxiety can also lead to poor academic performance and underachievement. This practical and interactive workshop will explore the cause of anxiety and depression in children. Participants will learn a range of strategies they can use to support their son or daughter at home and at school.





About the presenter:

Dolly Bhargava, is a Disability Specialist Speech Pathologist who has also completed a Masters in Special Education.

She works with children, adolescents and adults with disabilities in a variety of settings such as schools, accommodation, post school option, employment and corrective services.

She provides consultancy and training services on a range of issues relating to communication, behaviour management, emotional literacy, vocation, culture and disability both nationally and internationally.



She has developed the *Rainbow of Emotions App* for the IPAD and written the hugely popular *Getting Started Series!!!* These can be accessed as free downloads at <http://carsonst.wa.edu.au/parent-info/getting-started-books/>

For further information about Dolly go to: www.dollybhargava.com

**THESE WORKSHOPS HAVE BEEN FUNDED BY THE
NON GOVERNMENT CENTRE SUPPORT FOR NON-SCHOOL
ORGANISATIONS PROGRAM AND IS SUPPORTED BY:**



**PLEASE NOTE THESE WORKSHOPS WILL COMPLEMENT TEACHER
DEVELOPMENT WORKSHOPS BEING HELD DURING THE DAY**

Cost: Free—Refreshments provided

Venues: Northam Primary School
Duke St, Northam

Registration: online www.ddc.org.au/events-december-2015/

Information: mary.butterworth@ddc.org.au or
94207230 (exc Wed)