

# The Bookclub

Coode St Café  
Mount Lawley

Tuesdays

9.30am—12.00pm

2015

10 November

1 December

2016

9 February

1 March

22 March

12 April



Developmental Disability WA invite you to a bookclub with a difference.....just one book and loads of time to read it!

## ‘Choosing what matters’

This resource book is designed to help you and your family understand some of the strangeness and complexity that there is in our attitudes towards disability. It aims to help you find a way through that complexity and has some ideas about how to see the world differently. It will help you to think about what really matters so that you and your family don't just get the services you require but get the life you want to live together. Heather Simmons will lead an insightful and reflective discussion on one chapter each week.

**Week 1 – Understanding History and Values**

**Week 2 – Understanding the Person**

**Week 3 – Understanding Relationships**

**Week 4 – Understanding the Community**

**Week 5 - Understanding Good Support**

**Week 6 – Other things to think about**



ADVOCACY



POLICY



COMMUNITY

DEVELOPMENTAL DISABILITY *wa*

## Meet the facilitator

Acknowledged internationally for her thoughtful approach to facilitating learning to create change, Heather has worked with people and organisations concerned with providing support in Mental Health; Aged Care and Intellectual and Physical disabilities.

She is committed to finding ways to support workers to be intentional, principled and person centred: able to understand what good looks like in their work and to translate their values into practical, meaningful action.



Heather has been a guest lecturer at the University of Edinburg and lectures regularly at Curtin University as part of their training for Occupational Therapy students. She has also shared some of her learning by publishing *The Big Plan, A Good Life after School*, as well as her explanation and understanding of the Values of Inclusion.

## What Others Say.....

“Heather’s session was the most enlightening of the forum – thank you

“Heather was very insightful and practical”

“Heather Simmons – such an inspirational speaker”

“Heather was fantastic – she is able to communicate from life experience”



**When:** 6 Tuesdays 10 November 2015—12 April 2016

**Where:** Coode St Café Meeting Room,  
24 Coode St, corner Third Ave, Mt Lawley

**Time:** 9.30am—12.00md

**Info:** [mary.butterworth@ddc.org.au](mailto:mary.butterworth@ddc.org.au) or 9420 7230 (exc Wed)

**RSVP:** online click on link above or

<http://ddc.org.au/events-november-2015/>