

Your child's toileting, bladder and bowel health

Developmental Disability WA and Kalparrin invite you come along and hear from Dee Sutcliffe, who is an experienced Continence Nurse educator with a wealth of knowledge to share with you.

SUPPORTING YOUR CHILD WITH TOILET TRAINING

10.00AM—11.30AM

What do I need to know about toilet training? "Is it even possible?"
Does my child have the skills to toilet train?
Is my child getting enough fluids?
How diet and fluid affects what comes out! Is my child's bowel regular?
Strategies to help with successful toileting
Is my child using the right continence products?
Am I eligible to receive a continence products subsidy? What help is available?

OR

SUPPORTING YOUR CHILD'S CONTINENCE MANAGEMENT

12.30PM—2.00PM

If it is not possible to toilet train, how do I best manage their continence?
Is my child getting enough fibre? How much fluid should my child drink?
How diet and fluid affects what comes out! Is my child constipated?
What are the strategies to best manage my child's bladder and bowels?
Is my child using the right continence products?
Am I wasting money on the wrong ones?
Am I eligible to receive a continence products subsidy? What help is available?



TUESDAY 15TH MARCH 2016



About the presenter:

Dee Sutcliffe is an experienced Continence Nurse educator with the Continence Advisory Service of WA Inc and Pebbles.

PEBBLES is a state-wide program that provides support and management for children with toilet training and continence issues. It is funded by the Disability Services Commission of WA and is managed by Therapy Focus in partnership with the Continence Advisory Service.



COST— \$10.00 Members of DDWA and Kalparrin
\$15.00 Non members of DDWA and Kalparrin
Refreshments provided

RSVP—www.ddc.org.au/events-march-2016/

VENUE—Conference Room, City West Lotteries House, 2 Delhi St, West Perth

GETTING THERE

Train—City West stop on the Fremantle line

Bus—Green Cat (Sutherland St) or Yellow Cat (Harold Boas Gardens)

Car—Watertown (Harbourtown) Shopping Centre carpark (cash only \$5.00 1 –3 hours) or Delhi St (limited bays \$4.00 per hour)

INFORMATION—mary.butterworth@ddc.org.au or 9420 7230