



WOODBURY CENTRAL COMMUNITY SCHOOL

Doug Glackin, Superintendent * Dyane Mathers, Elem. Principal * Dan Bormann, MS/HS Principal

WILDCATS

2016 Woodbury Central Cross Country Invitational

408 S. 4th St.
Menville, IA 51039

Mary Schultz – AD
Jill Gallagher – Coach

Office# - 712-873-3128
Fax # - 712-873-3162

To: AD/Cross Country Coach
Competition Date: Tuesday, September 13th, 2016
Time: 4:30 PM
Location: Meadows Golf Course, located on the east side of Menville

Teams:

Elk Point-Jefferson (SD), Le Mars Gehlen Catholic, Hinton, M-M-C, MV-AO, SB-L, South O'Brien, West Harrison, West Monona, Westwood, LB, Whiting

Start times:

4:30 PM – Girls Varsity (run 7, count 5) &
Girls JV (unlimited entries)
(Will mark bib numbers and separate at finish line)

5:00 PM – Boys Varsity (run 7, count 5) &
Boys JV (unlimited entries)
(Will mark bib numbers and separate at finish line)

5:30 PM – JH Boys and Girls race (unlimited entries)

Distances:

V/JV Girls – 5K (3.1 miles)
V/JV Boys – 5K (3.1 miles)
JH Girls & Boys (2 miles)

Awards:

G/B Varsity – 1st place team plaque and individual medals 1-15
G/B JV – Individual medals 1-10
G/B JH – Individual medals 1-5

Entry fees: (make checks payable to Woodbury Central Schools)

Boys: \$45
Girls: \$45
Single Entry: \$8
JH Entry: FREE

Go to www.xc.screlays.com and find your team (password is [hs16](#)) to enter your roster. Be sure to mark your varsity runners. You can also email Coach Gallagher, jgallagher@woodbury-central.k12.ia.us OR fax your roster by Monday, Sept. 12th @ noon.

Remember to remind all competitors and fans to stay OFF all putting greens and tee boxes.