

**Elk Point-Jefferson 7th/8th
Boys Track and Field Records**

Event	Time/Distance	Year	Name(s)
100 M Dash	:11.7	1995	Matt Hammitt
200 M Dash	:25.2	1995	Matt Hammitt Dan Irwin
400 M Dash	:54.7	2013	Alex Wu
800 M Run	2:11.0	2000	Drew Staum
1600 M Run	5:01.7	2003	Jacob Hudelson
110 M Hurdles	:16.2	2004	Michael Strassburg
400 M Relay	:50.6	2016	Ethan Hammitt Jordan Niles Casey Kneip Adan Nuno
800 M Relay	1:46.3	1995	Ross Knutson Dusty DeBuhr Matt Hammitt Dan Irwin
1600 M Relay	4:02.7	2003	Curt Truhe Tyler Chicoine Josh Reed Jacob Hudelson
800 M Medley Relay	1:51.1	2000	Brian Schmitz Ryan Larsen Jed McInerney Drew Staum
Discus	126'10	2003	Andy Grupp
Shot Put	44'10	2011	Lukas Forsling
Long Jump	18'5	2003	Jacob Hudelson
High Jump	5'8	1995	Matt Hammitt
Last Updated March 2017			