

## CANTON RELAYS TIME SCHEDULE

### FIELD EVENTS

**4:00**

GIRLS LONG JUMP FOLLOWED BY GIRLS TRIPLE JUMP  
GIRLS DISCUS  
BOYS SHOT PUT  
GIRLS HIGH JUMP  
BOYS TRIPLE JUMP FOLLOWED BY BOYS LONG JUMP

**5:15 (APPROXIMATELY)**

GIRLS SHOT PUT  
BOYS HIGH JUMP  
BOYS DISCUS

### RUNNING EVENTS

4:10 GIRLS & BOYS SHUTTLE HURDLE RELAY  
4:15 GIRLS 4 X 800-METER RELAY  
4:25 BOYS 4 X 800-METER RELAY  
4:35 GIRLS 100-METER HURDLES  
4:50 BOYS 110-METER HURDLES  
5:05 GIRLS 100-METER DASH  
5:15 BOYS 100-METER DASH  
5:25 GIRLS 4 X 200-METER RELAY  
5:30 BOYS 4 X 200-METER RELAY  
5:35 GIRLS 1600-METER RUN  
5:45 BOYS 1600-METER RUN  
5:55 GIRLS 4 X 100-METER RELAY  
6:00 BOYS 4 X 100-METER RELAY  
6:05 GIRLS 400-METER DASH  
6:15 BOYS 400-METER DASH  
6:25 GIRLS 300-METER HURDLES  
6:35 BOYS 300-METER HURDLES  
6:45 GIRLS MEDLEY RELAY  
6:55 BOYS MEDLEY RELAY  
7:05 GIRLS 800-METER RUN (TWO HEATS)  
7:15 BOYS 800-METER RUN (TWO HEATS)  
7:25 GIRLS 200-METER DASH  
7:45 BOYS 200-METER DASH  
**8:05 GIRLS 3200-METER RUN**  
**8:05 BOYS 3200-METER RUN**  
8:30 GIRLS 4 X 400-METER RELAY  
8:40 BOYS 4 X 400-METER RELAY

