

Field events start at 3:45pm

Running events start at 4:15 pm

**7<sup>th</sup> Grade Girls**

Girls 100 M Hurdles	Maddie, Nicole, Rilee
Girls 100 M Dash	Maddie, Taryn, Lizzy, Kylie, Rosie
Girls 1600 M Run	Madison, Rilee
Girls 4 x 100 Relay	Nicole – Claire – Ella – Taryn
Girls 400 M Dash	Nora, Lizzy, Zoie
Girls 4 x 200 Relay	Nicole – Claire – Maddie– Ella
Girls 800 M Run	Madison, Rosie
Girls 200 M Dash	Taryn, Maddie, Zoie, Lizzy, Nora
Girls 4 x 400 Relay	Claire – Nicole – Ella – Madison
Girls High Jump	Claire,
Girls Long Jump	Taryn, Ella
Girls Discus	Rilee, Nora, Kylie
Girls Shot Put	Rilee, Kylie, Nora

**8<sup>th</sup> Grade Girls**

Girls 100 M Hurdles	Jaley
Girls 100 M Dash	Trinity, Megan, Cameron
Girls 1600 M Run	Brooke
Girls 4 x 100 Relay	Trinity –Jaley – Cameron – Megan
Girls 400 M Dash	Brooke
Girls 4 x 200 Relay	Jaley – Lani – Trinity – Emma
Girls 800 M Run	
Girls 200 M Dash	Jaley, Megan, Emma
Girls 4 x 400 Relay	Lani – Cameron – Emma – Trinity
Girls High Jump	
Girls Long Jump	
Girls Discus	Anne, Maddie
Girls Shot Put	Anne, Maddie

# Tri-Valley Junior High Booster Invitational Track Meet

Thursday, May 4<sup>th</sup>, 2017

Field events will begin at 3:45PM and running events will start at 4:15PM.

- Baltic, Elk Point-Jefferson, Flandreau, Lennox, Tea Area, and Tri-Valley
- Ribbons will be awarded for six places in individual events and four in relays.
- No team points will be kept.
- The first heat in all relays and races will be the fast heat.
- Three attempts in the shot put, discus and long jump -- no finals.
- Boys will run 110 meter hurdles with 45' to the first hurdle and 30' between hurdles. **The hurdles will be set at 33"**. Girls will run 100 meters with 13 meters to the first hurdle and 8 meters between hurdles at 30".
- Teams may set up a camp in a designated area on the practice football field, east of the long and triple jump areas. No camps on the football field.

## FIELD EVENTS (3:45PM Start – Rolling Schedule)

7 <sup>th</sup> girls discus	7 <sup>th</sup> boys shot put	8 <sup>th</sup> boys long jump	8 <sup>th</sup> girls high jump
8 <sup>th</sup> girls discus	8 <sup>th</sup> boys shot put	7 <sup>th</sup> boys long jump	7 <sup>th</sup> girls high jump
7 <sup>th</sup> girls shot put	7 <sup>th</sup> boys discus	8 <sup>th</sup> girls long jump	8 <sup>th</sup> boys high jump
8 <sup>th</sup> girls shot put	8 <sup>th</sup> boys discus	7 <sup>th</sup> girls long jump	7 <sup>th</sup> boys high jump

## RUNNING EVENTS (4:15PM Start – Rolling Schedule in the following order: 7<sup>th</sup> girls, 7<sup>th</sup> boys, 8<sup>th</sup> girls and 8<sup>th</sup> boys)

Girls 100 meter hurdles  
Boys 110 meter hurdles  
Girls 100 meter dash  
Boys 100 meter dash  
Girls 1600 meter run  
Boys 1600 meter run  
Girls 400 meter relay  
Boys 400 meter relay  
Girls 400 meter dash  
Boys 400 meter dash  
Girls 800 meter relay  
Boys 800 meter relay  
Girls 800 meter run  
Boys 800 meter run  
Girls 200 meter dash  
Boys 200 meter dash  
Girls 1600 meter relay  
Boys 1600 meter relay

