

Field events start at 3:30pm

Running events start at: 1600 M run @ 3:30 pm
100 M Hurdles @ 4:30 pm

7th Grade Girls

Girls 1600 M Run	Madison
Girls 100 M Hurdles	Nicole, Maddie, Rilee
Girls 100 M Dash	Maddie, Kylie, Lizzy, Taryn
Girls 4 x 100 Relay	Nicole, Maddie, Lizzy, Taryn
Girls 400 M Dash	Rilee, Zoie, Rosie
Girls 4 x 200 Relay	Claire, Nicole, Ella, Madison
Girls 800 M Run	Madison, Rosie
Girls Medley Relay (100-100-200-400)	Maddie, Nora, Taryn, Ella
Girls 200 M Dash	Taryn, Claire, Zoie, Lizzy
Girls 4 x 400 Relay	Claire, Nicole, Ella, Madison
Girls High Jump	Nora, Austin, Claire, Ella
Girls Long Jump	Nicole,
Girls Discus	Nora, Rilee, Kylie
Girls Shot Put	Nora, Kylie, Rilee

8th Grade Girls

Girls 1600 M Run	
Girls 100 M Hurdles	Jaley
Girls 100 M Dash	Trinity, Jaley, Cameron, Lani
Girls 4 x 100 Relay	Megan, Cameron, Lani, Emma
Girls 400 M Dash	Brooke
Girls 4 x 200 Relay	Megan, Trinity, Cameron, Emma
Girls 800 M Run	Brooke
Girls Sprint Medley Relay (100-100-200-400)	Jaley, Lani, Megan, Trinity
Girls 200 M Dash	Trinity, Emma, Megan, Cameron
Girls 4 x 400 Relay	
Girls High Jump	Maddie
Girls Long Jump	
Girls Discus	Anne, Maddie
Girls Shot Put	Anne, Maddie

Dakota XII South Middle School Conference Track & Field Meet

Elk Point-Jefferson Track Complex

Tuesday, May 9, 2017 Field Events 3:30 / Running Events 4:30

Beresford ~ Canton ~ Dakota Valley ~ Elk Point-Jefferson ~ Lennox ~ Vermillion

Ribbons will be awarded for six places in individual events and three in relays.

FIELD EVENTS

(3:30PM Start – Rolling Schedule)

Session one - 7 th girls discus	7 th boys shot put	8 th B/G long jump	8 th girls high jump
Session two - 8 th girls discus	8 th boys shot put	7 th B/G long jump	7 th girls high jump
Session three - 7 th boys discus	7 th girls shot put		8 th boys high jump
Session four - 8 th boys discus	8 th girls shot put		7 th boys high jump

*NOTE: Boys and girls long jump will take place at the same time on two different runways – 8th graders

will jump first followed by 7th graders

RUNNING EVENTS

***Girls 1600 meter run (3:30PM start)**

***Boys 1600 meter run (Immediately following girls)**

(4:30PM Start – Rolling Schedule in the following order: 7th girls, 8th girls, 7th boys, and 8th boys)

Girls 100 meter hurdles

Boys 110 meter hurdles

Girls 100 meter dash

Boys 100 meter dash

Girls 400 meter relay

Boys 400 meter relay

Girls 400 meter dash

Boys 400 meter dash

Girls 800 meter relay

Boys 800 meter relay

Girls 800 meter run

Boys 800 meter run

Girls Sprint Medley Relay (100, 100, 200, 400)

Boys Sprint Medley Relay (100, 100, 200, 400)

Girls 200 meter dash

Boys 200 meter dash

Girls 1600 meter relay

Boys 1600 meter relay

