

8th Grade Girls

100 M	200 M	100 M hurdles	400 M	800 M	1600 M
Maddie	Nicki	Nicki	Claire	Madison	Madison
Kylie	Ella		Ella		
Rilee	Nora		Lizzy		
Claire	Lizzy		Rilee		

Long Jump	High Jump	Shot Put	Discus
Nicki	Nora	Kylie	Kylie
Maddie	Rilee	Nora	Nora
		Emily	Emily
		Lizzy	Rilee
			Lizzy

4x1	Medley
Maddie	Maddie
Nicki	Claire
Ella	Ella
Claire	Madison

7th Grade Girls

100 M	200 M	100 M hurdles	400 M	800 M	1600 M
Alyssa	Alyssa	Jez	Danika	Heather	Heather
Nicole	Josie	Jolie	Karlee	Danika	Alexis
Carly	Jolie	Danika	Aubrey		
Grace	Carly	Sophia			
Paeytn	Karlee				
Emily	Paeytn				
Izzy	Sophia				
	Aubrey				
	Alicen				

Long Jump	High Jump	Shot Put	Discus
Danika	Aubrey	Emily	Ravyn
Paeytn	Alicen	Grace	Izzy
Josie	Alexis	Jez	Nicole
Sophia	Karlee	Ravyn	Grace
Ravyn	Josie	Nicole	Jez
Alyssa		Izzy	Emily

4x1	4x1 B	4x4	Medley
Alyssa	Nicole	Heather	Carly
Josie	Jez	Alexis	Emily
Sophia	Izzy	Alicen	Ravyn
Jolie	Grace	Karlee	Paeytn

Schedule

Field Events – 3:45

Girls 7th & 8th High Jump

(jump together – place by grade)

Girls Shot Put 7th followed by 8th

Boys Discus 7th followed by 8th

Boys Long Jump 7th & 8th

Girls 7th & 8th Long Jump to follow boys

Boys 7th & 8th High Jump to follow girls

Boys and Girls 7th and 8th TJ following

Boys 7th & 8th Shot Put to follow girls

Girls 7th & 8th Discus to follow boys

Running Events – 3:45

1600 M Run – 7G, 7B, 8G, 8B

Running Events – 4:30

100 M Hurdles – 7G followed by 8G

110 M Hurdles – 7B followed by 8B

4 x 200 Relay – 7G, 8G, 7B, 8B

800 M Run – 7G, 8G, 7B, 8B

100 M Dash – 7G, 8G, 7B, 8B

400 M Dash – 7G, 8G, 7B, 8B

200 M Dash – 7G, 8G, 7B, 8B

4 x 100 Relay – 7G, 8G, 7B, 8B

Medley Relay – 7G, 8G, 7B, 8B

4x1 B
Nicole
Jez
Izzy
Grace