

# Elk Point-Jefferson Middle School Trac

7th grade Girls

Monday, April 30

	<b>110 M Hurdles</b>	<b>School</b>	<b>Time</b>	<b>Medley Relay</b>
1	Juliana McKenna	SBL	20.22	
2	Sophia	EPJ	20.32	
3	Lillie Zaber	SBL	20.44	
4	Rylee Jensen	DV	20.56	
5	Jolie	EPJ	20.67	
6	Katie Simmerman	P	20.82	
	<b>100 M Dash</b>	<b>School</b>	<b>Time</b>	<b>400 M Relay</b>
1	Fredericksen	DV	13.09	
2	Skinner	SBL	13.48	
3	Alyssa	EPJ	13.98	
4	Fehl	SBL	14.16	
5	Fuller	P	14.22	
6	Laible	P	14.69	
	<b>200 M Dash</b>	<b>School</b>	<b>Time</b>	<b>1600 M Relay</b>
1	Fredericksen	DV	28.07	
2	Olson	P	29.49	
3	Alyssa	EPJ	29.52	
4	Josie	EPJ	30.25	
5	Wiese	DV	30.66	
6	Ahrendt	SBL	31.34	
	<b>400 M Dash</b>	<b>School</b>	<b>Time</b>	<b>High Jump</b>
1	Olson	P	1:08.66	Jorja Vandenhul
2	Skinner	SBL	1:09.71	Alexis Ludwig
3	Mejia	SBL	1:15.54	Jumper & Boulware & Colt & Wiese
4	Zaber	SBL	1:18.95	
5	Anna	P	1:21.21	
6	Baker	SBL	1:21.31	
	<b>800 M Run</b>	<b>School</b>	<b>Time</b>	<b>Shot Put</b>
1	Buss	SBL	2:53.99	Griebel
2	Heather	EPJ	3:00.53	Harley
3	Zaber	SBL	3:05.27	postm
4	Karras	SBL	3:10.60	Schauff
5	Howard	SBL	3:11.25	Anderson
6	Morales	DV	3:13.30	Schuh
	<b>1600 M Run</b>	<b>School</b>	<b>Time</b>	<b>Discus</b>
1	Heather	EPJ	6:34.90	Griebel
2	Logan Howard	SBL	7:01.64	Klingensmith
3	Hope Ravenhorse	P	7:12.77	Wells
4	Gabby Ryan	SBL	7:14.38	Herbst
5	Veronica Morales	DV	7:17.10	Schuh
6	Alexis	EPJ	7:29.64	Schauff
				<b>Long Jump</b>
1				Van Rooyen
2				Skinner
3				Fehl
4				Van Den Hul
5				Chytka
6				Jensen

**:k Meet**

<b>School</b>	<b>Time</b>
DV	2:12.33
SBL	2:20.49
SBL	2:26.42
DV	2:31.34
EPJ	2:56.13
P	2:57.58
<b>School</b>	<b>Time</b>
DV	59.71
EPJ	1:00.58
DV	1:00.96
SBL	1:04.28
SBL	1:05.44
EPJ	1:06.33
<b>School</b>	<b>Time</b>
SBL	5:10.17
DV	5:13.23
EPJ	5:31.09
SBL	5:40.62
<b>School</b>	<b>Height</b>
DV	4'6"
EPJ	4'2"
DV & DV & EPJ & DV	4'
<b>School</b>	<b>Distance</b>
SBL	29'6"
SBL	28'11"
P	27'9"
DV	26'11"
EPJ	26'
EPJ	24'4"
<b>School</b>	<b>Distance</b>
SBL	67'5"
SBL	65'4"
EPJ	62'6"
SBL	62'1"
EPJ	62'
DV	59'7"
<b>School</b>	<b>Distance</b>
DV	13'5.5"
SBL	13'3"
SBL	13'2.5"
DV	3'2"
EPJ	12'9"
DV	12'6"