

Field Events:

2:00 Girls Shot Put
 Girls High Jump
 Girls Long Jump
 Boys Long Jump
 Boys Discus
 Boys Pole Vault

3:30 Girls Discus
 Girls Pole Vault
 Girls Triple Jump
 Boys Triple Jump
 Boys High Jump
 Boys Shot Put

Running Events (First Session)

3:00 Girls 100 Meter Hurdles (prelims)
 3:10 Boys 110 Meter Hurdles (prelims)
 3:20 Girls 4 x 800 Meter Relay
 3:30 Girls 100 Meter Dash (prelims)
 3:45 Boys 100 Meter Dash (prelims)
 4:00 Boys 4 X 800 Meter Relay

<u>Region 4A Teams</u>
Beresford
Canton
Dakota Valley
Elk-Point-Jefferson
Lennox
Tea Area
Vermillio

Running Events (Second Session)

5:00 Girls 100 Meter Hurdles (Finals)
 5:05 Boys 110 Meter Hurdles (Finals)
 5:10 Girls 100 Meter Dash (Finals)
 5:15 Boys 100 Meter Dash (Finals)
 5:20 Girls 4 X 200 Meter Relay
 5:25 Boys 4 X 200 Meter Relay
 5:30 Girls 1600 Meter Run
 5:40 Boys 1600 Meter Run
 5:50 Girls 4 X 100 Meter Relay
 5:55 Boys 4 X 100 Meter Relay
 6:00 Girls 400 Meter Dash
 6:10 Boys 400 Meter Dash
 6:20 Girls 300 Meter Hurdles
 6:30 Boys 300 Meter Hurdles
 6:40 Girls Medley Relay
 6:50 Boys Medley Relay
 7:00 Girls 800 Meter Run
 7:10 Boys 800 Meter Run
 7:20 Girls 200 Meter Dash
 7:30 Boys 200 Meter Dash
 7:40 Girls 3200 Meter Run
 8:00 Boys 3200 Meter Run
 8:20 Girls 4 X 400 Meter Relay
 8:30 Boys 4 X 400 Meter Relay

SDHSAA 2018 STATE TRACK & FIELD FULLY AUTOMATIC TIME-QUALIFYING STANDARDS					
GIRLS "A"			BOYS "A"		
100	Meter Dash	13..06	100	Meter Dash	11.46
200	Meter Dash	27.10	200	Meter Dash	23.26
400	Meter Dash	1:00.99	400	Meter Dash	52.12
800	Meter Run	2:26.72	800	Meter Run	2:04.93
1600	Meter Run	5:24.23	1600	Meter Run	4:41.22
3200	Meter Run	12:00.77	3200	Meter Run	10:26.98
100	Meter Hurdles	16.04	100	Meter Hurdles	16.12
300	Meter Hurdles	48.30	300	Meter Hurdles	42.35
400	Meter Relay	52.25	400	Meter Relay	45.11
800	Meter Relay	1:50.51	800	Meter Relay	1:34.35
1600	Meter Relay	4:15.53	1600	Meter Relay	3:34.61
3200	Meter Relay	10:13.49	3200	Meter Relay	8:39.81
	Medley Relay	4:30.38		Medley Relay	3:47.64
	Shot Put	36-2		Shot Put	48-8
	Discus	109-10		Discus	140-5
	High Jump	4-11		High Jump	6-0
	Long Jump	16-1		Long Jump	20-6
	Triple Jump	33-10		Triple Jump	40-9
	Pole Vault	8-3		Pole Vault	11-0
Top 2 in each event automatically qualify for the state meet, plus anyone who meets the qualifying standard					

