

Katie's Story



Dear Friends of The Cove,

My name is Katie and I live in Simsbury. My father died six years ago. It was really hard and I felt really sad at that time. When someone you love dies, it's like having a chunk taken out of your heart. That's how it felt for me.

Then my mom took my brother and me to The Cove and I finally saw that there were other kids who had lost someone they loved, too. The first thing you should know about The Cove is it's a safe place to talk about your feelings. The activities really worked, but it was the whole idea that you had other people around you. They were sort of like a family. I got my feelings out and I talked. It probably would have taken me longer to get over my dad's death. I owe a lot to The Cove.

Please help The Cove. Having a place to talk about your feelings is amazing.

Thank You,

Katie

Former Cove Child



*Providing Hope and Healing
for Grieving Children*

For the children and families like Katie who experience the grief and heartache of having a family member die, The Cove exists to provide a safe haven of understanding, hope and support.

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