

Nicole's Story



Dear Friends of The Cove,

My name is Nicole. I am twelve years old. My dad died suddenly about one year ago. My mom started bringing my younger brother and me to The Cove shortly after losing my dad. I am so glad she did. The Cove has helped me and my family so much! When I first started going, I felt like my heart was broken, I felt so alone and afraid. They have helped me mend my broken heart. We do many activities that help us with our feelings, The Cove has also taught me that no matter what I am feeling, it is o.k. I feel safe talking about my dad and my feelings when I am there because I know that I am with adults and other kids that understand how it feels to lose someone you need and love so much. Its feels good to be with other kids that share the same feelings. We all lean on each other, sort of like a big family. When I am old enough, I am going to be a volunteer at The Cove. I will never forget how The Cove was there for me when I was in need. I want to be there for other children because I know how comforting it feels when someone cares and reaches out to help you.

Please help The Cove to continue their wonderful work. Please support The Cove by making a generous donation.

*Thank you,
Nicole
Current Cove Kid*

For the children and families, like Nicole and her family, who experience the grief and heartache of having someone significant in their life die, The Cove exists to provide a safe haven of understanding, hope and support. Through our Family program, "Good Grief" School Program and our Professional Development Series, we are reaching more children then ever. Please help us continue the growth and expansion of our services by contributing at what ever level you feel comfortable to ensure that children like Nicole continue to get the help they need to resolve their grief. The Cove is a 501(3)c organization and all



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