

Harry's Story

Ten years ago tragedy struck our family; our seven-year old daughter died from leukemia. In the months and years to follow it became clear that our eldest son was having problems dealing with the death of his sister.

Like so many families, we tried to help but had no clear place to turn. Then one day, seven years after the death of his sister, the unthinkable happened—our son committed suicide.

In the midst of our sorrow, we focused on the needs of our one remaining child, who was beginning to experience mood swings and outbursts at school.

A renewed search for assistance led us to The Cove's Groton site. Our nearly eight-year old son struggled a bit at first, loving it and hating it at the same time. Eventually he started to become more comfortable. The Cove became a place where he felt safe to express himself.

After almost a year the signs of healing came pouring out. All of a sudden during a Cove session he just started to cry in front of everybody. Something was triggered.

Things were now different for our son. His outbursts began to decrease and he started reaching out to others. At the end of his second year in The Cove he declared, "I'm not sad anymore."

Although our son no longer attends Cove sessions, I remain deeply committed to the organization's mission, becoming a volunteer facilitator. It seems natural to me. It's a way to give back. It's a way to do something positive with my experience.

So today I am providing hope and healing to others in need, because The Cove was there to help our one surviving child.

It's almost, how do I say it, providential. We could only help him so much. The Cove gave him a lot of support. The Cove was the right thing at the right time for us. It's changed our lives for the better.



*Providing Hope and Healing
for Grieving Children*

For families like Harry's who experience the grief and heartache of coping with the death of a significant person in their lives, The Cove provides a safe haven of understanding, hope, and support.

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