

The YMCA of Canada uses its own system of levels for swimming lessons. YMCA Canada, The Canadian Red Cross and the Lifesaving Society have worked together to produce the chart below which converts Red Cross and Lifesaving Society levels to the YMCA's program.

This chart will be used as a tool to assist the aquatic staff to determine a swimmer's readiness for participation in a particular level of our programs. Please remember, the chart should be used simply as a general guide, since individual differences and situations will occur.

Central Park Athletics Swim Conversion Chart			
AGE GROUP	RED CROSS	LIFESAVING	YMCA
Infants-2 yrs accompanied with adult	Starfish	Parent and Tot 1	Splashers
	Duck	Parent and Tot 2	Bubblers
	Sea Turtle	Parent and Tot 3	Bubblers
3-5 years on their own or accompanied by an adult	Sea Otter	Preschool 1	Bobbers
	Salamander		Floater
	Salamander	Preschool 2	Gliders
	Sunfish		Divers
6-12 years on their own	Crocodile	Preschool 3	Surfers
	Whale	Preschool 4	Dipper
	Whale	Preschool 5	Dipper
	Swim Kids 1	Swimmer 1	Otter
	Swim Kids 2	Swimmer 2	Seal
	Swim Kids 2/3	Swimmer 3	Dolphin
	Swim Kids 4/5	Swimmer 4	Swimmer
	Swim Kids 6	Swimmer 5	Swimmer
Swim Kids 7	Swimmer 6	Star 1	
Swim Kids 8	Rookie	Star 2/3	
Swim Kids 9	Ranger	Star 3/4	
Swim Kids 10	Star	Star 5/6	
Swim Kids 10	Bronze Star	Star 7	
New To Swim Lessons and are 6 & older			
Preschool Level	6yrs -12 yrs		
Bobbers	Otter		
Floater	otter		
Gliders	Seal		
Divers	Dolphin		
Surfers	Swimmer		
Dipper	Swimmer		

This chart provides approximate equivalencies. If a child has completed a level, they should progress to the next level in the appropriate column. If a child has **NOT** completed the level, they should be registered in the equivalent level in the same row.