

# YMCA DAY CAMP

YMCA Day Camps are the best way to spend fun summer days. New adventures and new friendships have kids coming back day after day, week after week, and year after year.

## WHY THE Y DAY CAMP?

YMCA day camps create experiences that last a lifetime. Our intentional approach to day camp is based on the principles of YMCA Healthy Child Development. Our staff, many of whom have been campers in the past, have a criminal record check, standard first aid and CPR and go through a week of safety-oriented training to ensure your children receive the highest level of care you expect.

YMCA day camp is the best way to play, build relationships and start to develop a healthy lifestyle like no other day camp.

## YMCA BRANCH CAMP *(Campers 4 - 12 years old)*

Bob Hayward YMCA | Bostwick YMCA | Centre Branch YMCA | Stoney Creek YMCA | Wortley YMCA

Swimming, laughter, outdoor adventures; sports, hiking, making new friends and lasting memories, these are just a few options at a YMCA branch camp. Whether a camper is building a craft, playing on the playground or going for the daily swim in the pool, a YMCA branch is an excellent site for a camper's adventures this summer!

Activities might include;

- Daily Swim
- Arts and crafts
- Big Day
- Variety of sports
- Indoor treehouse
- Hikes to nearby parks

## YMCA SPORT CAMPS *(Campers 6 - 12 years old)*

### YMCA Fanshawe College Jr. Falcons Sports Camp

Fanshawe Jr. Falcons Multi-Sport Camp will focus on fundamental skill development with emphasis on physical literacy, fun and fair play. Campers will be learning from Fanshawe College Varsity Coaches and Athletes, who design their training programs according to the campers skill level.

- Session 1: Basketball
- Session 2: Soccer
- Session 3: Basketball
- Session 4: Soccer
- Session 5: Multi-Sport A (Softball, squash, floor hockey, lacrosse)
- Session 6: Multi-Sport B (Sprints, Cross Country, Relay, Track & Field Sports)
- Session 7: Multi-Sport A
- Session 8: All Sorts of Sports (Get a taste of many sports from the summer!)

## YMCA OUTDOOR CAMPS *(Campers 4 - 12 years old)*

### Fanshawe Conservation Area (FCA)

Building friendships, going canoeing, exploring the forest and embracing your inner spirit of adventure.

- Canoeing
- Kayaking
- Arts and Crafts
- Water Games
- Archery
- Big Day
- Visit to Pioneer Village

### Spencer Lodge

Using your imagination while exploring the pond or building self esteem on the high ropes course. Explore a taste of wilderness in the heart of the city.

- Rock Climbing
- High & Low Ropes Course
- Water Games
- Initiative and Group Challenges
- Fire Building
- Big Day
- Arts and Crafts

## LEADERSHIP CAMPS *(Campers 13 - 16 years old)*

Become the best you can be as a YMCA leader! Our leadership programs are progressive in nature providing hands-on leadership skills to be a better leader in your school, community or YMCA. Gain the building blocks to become a YMCA Volunteer!

- Session 2, 3, 4 at Fanshawe Conservation Area
- Session 5, 7, 8 at Spencer Lodge

## AGE GROUPS

YMCA day camps are structured around the developmental age and stage of your child. Our unique age groupings allow our programs to be progressive, adding new and/or more challenging activities as your child grows.

### Rovers: 4-5 yrs, staffing ratio 1:8

Promotes creativity, imagination, and increases cooperation with peers and adults.

### Trailblazers: 6-8 yrs, staffing ratio 1:10

Promotes learning through play and increase awareness of self and others.

### Explorers: 9-10 yrs, staffing ratio 1:12

Promote healthy lifestyle and active participation. Builds teamwork and fosters group learning.

### Mavericks: 11-12 yrs, staffing ratio 1:12

Promotes responsibility and empathy towards others and provides leadership opportunities.

### Leadership: 13-16 yrs, staffing ratio 1:13

Develops leadership qualities through experiential learning.

Extended Care is offered at all Day Camp Locations. Bussing is ONLY offered for our outdoor and sports Day Camp locations. Extended Care is free for members. Please visit our website for more information.

## TYPICAL DAY AT DAY CAMP

7:30am-8:30am	Optional Extended Care
8:30am-9:00am	Camper Drop-off
9:00am-9:20am	Camp starts with an Opening Circle of songs
9:20am-12:15pm	Campers break into age-based activity groups for all kinds of fun
12:15pm-12:45pm	Lunch
12:45pm-3:30pm	More camp fun
3:30pm-4:00pm	The day ends with Closing Circle of songs
4:00pm-4:30 pm	Parents come pick-up their campers
4:30pm-5:30 pm	Optional Extended Care

## 2019 SESSION DATES & THEMES

- Session 1: July 2-5\*
  - Spirit Week
- Session 2: July 8-12
  - Earth Week
- Session 3: July 15-19
  - Back in Time
- Session 4: July 22-26
  - Carnival
- Session 5: July 29-Aug. 2
  - Ooey Gooey
- Session 6: Aug. 6-9\*
  - Animal Planet
- Session 7: Aug. 12-16
  - Celebration
- Session 8: Aug. 19-23
  - Hero Week
- Session 9: Aug. 26-30
  - Y's Got Talent

## 2019 DAY CAMP FEES

- Member \$199
- Non Member \$240
- Short Week Member: \$159
- Short Week Non-Member: \$192
- Extended care Non-Member: \$40
- Bussing Fees \$20

per child, per week of camp at all day camp sites

## LEADERSHIP CAMP FEES

- \$210 Y member
- \$260 non-members

(plus HST) per youth, per week for Leadership 1, 2 & 3.



United Way  
London & Middlesex



ACCREDITED MEMBER  
OCA  
Ontario Camps Association

\*All camps closed on Monday July 1, 2019 & Monday, August 5, 2019

ymcawo.ca/daycamp