

2019 Spring Fitness Barcodes

Spring Session 8 Weeks running: April 29th - June 24th, 2019

Spring Fitness Programs H.I.I.T.					
Outdoor H.I.I.T.	Monday	6:30-7:15pm	8 weeks	14+yrs	96339
H.I.I.T.	Wednesday	10:30-11:00am			97624
Box Fit H.I.I.T.	Friday	6:00-7:00pm			96351

Spring Beginners Run Club					
Beginners Run Club	Tuesday	6:30-7:30pm	8 weeks	14+yrs	96341
Beginners Run Club	Thursday	6:30-7:30pm			96342

Spring Pickleball					
Pickleball	Monday	1:00-3:00pm	8 weeks	14+yrs	96343
Pickleball	Thursday	11:00am-1:00pm			96344

Spring Youth H.I.I.T.					
Outdoor H.I.I.T.	Monday	5:45-6:30pm	8 weeks	10+yrs	96340
H.I.I.T.	Wednesday	7:00-8:00pm			96345
H.I.I.T.	Friday	6:30-7:15pm			96346

2019 Summer Fitness Barcodes

Summer Session 8 Weeks running: July 2nd - August 26th, 2019

Summer Fitness Programs H.I.I.T.					
Outdoor H.I.I.T.	Monday	6:30-7:15pm	8 weeks	14+yrs	96347
H.I.I.T.	Wednesday	10:30-11:00am			97629
Box Fit H.I.I.T.	Friday	6:00-7:00pm			96352

Summer Beginners Run Club					
Beginners Run Club	Tuesday	6:30-7:30pm	8 weeks	14+yrs	96348
Beginners Run Club	Thursday	6:30-7:30pm			96349

Summer Youth H.I.I.T.					
Outdoor H.I.I.T.	Monday	5:45-6:30pm	8 weeks	10+yrs	96353
H.I.I.T.	Friday	6:30-7:15pm			96350