

# Myofascial Pain Treatment Center

Erika Waly Bourne, RN, CMTPT

**PATIENT**

**NAME** \_\_\_\_\_ **DATE** \_\_\_ / \_\_\_ / \_\_\_

## Physician's Orders:

Treatment of pain in (areas or diagnosis) :

\_\_\_\_\_  
\_\_\_\_\_

Using Myofascial Trigger Point Release techniques including:

- Manual therapy to internal pelvic floor muscles
- Manual trigger point therapy
- Dry needling of associated trigger points
- Myofascial stretching and corrective exercises
- Ergonomic and self care training

Other

instructions: \_\_\_\_\_

\_\_\_\_\_

Physician Name \_\_\_\_\_

Telephone # \_\_\_\_\_

Date \_\_\_ / \_\_\_ / \_\_\_

PHYSICIAN SIGNATURE \_\_\_\_\_

Please complete and return to:  
Myofascial Pain Treatment Center  
1275 Main Street, Suite C  
Waltham, MA 02451  
781-894-9430