

THE CAROLINA NETWORK FOR SCHOOL MENTAL HEALTH

“Supporting Teachers in School Mental Health”

Thursday, January 8, 2015 | Beaufort, SC

- 1:00-1:15 **Welcome & Introductions**
Melissa George, University of South Carolina
Kurt Michael, Appalachian State University
- 1:15-2:00 **Teacher Burnout Presentation & Discussion**
Carissa Orlando, Kelsey Toomey, JP Jameson & Kurt Michael, Appalachian State University
- 2:00-2:30 **Our Efforts to Support Teachers**
- **What are we doing?**
 - **What should/can we do?**
 - **How can we get teachers more involved?**
- 2:30-2:45 **Break**
- 2:45-3:45 **Working Meeting**
- **Discuss funding opportunities**
 - **Generate ideas for our working together on this topic**
- 3:45-4:00 **Benefits of the Network: Perspectives from ASU/USC Students**
David Riddle, University of South Carolina
Cameron Massey, University of South Carolina
- 4:00-4:30 **General Discussion and Wrap-up**

Please join us for a social gathering afterward!
Location Emily's Restaurant & Tapas Bar (906 Port Republic Street) 6:00

- 9:00-9:45 **Welcome to the 9th Meeting of the Carolina Network for SMH**
Kurt Michael, *Appalachian State University*
Melissa George, *University of South Carolina*
- **Individual Introductions**
 - **Finding Common Ground Icebreaker**
 - **Hopes and Expectations**
 - **History of the Carolina Network**
- 9:45-10:45 **Rapid Fire Presentations**
- **Teacher Burnout** Carissa Orlando & Kelsey Toomey, *Appalachian State University*
 - **Teacher Stress and Classical Conditioning** Cameron Massey, Mark Weist & Steven Harrod, *University of South Carolina*
 - **Teacher Perspectives on Stress** Kendrick Kerr, *Pine Ridge Middle School, SC Lexington 2 School District*
 - **Student Discipline Issues and Teacher Consultation** Karen Cooper-Haber, *Family Intervention Services, Richland 2 School District*
- 10:45-11:00 **Morning Break**
- 11:00-12:00 **Rapid Fire Wrap- Up and Discussion of our Efforts to Support Teachers**
- 12:00-1:00 **Lunch (available for purchase on site) & Networking**
- 1:00-2:00 **Roundtable Discussions: How can we support teachers, reduce stress and prevent burnout?**
- 2:00-2:15 **Afternoon Break**
- 2:15-2:45 **Group Discussion: What are the Network's Next Steps for Supporting Teachers?**

2:45-3:15

Updates from NC on Safe Schools Initiatives

- **NC Center for Safer Schools** Kym Martin, Executive Director, *NC Center for Safer Schools*
- **Critical Incident Training in all NC Schools Districts** Mike Anderson, Deputy Director, *NC Center for Safer Schools*
- **Law Enforcement /K-12 Schools** Senior Officer Karen Everett, *Family and Youth Unit, Detective Division, Raleigh Police Department*
- **School Counseling in NC and White House Conference on School Counseling** Cynthia Floyd, Consultant, School Counseling, NC Department of Public Instruction
- **On-line professional development modules for teachers** Chris Minard, Allied Health Consultant, *NC Department of Public Instruction*
 - **Suicide Prevention/Intervention Module**
 - **New Collaborative Module with the NC Attorney General**

3:15-3:30

Revisit Hopes and Expectations

3:30-4:00:

Network Photo, Additional Updates and Planning for the Network