

XTERRA GEORGIA THRILL IN THE HILLS 21K/42K TRAIL RUNNING RACE TURN BY TURN DIRECTIONS:

Please note the race will Start / Finish at Entrance "A" Mountain Bike Parking Lot (Across From The Tennis Courts)... You can pick up the trail and turn by turn directions to your left as you are standing in the main mountain bike parking lot and facing the "Nature Center" (Lake is behind the Nature Center). This is the "Outer Loop" of the mountain bike trails at Fort Yargo. The race will be run in a "Clockwise" direction. There are "blue" mile markers out there for the mountain bike trails – these do not correspond with the mileage for the XTERRA Georgia Thrill In The Hills 21K/42K Trail Running Race. The 21K will be a 1 loop course, the 42K will be a 2 loop course (same route).

Mile 1.2 Cross over wooden bridge

Mile 1.5 Asphalt road – Wil-A-Way- 1st Water Station

Mile 1.75 Short uphill after water station cross over fire road staying straight (outer loop)

Mile 2.2 Cross over gravel road stay straight (outer loop)

Mile 2.7 Stay right up towards "three step hill"

Mile 3.25 Cross over wooden bridge (stay right)

Mile 3.35 Asphalt Road – cross over

Mile 4.45 Turn hard left – 2nd Water Station

Mile 5.0 Cross over fire road

Mile 5.2 Cross over fire road – continue down hill

Mile 5.4 Cross over fire road – continue down hill

Mile 5.6 Bottom of dam – culvert and creek on left – dam on right – turn left back into woods (following the outer loop) then right up hill

Mile 5.75 Turn right up hill (do not go to monster mile)

Mile 5.8 Stay "soft right" (green and white sign says bikers yield to hikers) staying along the lake

Mile 6.4 Stay hard right headed back down hill towards the lake

Mile 6.8 Turn hard left onto gas pipeline uphill

Mile 7.1 Turn hard right back onto the "Outer Loop" (stay right – you will see other end of "monster mile" on left) route is gradually downhill until mile 7.3 (then it's a steep downhill to a wooden bridge)

Mile 7.35 Steep short downhill cross wooden bridge then steep short uphill – turn hard left at top of short steep hill - (stay on outer loop)

Mile 7.9 Trail will merge onto "Gas Pipeline" stay straight – 3rd Water Station (continue straight and trail will merge with gas pipeline and gradually move to the right – keeping lake on your right – back into woods)

Mile 8.4 Cross over "Steel Bridge"

Mile 8.7 Continue straight up powerlines and slightly up terraced hill

Mile 9.45 Cross over wooden bridge and stay left bypass "Root Garden" (stay on outer loop)

Mile 9.65 Primitive Camping Area will be on your right (stay left back into woods – outer loop)

Mile 10.15 Asphalt road (Entrance "B" Road) – cross over – continue straight over "powerlines" on outer loop

Mile 10.85 Picnic Shelter No. 5 will be on your right – stay on outer loop

Mile 11.05 Cemetery Hill – stay on outer loop (just over hill stay left on outer loop)

Mile 11.25 Bypass Horseshoe Drop – stay on outer loop

Mile 11.4 Cross over asphalt road

Mile 12.65 Cross over gravel road just past gravel road (50 yards stay left (bypass "Rock Garden" on right) outer loop

Mile 12.95 Asphalt road – turn right – cross over bridge

Mile 13.1 Finish at Nature Center (Mountain Bike Parking Lot) 21K Runners or begin 2nd loop 42K Runners (42K Runners 2nd loop same as 1st)