GEORGIA THRILL IN THE HILLS 50K/21K/5Mi TRAIL RUNNING RACE TURN BY TURN DIRECTIONS: Please note the race will Start / Finish at Entrance "A" Nature Center Pavillion (Next to the New Visitors Center)... You can pick up the trail and turn by turn directions to your right as you are standing in the Nature Center Pavillion and facing the Street (Lake is behind the Nature Center Pavillion). This is the "Outer Loop" of the mountain bike trails at Fort Yargo. The race will be run in a "Clockwise" direction. There are "blue" mile markers out there for the mountain bike trails - these do not correspond with the mileage for the Georgia Thrill In The Hills 50K/21K/5Mi Trail Running Race. The 21 K will be a 1 loop course, the 50 K will be a 2 loop course (same route) and then finish with the 5 Mi loop.

Mile 1.0 Cross over wooden bridge
Mile 1.3 Asphalt road - Wil-A-Way - $1^{\text {st }}$ Water / Gatorade Station
Mile 1.55 Short uphill after water station cross over fire road staying straight (outer loop)
Mile 2.0 Cross over gravel road stay straight (outer loop)
Mile 2.5 Stay right up towards "three step hill"
Mile 3.05 Cross over wooden bridge (stay right)
Mile 3.15 Asphalt Road - cross over
Mile 4.25 Turn hard left
Mile 4.80 Cross over fire road Near Cabins and Campground Host - $2^{\text {nd }}$ Water / Gatorade / Aid Station
Mile 5.0 Cross over fire road - continue down hill
Mile 5.2 Cross over fire road - continue down hill
Mile 5.4 Bottom of dam - culvert and creek on left - dam on right - turn left back into woods (following the outer loop) then right up hill
Mile 5.55 Turn right up hill (do not go to monster mile)
Mile 5.6 Stay "soft right" (green and white sign says bikers yield to hikers) staying along the lake
Mile 6.2 Stay hard right headed back down hill towards the lake
Mile 6.6 Turn hard left onto gas pipeline uphill
Mile 6.9 Turn hard right back onto the "Outer Loop" (stay right - you will see other end of "monster mile" on left) route is gradually downhill until mile 7.1 (then it's a steep downhill to a wooden bridge)
Mile 7.15 Steep short downhill cross wooden bridge then steep short uphill - turn hard left at top of short steep hill -
(stay on outer loop)
Mile 7.7 Trail will merge onto "Gas Pipeline" stay straight - (continue straight and trail will merge with gas pipeline and gradually move to the right - keeping lake on your right - back into woods)
Mile 8.2 Cross over "Steel Bridge"
Mile 8.5 Continue straight up powerlines and slightly up terraced hill
Mile 9.25 Cross over wooden bridge and stay left bypass "Root Garden" (stay on outer loop)
Mile 9.45 Primitive Camping Area will be on your right (stay left back into woods - outer loop) - $3^{\text {rd }}$ Water / Gatorade Station
Mile 9.95 Asphalt road (Entrance "B" Road) - cross over - continue straight over "powerlines" on outer loop
Mile 10.65 Picnic Shelter No. 5 will be on your right - stay on outer loop
Mile 10.85 Cemetery Hill - stay on outer loop (just over hill stay left on outer loop)
Mile 11.05 Bypass Horseshoe Drop - stay on outer loop
Mile 11.2 Cross over asphalt road
Mile 12.45 Cross over gravel road just past gravel road (50 yards stay left (bypass "Rock Garden" on right) outer loop Mile 13.0 Asphalt road - turn right - cross over bridge
Mile 13.1 Finish at Nature Center (Mountain Bike Parking Lot) 21 K Runners or begin 2nd loop 50K Runners (50K Runners 2nd loop same as 1st)... then as 50K Runners Finish 2nd Loop they will Head Out on 5Mi loop! 4th Water / Gatorade / Aid Station (Also Serves as Drop Bag Area for 50K Runners).

