

Kit List 12-14 October Field Training Exercise.
2784 RCACC

ITEM	PACKED
<u>Health Card</u>	
2x Sweater	
1x Combat/Hiking Boots	
1x combat shirt	
1x combat pants	
3x T-shirt	
8x pair Socks	
4x Underwear	
1 x Rain Gear (Poncho available if you don't have one)	
1 x Toque	
1 x Cadet Parka / Warm Coat	
2 x Gloves	
1 pr Long johns	
1x Running Shoes	
1x Sunglasses	
1x Hygiene Kit (e.g. Face cloth, small towel, toothbrush, tooth paste, soap, toilettes, feminine hygiene etc.)	
1x Insect Repellent	
1x Waterbottle	
1x mug with handle	
1x Flashlight	
2x Large Garbage bags	
2x pencils	
1x Notepad	
Hand Warmers (optional)	
1x Small Pillow (optional)	
NOTES: - If you don't have the issued kit, bring appropriate civilians in their place - Leave Electronics at home. - Knives are to be left at home.	

Drop off: Arrival at Cartier Square no later than 1800 with a bus departure at 1815 on Friday 12 October.

Pick Up: Dismissal from Cartier Square at 1500 on Sunday 14 October

Contact while on FTX: Capt Jo Babin 613 265 4271

Questions may be sent to 2784army@cadets.gc.ca