



VITAL THERAPY
FOR BEAUTIFUL SKIN

NATURAL, NUTRITIONAL SKINCARE, FREE OF TOXINS

PRODUCT CATALOGUE





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ABOUT VITAL THERAPY

I have been asked many times to explain why I think Vital Therapy products are better than the other cosmetic products on the market and why I have developed these particular products when stores, salons, and physician's offices carry thousands of various products to enhance the beauty of the skin.

A recent article in The Townsend Letter for doctors and patients, and The Wall Street Journal, concerning the rise of breast cancer in the United States, stated that some of the culprits in contributing to this increase were toxic ingredients and mutagenic ingredients commonly found in almost all cosmetic products.

Most skin care products contain ingredients like preservatives, dyes, and chemicals that have No Value in the beautification of the skin, and may in fact contribute to hormonal or endocrine changes that are responsible for breast cancer. It is no secret that anything applied to the skin can be and almost always is absorbed into the blood stream, and must be handled as a toxic compound. These ingredients do not evaporate after application to the skin.

An example of this would be chemical preservatives called parabens.

SKINCARE GOALS

One of the most important skin care goal is improving the health and thus the appearance of the skin. This is done by improving blood circulation and oxygenation of the skin, maintaining the skin's normal Ph., revitalizing the skin

cell membranes, connective tissues, and detoxifying and neutralizing toxins found in the skin tissues, and produces real, cumulative, beneficial and long lasting visible results.

ADDITIONAL BENEFITS

Vital Therapy products are nutrient concentrated, with cutting edge synergistic activity that achieves results rapidly. With some products results can be seen in as little as thirty minutes. Retail product returns on Vital Therapy products

have historically been less than 0.01% of sales. People use these products. Product information is available easily. Vital Therapy products are affordable.

SKIN ANALYSIS

Institutions teaching estheticians about skin care, classify skin according to skin conditions, usually five skin types. These types are dry, oily, aging, acneic, and combination t-zone (treatment zones). The fact is all of the above skin conditions are caused or exacerbated by the same poor habits.

- Poor nutrition
- Dehydration
- Over exposure to the sun, tanning beds, pollutants, toxins and overuse of toxic skin care products
- Overuse of skin treatment procedures, like peels and laser
- Lack of adequate exercise and stretching
- Inadequate sleep
- Stress and illness

By addressing the above conditions and utilizing Vital Therapy cutting edge skin care products and protocols, we can improve and normalize all skin types.





VITAL THERAPY
FOR BEAUTIFUL SKIN

TREATMENT PROTOCOLS

The Vitamin C with Caffeine product is applied after cleansing and toning the skin. It usually requires ten to twenty drops to cover the face and neck. Let this products soak into the skin for a few minutes, then massage the remainder of the products into the skin.

Moisturizer, Vital Therapy Peptide Lotion, makeup, or sunscreen can then be layered on top of the Vitamin C with Caffeine.

More Vital Therapy Peptide Lotion may be applied during the day on top of makeup, if required.

Before bedtime, the Vital Therapy Vitamin A Complex serum is applied to the face and throat. Let dry, then massage into the skin. Vital Therapy Peptide Lotion can then be applied as well.

Do not forget to apply the Vitamin C with Caffeine, Vitamin A Complex, and Vital Therapy Peptide Lotion (mix all three together) to the top of the hands and fingers, as the hands show aging more than the face.

The newest Vital Therapy product is called Plastic Surgery in a Bottle. I named this product for the very fast anti-aging

effects of the product. When applied at bedtime after the Vitamin A Complex serum, a difference in skin tone is noticed in as little as thirty minutes.

Acne Vulgaris is a disease of both the skin and the gut. Sometimes antibiotics are used to treat this type of acne; however, the use of broad-spectrum antibiotics to treat Acne Vulgaris is like using a cannon instead of a fly-swatter, and can even exacerbate the problem in some cases.

The first treatment protocol must involve the use of diet and nutritional supplements. Sugar of all kinds must be eliminated from the diet, as well as all fats that are not meant for human consumption. I also believe that soy must be eliminated, as it causes hormonal imbalances and thyroid problems. The best diet can be followed is called The Rosedale Diet.

The use of enzyme supplements, B Vitamins and Vitamin C also are needed to restore balance to the gut. Probiotics are a must in the treatment of acne. Once the above conditions have been met, we can begin the treatment phase with Vital Therapy cosmetic

products.

The first product is a raspberry, jojoba bead polishing scrub, used once or twice a week to aggressively exfoliate and cleanse the skin (microdermabrasion or other mechanical treatments will work as well). Next, a daily Clarifying Cleanser is used to clean the pores of the skin. In addition, the AHA polymers of glycolic acid and the polymer of beta-hydroxy acid (salicylic acid) help exfoliate and are mildly anti-bacterial and anti-fungal. This eliminates the need for systemic antibiotics. After cleansing, a Clarifying Toner is applied to the skin with a cotton pad. The toner remains on the skin to acidify the skin and acts as an anti-microbial as well. The final step of the acne protocol is the application of the Anti-Inflammatory Peptide Lotion. This product contains peptides that will even improve the worst cystic acne without the use of Accutane. This lotion, used in conjunction with Vitamin C L-Carnosine Serum, will also serve to reduce scar tissue that sometimes is associated with cystic or severe acne.

An improvement in all acne can be seen in a very short period of time if this protocol is followed faithfully.

PEPTIDE LOTIONS



VITAL THERAPY PEPTIDE LOTION 2OZ.

Vital Therapy Peptide Lotion has added three new peptides to enhance the speed and effectiveness of skin nutrition. Noticeable results can be seen with the Vital Therapy protocol in as little as three days!!! Continual use of these products shows even better results than the old Vital Therapy lotion on wrinkles and age spots.

Usage Instructions:

This is an ideal anti-aging treatment. Smooth over clean skin before bedtime and allow the skin smoothing and skin strengthening ingredients to improve the overall appearance of the skin, while you sleep. You may also apply as a daytime treatment to moisturizer.

Ingredients:

Purified water, cyclomethicone /dimethicone copolyol, glycerin, silicone, caprillic/capric triglycerides, cetyl alcohol, pentapeptides, L-lactic acid, L-retinol, beeswax, cetearyl alcohol, acetyl-glutathione, acetylcarnosine, shea butter, squalene, glyceryl stearate, D-beta fructan, D-beta glucosamine, jasmine alcohol, xanthan gum, and essential oils.



ULTRA FIRM PEPTIDE LOTION 2OZ.

This formula has all the ingredients of the Vital Therapy Peptide Lotion with the addition of DMAE and alpha lipoic acid, 3% of each. DMAE give greater firming (tone) to the skin, and alpha lipoic acid is supposed to be a more powerful antioxidant milligram than Vitamin C. The fragrance of the Ultra Firm Peptide Lotion is heavier in order to conceal the fishy odor of the DMAE. It also contains idebenone and green tea extract.

Usage Instructions:

This is an ideal anti-aging, and toning (firming) treatment. Smooth over skin after cleansing and toning, and before applying sunscreen. Use as a daytime moisturizer. This products will firm and tone aging skin as well as build collagen.

Ingredients:

Distilled water, cyclomethicone, /dimethicone copolyol, glycerin, silicone, caprillic/capric triglycerides, cetyl alcohol, beeswax, DMAE, alpha lipoic acid, green tea extract, shea butter, L-pentapeptide, acetyl-glutathione, acetylcarnosine, squalene, glyceryl stearate, D-beta fructan, D-beta glucosamine, idebenone, xanthan gum, jasmine alcohol, vanilla, ylang ylang, lemon and rosewood essential oils.



ANTI-INFLAMMATORY PEPTIDE LOTION 2OZ.

This is a powerful anti-inflammatory lotion. It will even help cystic acne improve. New bioactive peptides have improved this product to a greater degree than the older formula. These peptides now have the capability to heal acne scarring with the proper protocol. Inflammation is an important reason that acne does not improve. When we remove inflammation, the immune system of the body can heal the acne pustules.

Usage Instructions:

Smooth over clean skin during the day and at bedtime to reduce acne blemishes, even cystic acne.

Ingredients:

Distilled water, cyclomethicone /dimethicone copolyol, glycerin, silicone, caprillic/capric triglycerides, cetyl alcohol, L-lactic acid, L-retinol, beeswax, cetearyl alcohol, shea butter, L-pentapeptides, niacinamide, L-salicylic acid, squalene, glyceryl stearate, D-beta fructan, D-beta glucosamine, xanthan gum, jasmine alcohol, vanilla, ylang ylang, lemon and rosewood essential oils.



VITAL THERAPY FOR PUFFY EYES .5ML

This product has the costliest ingredients that really work to remove dark circles and puffy rings around the eyes. It will also reduce fine lines around the eyes.

Usage Instructions:

Using your ring finger, dispense one pump and gently pat underneath eye and on eyelid until absorbed. Do not tug on delicate eye tissue. Apply one hour before bedtime for best results.

Ingredients:

Purified water, aloe vera, shea butter, phospholipids, L-hyaluronate, L-sodium PCA, L-pentapeptides, olive oil, borage oil, essential oils of rose, patchouli, chamomile, carrot and marshmallow, silicone, glycerin, 24 karat gold, Vitamin E, Vitamin B-complex, Vitamin An and jasmninol.



PLASTIC SURGERY IN A BOTTLE 1OZ.

This product uses new anti-aging compounds, called glutathione, in a stable form along with hyaluronic acid, carnosine, and many other ingredients found in the Vital Therapy peptide creams. Glutathione increases microcirculation in the tissues quickly, to enhance skin tone and elasticity as well as hydration. This product works even better if used with the Vital Therapy anti-aging protocol.

Usage Instructions:

Apply to face and neck, before bedtime, after Vitamin A Complex serum. This may be used in the a.m. as well.

Ingredients:

Purified water, caprillic/capric triglycerides, vegetable glycerin, aloe vera, honey, cyclomethicone/dimethicone, beeswax, squalene, olive oil, L-retinol, L-pentapeptides, B complex Vitamins, L-hyaluronate, glutathione palmitate, carnosine palmitate, omega 3, 6, 9 oils, Vitamin E, L-lactic acid, royal gelee, idebenone, beta glucan, D-beta fructan, amino guanidine, D-betaglucosamine, L-sodium PCA, essential oils of candula, plumeria, vanilla, ylang ylang, lemon, rose, cherry, and citrus seed extract.



PEPTIDE EYE CREAM 1OZ.

Diminishes fine lines and wrinkles around the eyes.

Usage Instructions:

Using your ring finger, gently apply a small amount to the area around the eyes, and the eyelids. Do not tug on the delicate eye tissue.

Ingredients:

Purified water, shea butter, hesperidin chalcone, dipeptide-2, palmitoyl tetrapeptide-3, glycerin, L-hyaluronic acid, olive oil, Vitamin E, aloe extract, L-retinol, albumin, almond oil, patchouli oil, lecithin, carrot oil, chamomile extract, marshmallow extract, xanthan gum, and jasminol.



ANTI-AGING EYE CREAM .5 OZ.

Usage Instructions:

Using your ring finger, gently apply a small amount to the area around the eyes, and the eyelids. Do not tug on the delicate eye tissue. Apply one hour before bedtime.

Ingredients:

Purified water, caprillic/capric triglyceride, palmitic acid, stearic acid, shea butter, glycerin, hesperidin chalcone, palmitoyl tetrapeptide-7, dipeptide-2, glyceryl stearate, cetearly alcohol, chrysin, palmitoyl oligopeptide, N-hydroxysuccinimide, olive oil, sweet almond oil, soybean oil, tocopheryl acetate (D-alpha), albumin, L-retinol, L-pentapeptides, zeamays oil, marshmallow root extract, orange peel oil, lavender oil, chamomile flower extract, carrot seed extract, rosa damascena flower oil, aloe leaf juice powder, acetyl-glutathione, acetylcarnosine, tea tree oil, glutathione palmitate, carnosine palmitate, L-hyaluronate, L-sodium PCA, honeysuckle flower extract, hamamelis, virginiana water, citric acid, superoxide dismutase, ribose, xanthan gum, potassium sorbate, allantoin, cetyl alcohol, alcohol denat, calcium gluconate, and gluconolacton.



VITAMIN A COMPLEX SERUM 1 & .5 OZ.

This is a Vitamin A and glycolic acid complex that gives an energized and synergized antioxidant combination, which is an excellent anti-aging product and a stimulant of new tissue growth.

Usage Instructions:

Before bed, dispense four to eight drops into palm of hand, and pat over face, neck and décolleté after cleansing and toning. Can also be applied to backs of hands or arms, as these show the earliest signs of aging. Follow with the appropriate moisturizing product. Glycolic acid and L-retinol are complexed together, each ingredient having a synergized activity better than each ingredient alone.

Ingredients:

Hamamelis extract, Vitamin A (L-retinol), phenyl butyl nitron, beta glucan, beta glucosamine, amino guanidine and ethyl hydroxide.



VITAMIN C WITH CAFFEINE SERUM 1 & .5 OZ.

This product is probably the most important skin care product. It not only protects the skin from UV damage, it also is the best anti-aging compound for skin. The increase in collagen and elastin only takes place if Vitamin C is present in the skin!! This excellent anti-aging product is a highly concentrated Vitamin C Serum with proven antioxidant and regenerative properties to help fight and repair signs of aging by building collagen and elastin. The ingredients in the Vitamin C Serum contain active ingredients that provide a direct benefit to the skin, and are not just carriers.

Usage Instructions:

Dispense four to ten drops into palm of hand, and pat over face, neck, and décolleté after cleansing and toning. Can also be applied to backs of hands or arms, as these show the earliest signs of aging. Follow with the appropriate moisturizing product.

Ingredients:

Ascorbic acid 20%, rice starch, glycerol caffeine citrate, D-beta fructan, D-betaglucosamine, amino-guanidine, L-castor oil, hamamelis extract and spin trap.



VITAMIN C WITH L-CARNOSINE .5 OZ.

For acne, it not only will improve the firmness of the skin, it will soften and reduce the appearance of acne scars. It stimulates collagen and with proper skin treatment is a valuable and effective treatment of acne scared skin.

Usage Instructions:

Apply this serum to acne scars. Moisturizers may be layered on top of the application. It may be layered under makeup as well.

Ingredients:

Distilled water, L-ascorbic acid, caffeine, L-carnosine, acetylcarnosine, acetyl-glutathione, rice starch, glycerol, D-beta fructan, D-betaglucosamine, amino-guanidine, castor oil, methyl glycol, hamamelis extract and phenyl butyl nitron.



HYDRATING RAIN 2 OZ.

This is a nourishing treatment product. It is so moisturizing to the skin it will only be needed once or twice a week after the initial treatment period.

Usage Instructions:

Dispense two to three pumps into the palm of your hand; pat onto skin until absorbed. Can be mixed with Vitamin C Serum in the morning, or Vitamin A Complex Serum in the evening.

Ingredients:

Purified water, vegetable glycerin, aloe vera, honey, phospholipids, spingolipids, L-sodium hyaluronate, citric acid, borage oil, silicone, rose hip seed oil, L-sodium PCA, D-panthenol, Vitamin E, Vitamin B complex, Vitamin A, rose oil and jasm inol.

SUN PROTECTION



SOL PROTECT SPF 20 SUNSCREEN 2 OZ.

Provides full UVB/UVA protection! Antioxidant-based sun protection with skin nutrition. Contains ingredients for skin softening and moisturizing. SPF 20.

Usage Instructions:

Apply once daily and repeat when necessary. Not waterproof! Re-apply after swimming or bathing. Keep out of reach of children. If swallowed, immediately get medical help or contact a poison control center. For external use only. Do not use on broken skin. Do not get into eyes. Discontinue use if skin irritation occurs, develops, or worsens.

Ingredients:

Purified water, caprylic/capric triglycerides, cetearyl olivate, zinc clear (zin clear), jojoba oil, wheat germ oil, squalene, glycerin, octamethylcyclotetrasiloxane/decamethylcyclopentasiloxane, xanthan gum, sodium hydroxymethylglycinate, alpha -D-tocopherol, citric acid, olive oil, cyclopentasiloxane, rosewood oil, SD alcohol, oat glucan powder, tocomin, dhatriales, tetrahydrocurcuminoids, and astaxanthin.





APPLE DELIGHT CLEANSER 4 OZ.

Heaven for dry skin! This is a moisture-rich cleanser that removes impurities and debris without stripping the skin of the natural skin oils. This will not dry out the skin.

Usage Instructions:

Squeeze two to three drops in the palm of damp hands, rub hands to create a lather, then proceed to cleanse your face and neck. Rinse with tepid water.

Ingredients:

Purified water, sugar polymers, glycol distearate, laureth 14, cocamidopropyl betain, D-beta fructan and apple extract.



CLARIFYING HERBAL CLEANSER 4 OZ.

This is a gently yet effective, non-abrasive, alpha hydroxy, exfoliating cleanser that effectively reduces blemishes. The new technology, using AHA polymers, results in less skin irritation. The addition of beta-hydroxy acid polymer helps clear the skin of blemishes.

Usage Instructions:

Squeeze two to three drops in the palm of damp hands, rub hands to create a lather, then proceed to cleanse your face and neck. Rinse with tepid water.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, soluble shea butter, plant cellulose, succinic acid, laurel berry, methylated karate, coconut amino acids, glycolic acid polymer, salicylic acid polymer, cranberry extract, and beta-carotene.



EXTRA GENTLE CLEANSER 4 OZ.

Ideal for sensitive skin, even rosacea and post-laser resurfacing, this extra gently cleanser soothes and protects while leaving your skin feeling fresh without irritation or dryness.

Usage Instructions:

Squeeze two to three drops in the palm of damp hands, rub hands to create a lather, then proceed to cleanse your face and neck. Rinse with tepid water.

Ingredients:

Polyglucose, distilled water, methyglycine, diethanolamine, succinic acid sulfate, shea butter, cranberry extract, and flower petal oils.



RASPBERRY POLISHING SCRUB 4 OZ.

Effectively polishes your skin by exfoliating surface dead skin cells, leaving your skin with a healthy shiny glow.

Usage Instructions:

Use once or twice a week to aggressively exfoliate the skin. Dispense a quarter-sized amount into the palm of hand, gently work around face and neck for one to two minutes, or until the products has lost its moisture, and then rinse thoroughly with warm water. Ideally, this should be done while in the shower.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, raspberry concentrate, jojoba beads, L-lactic acid, blue cornmeal, xanthan gum, D-glucuronic acid, vegetable glycerin, salicylic acid, and jasmine alcohol.



SCRUB AND SHINE 2 OZ.

This is a combination mask/scrub that will leave your skin feeling and looking fresh and glowing.

Usage Instructions:

Apply a cake icing thick layer to skin after cleansing and leave on for five to fifteen minutes, then rub with water in a circular motion to activate the jojoba beads, to scrub and exfoliate the skin.

Ingredients:

Purified water, vegetable glycerin, milk caprillic/capric triglycerides, jojoba oil, L-lactic acid, L-malic acid, L-salicylic acid, hamamelis extract, pineapple enzymes, xanthan gum, cherry bark extract, zeolite, jojoba beads, and citrus seed extract.

CLEANSERS

TONERS



ANTIOXIDANT TONER 4 OZ.

For all skin types. Flushes dirt from pores and repairs free radical damage.

Usage Instructions:

Apply after cleansing. Use a cotton square to apply a small amount over the skin. May be used during the day or after exercise.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, hamamelis extract, phenyl butyl nitron, D-beta fructan, beta-glucosamine and amino guanidine.



ACNE CLARIFYING TONER 4 OZ.

The AHA's in this toner decongest pores, help prevent blemishes, and purify and control oil. Phenyl butyl nitron and beta-carotene provided antioxidant protections.

Usage Instructions:

Apply after cleansing. Use a small amount on a cotton square and apply over skin. Use during the day, in the evening and after exercise.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, hamamelis extract, cranberry extract, linseed extract, althea extract, almond extract, glycolic acid polymer, lactic acid polymer, citric acid, beta-carotene and phenyl butyl nitron.



ACNE CLARIFYING TONER MILD 4 OZ.

This toner is not as strong as the Acne Clarifying Toner. This toner can be used for normal skin or aging skin. It is not normally used for acne.

Usage Instructions:

Apply after cleansing. Use a small amount on a cotton square and apply over skin. Use during the day, in the evening and after exercise.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, hamamelis extract, cranberry extract, linseed extract, althea extract, almond extract, glycolic acid polymer, lactic acid polymer, citric acid, and beta-carotene.



GLYCOLIC ACID TONER 4 OZ.

Glycolic Acid Toner is not as strong and can be used for normal skin.

Usage Instructions:

Apply after cleansing. Use a small amount on a cotton square and apply to skin. Use during the day, in the evening and after exercise.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, hamamelis extract, hyaluronic acid, phenyl butyl nitron, D-beta glucosamine, amino guanidine, citric acid, glycolic acid and strawberry and melon extracts.



STRAWBERRY MELON TONER 4 OZ.

Recommended for dry skin. Soothes, balances and hydrates, to give your skin a fresher appearance.

Usage Instructions:

Apply after cleansing. Use a small amount on a cotton square and apply to skin. Use during the day, in the evening and after exercise.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Distilled water, hamamelis extract, hyaluronic acid, phenyl butyl nitron, beta D-glucosamine, D-beta fructan, amino guanidine, citric acid, glycolic acid, and strawberry and melon extracts.





ULTRA RICH AHA MOISTURIZER 2 OZ.

Vital Therapy Ultra Rich AHA Moisturizer is the ultimate anti-aging moisturizer to give your skin a fresh and healthy glow. Contains advanced ingredients for maximum results in reducing the appearance of fine lines and wrinkles. Used in conjunction with Hydrating Rain, your skin won't know it lives in the dry Colorado climate!

Usage Instructions:

Dispense two to four pumps into the palm of hand and gently spread over face, neck and décolleté, after cleansing, toning and applying Vitamin A Complex or Vitamin C Serums.

Ingredients:

Distilled water, milk caprillic/capric triglycerides, cetearyl alcohol, poly-sorbate 80, PEG-150, plan polysaccharides, malic acid, citric acid, glycolic acid polymer, D-beta fructan, beta D-glucosamine, amino guanidine, mango and raspberry extracts, and jasmine alcohol.



ANTIOXIDANT DAYTIME MOISTURIZER 2 OZ.

This is superior antioxidant face treatment cream. It will moisturize dry, flaky, or damaged skin. This moisturizer is best for sensitive skin and can even be used on Rosacea or post laser chemical treatment.

Usage Instructions:

Apply to skin once or twice daily.

Ingredients:

Oils of calendula, tea tree, olive and carrot, wheat germ, chlorophyll, azurite, royal gelee, china, amica, ginkgo, aloe vera, gallium, plumeria, Vitamins A, D3, E and F.

MOISTURIZERS

SKIN CORRECTING SOLUTIONS



ANTI-AGING BODY LOTION 8 OZ.

This wonderfully scented, softening and hydrating formula is perfect for problem areas such as elbows, knees, feet and hands. This is a non-abrasive exfoliation lotion with glycolic acid polymer. It contains milk extracts, D-beta fructan, and D-beta glucosamine for moisture, and includes the essential oil of lavender to heal and protect the skin.

Usage Instructions:

Apply on desired areas and rub in until thoroughly absorbed.

Ingredients:

Distilled water, milk caprillic/capric triglycerides, milk caprylate/caprinate, glycolic acid polymer, sucrose stearate, cetearyl alcohol, polysorbate 80, PEG-150, ceteareth-20, PEG 40 stearate, jasmine alcohol, lavender extract, D-beta fructan, D-beta glucosamine, and essential oil of lavender.



SKIN LIGHTENING LOTION 2 OZ.

This product is NOT for sensitive skin! Regular use will result in dissolution of hyperpigmented skin.

Usage Instructions:

Apply a small amount only to the areas to be lightened after cleansing and toning, but before moisturizer. Use only once daily. It is best used at night.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Purified water, hamamelis extract, ethyl alcohol, L-castor oil, methyl glycol, cellulose, azelaic acid 15%, L-lactic acid polymer, kojic acid, hydroquinone 2%, salicylic acid and glycolic acid polymer.



HQ-FREE LIGHTENING SKIN LOTION 1OZ.

This is the most powerful skin lightening agent known, which contains NO hydroquinone, and this is 100% non-toxic.

Usage Instructions:

Apply a small amount to dark spots on face and hands at bedtime. Do not apply anything else to these areas until the following day.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Purified water, plant cellulose, castor oil, glutathione palmitate, pyruvic acid, azelaic acid, kojic acid, acetyl D-glucosamine, glycolic acid polymer, lactic acid polymer, L-ascorbic acid, beta-carotene, phenyl butyl nitron and lemon extract.



SCAR & STRETCH MARK LOTION 1 OZ.

This is the most powerful scar and stretch mark treatment available. The ingredients in this product stimulate the regenerative immune function to increase cell turnover and replace dense scar tissue with new, normal skin.

Usage Instructions:

Apply a small amount to scars two to three times daily.

Ingredients:

Oils of candula, tea tree, sard, olive and carrot, wheat germ, purified water, chlorophyll, azurite, royal gelee, acetyl-glutathione, acetyl-carnosine, china, arnica, ginkgo, aloe vera, gallium, shark cartilage and liver oil, emu oil, plumeria with Vitamins A, C, D3, E and F, dextrans of 31 essential oils, onion extract and epithelial growth factor.



BLEMISH RESCUER 1OZ.

Quickly clears up the occasional blemish.

Usage Instructions:

Squirt a small amount onto a cotton square and apply to affected area.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

SD alcohol, glycolic acid, L-salicylic acid, L-lactic acid, L-mandelic acid and L-limonol.





HEALING CREAM 2 OZ.

This is a superior antioxidant treatment cream that will moisturize dry, flaky or damaged skin. It can also be used as ordered by a medical professional.

Usage Instructions:

Apply daily as needed to affected areas.

Ingredients:

Oils of candula, tea tree, olive and carrot, wheat germ, chlorophyll, azurite, royal gelee, china, arnica, ginkgo, acetyl-glutathione, glutathione palmitate, aloe vera, gallium, plumeria with Vitamins A, D3, E and F.



VITAL THERAPY FOR COLD SORES 2 OZ.

Vital Therapy for Cold Sores effectively treats cold sores by reducing the severity and duration of the virus that causes this condition, while it soothes and heals the skin.

Usage Instructions:

Apply a small amount to cold sore at first sign and reapply five to seven times per day as needed until the cold sore disappears.

Ingredients:

Purified water, olive oil, emu oil, oils of candula, tea tree, sard and carrot, wheat germ, royal gelee, arnica, ginkgo, aloe vera, plumeria with Vitamins A, D3, E, and F, iron dextrans of 31 essential oils.

SKIN CORRECTING SOLUTIONS

MASKS



CHERRY ENZYME MASK 2 OZ.

The Cherry Enzyme Mask is a professional product and is not for home use. It contains powerful enzymes to effectively exfoliate the top layer of dead skin cells. "A wonderful fragrance, a wonderful enzyme". This mask is exfoliating, hydrating, and loaded with powerful antioxidants.

Usage Instructions:

Use a thick application on cleansed skin for ten to fifteen minutes, then remove with warm water. For more aggressive procedure, use a microdermabrasion treatment after the mask. This may create a very stimulating and tingling sensation.

Caution:

Avoid getting into eyes. In case of eye contact, flush eye thoroughly with cool water. Seek immediate medical attention if needed.

Ingredients:

Purified water, cherry puree, wild cherry bark extract, L-lactic acid, L-tartaric acid, L-malic acid, salicylic acid, pineapple enzymes, pomegranate, red grape seed, lycopene, L-mandelic acid, red wine, vegetable glycerin, xanthan gum, and jasminol.



TEA TREE CLAY MASK 2 OZ.

A clay mask beneficial for ridding the skin of impurities. Use on oily, acneic skin to calm irritation and control oil.

Usage Instructions:

Apply a thick layer to face and/or neck. Let dry for twenty to sixty minutes. Rinse off with warm water.

Ingredients:

Purified water, hamamelis extract, vegetable glycerin, caprillic/capric triglycerides, kaolin, bentonite, salicylic acid, zinc oxide, tea tree oil, green tea extract, Vitamin E, allantoin, eucalyptus, L-limonene oil, rosemary oil, L-lactic acid, hydrogen peroxide, L-menthol and jasminol.



GARDEN OF EDEN MASK POWDER 2 OZ.

This is an enzyme mask that will remove dead skin cells from the surface of the skin, leaving your skin feeling baby fresh.

Usage Instructions:

Mix two parts liquid (aloe vera juice, yogurt, milk, fruit or vegetable juices, water, green tea, etc.) to one part Garden of Eden Mask Powder. Apply mixture to face and let dry several minutes. Rinse with warm water.

Ingredients:

Spinach, whole pineapple, green papaya, sweet whey, mint and green tea leaves.



HYDRATING MASK 2 OZ.

This mask will moisturize dehydrated skin leaving soft, smooth skin.

Usage Instructions:

Apply a thick layer to face and/or neck. Leave on skin until completely absorbed, or rinse off after twenty minutes. Add Vitamin C Serum and Vitamin A Complex Serum and leave on skin for antioxidant benefits.

Ingredients:

Purified water, aloe vera juice, vegetable glycerin, honey, azurite, Vitamin A, Vitamin B-complex, Vitamin D3, Vitamin E, hyaluronic acid, sodium PCA, phosolipids, rose oil, lemon oil, orange oil, arnica, olive oil, safflower oil, sard oil, carrot oil, ginkgo, gallium, plumeria and royal gelee.





SLS-FREE SHAMPOO 8 OZ.

This is the finest and costliest ingredient shampoo. This luxury shampoo gently, safely and effectively cleans and conditions the hair, and does not have the hair damaging detergent sodium lauryl sulfate.

Ingredients:

Distilled water, laurel berry derivatives, succinic acid derivatives, saponins, shea butter, aqua- lanosterol, cassia betaglycan and essential oils.



HAIR CONDITIONER 8 OZ.

This is a pure and natural hair conditioner that restores elasticity and pliability. It adds body, increases manageability. It soothes the scalp and moisturizes the hair without hair damaging chemicals.

Ingredients:

Distilled water, cetearyl alcohol, glycerin, caprillic/capric triglycerides, behenalkonim methosulfate, wheat germ oil, silicone, shea butter, coco-caprylate/caprata, castor oil, methyl glycol, jojoba oil, jasmine alcohol and essential oils.

SHAMPOOS AND CONDITIONERS



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