

WISHEK HOSPITAL & CLINICS NEWSLETTER

Wishek Hospital & Clinics Newsletter

Spring 2018

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Since 1954, Wishek Hospital Clinic Association has proven itself to be a healthcare leader in South Central North Dakota. Founded from a recognized need to provide medical services for residents of the area, WHCA has grown to be a 24-bed Critical Access Hospital with Clinics located in Wishek, Napoleon, Kulm and Gackle. We are a local nonprofit association, and our employees have a greater dedication to your well-being because they live, work and play right here.

Our patients are our families, friends and neighbors, and our slogan, **"Quality Care with Concern and Compassion"** has always been driven by the notion that they will be treated with the utmost respect and privacy.



Call to Schedule an appointment today!

- Wishek Clinic (701-452-2326)
- Napoleon Clinic (701-754-2322)
- Gackle Clinic (701-485-3611)
- Kulm Clinic (701-647-2345)

Well Child Check Ups

The American Academy of Pediatrics (AAP) recommend well child check ups at;

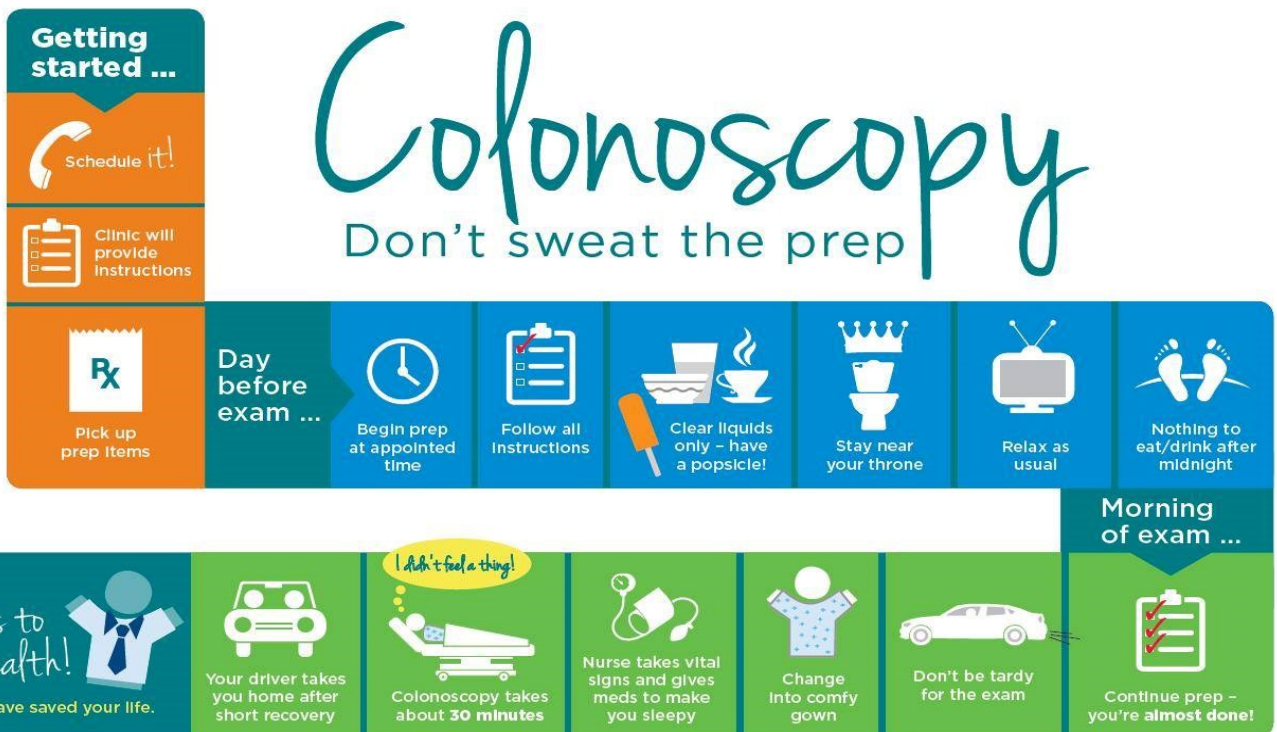
2-5 days old--1 month--2 months--4 months--
6 months--9 months--12 months--15 months--
18 months--2 years--2 ½ years--
3 years up to age 21

Benefits of Well-Child Visits

- Prevention (discuss immunizations, nutrition and safety at home and in school)
- Tracking growth and development (growth over time, milestones, behaviors, learning)
- Raising concerns (development, sleep, behavior, eating, etc.)



"This institution is an equal opportunity provider and employer."



Fact: Colorectal Cancer is the #2 leading cause of death from cancer in the US.

Fact: Did you know regular screening could reduce colon cancer deaths by up to 80%?

Fact: Screenings are recommended for everyone at age 50 (American College of Physicians)

Fact: You do not have to drive to Bismarck/Jamestown/Fargo for your colonoscopy - you can have it completed right at the Wishek Hospital by Dr. Chalmers, General Surgeon.

Don't Wait! Call and set up an appointment for consultation today at one of our local clinics!

Wishek Clinic (701-452-2326)
 Napoleon Clinic (701-754-2322)
 Gackle Clinic (701-485-3611)
 Kulm Clinic (701-647-2345)



EMS STRONG
STRONGER
TOGETHER

Wishek Ambulance Squad

Back row l-r; Bruce Dalke, Dan Wischnak, Riley Fandrich, Mike vanGorkom, Dawson Huber, Isaiah Hagen, Tom Lovik, Josh Wiest.

Middle row l-r; Victoria Kowalski, Veronica Shockley, Felicia Sampson, LaDonna Rohrbach, Joan Wishek, Carly Sanders, Stacy Wiest, Jo Vilhauer.

Fron row l-r; Carly Schilling, Brenda Dohn, Doreen Sayler, Clarissa Volk, Jamie Vetter, Don Weber.

Not pictured; Jayme Martell, Neil Meidinger, Don Schnering, and Kari Entzi

From the CEO

Hospital Renovation and Upgrades

If you happen to be visiting or are having to use our hospital due to health reasons, you will notice that we are making some significant changes to the patient rooms and hallways.

It all started in mid-July of 2016, when a team from the ND Department of Health performed an infection control assessment of the Wishek Hospital. As a result of this assessment, we were directed to remove the wallpaper in all of the patient rooms as it posed an infection control risk. We formed an internal renovation committee and put together a presentation for the hospital governing board, which not only identified the wall paper issue, but also the outdated condition of our walls, cabinets, lights and floors. Their recommendation was to have Jeremy Rohr, Environmental Department Manager, visit the maintenance engineer at CHI-St. Alexius and gather ideas for bringing our facility up-to-date.

As a result of this visit, not only did we obtain some wonderful ideas, but CHI-St. Alexius had extra material in their inventory from a recent project and graciously donated approximately \$15,000 worth of flooring and \$5,000 worth of vinyl wall covering towards our project. After meeting with numerous vendors, Jeremy put together a projected plan and budget which was approved by the hospital board in September 2017. Before we could go forward, the projected plan had to be submitted to and approved by the ND Department of Health and finally on January 29, 2018 we received notice that the project was approved.

These are exciting times for us and for the patients that we serve. The last time we renovated in the hospital patient care area was in the 1980's which is well over 30 years ago. So to say "it's time" is certainly an understatement. The renovation committee is also spearheading a fundraising drive to assist us with the costs of this project. We will also be using tax mill levy dollars and we have been applying for various grant monies. Recently, we were notified that we will be receiving a \$10,000 grant from the MDU Resource Foundation. If you wish to contribute toward this project, please see page four for more information and please know that your donation is going to a local and worthwhile cause.

In March of 2017, we were awarded the Leona M. & Harry B. Helmsley Charitable Trust Grant in the amount of \$400,000 to purchase a new 64 slice Toshiba CT scanner. We anticipate that this equipment will be available to install in June 2018. The Wishek Hospital Foundation, with funds raised from the fall events, and the Wishek Hospital Ladies Auxiliary have also contributed towards new chairs and bedside tables for the patient rooms as well as the waiting rooms in the clinic and x-ray department. We are so very thankful for these contributions and we commend them in their fundraising efforts as well.

Wishek Hospital has been providing patient care for almost 65 years and we want to continue to do so. On behalf of the hospital governing board and the hospital employees, I want to say "Thank you" for your continuing patronage and contributions. We will be working with the Wishek Hospital Foundation to plan an open house when this project is completed, so that you can walk through and see what your contributions have accomplished.

Bev

Make a Difference Donate!



Since 1954, Wishek Hospital Clinic Association has been committed to providing compassionate and quality health care to generations of area residents. In 2018, the hospital will be renovating its patient rooms. To ensure that the hospital can continue its mission in future years, please consider donating to this renovation project.

Donation levels

- Bronze \$100+
- Silver \$1,000+
- Gold \$3,000+
- Platinum* \$5,000+
- Other -every little bit helps

*Patient Room Sponsor

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All gifts will be acknowledged on our organizational website. All medal level gifts will be acknowledged on a plaque in our hospital foyer. All room sponsorships will be acknowledged at the entrance of the sponsored room. We accept check, money order, or credit card/PayPal through our online donation portal on our website. For additional information or to talk about room sponsorship, contact Megan Rath at (701) 452-3125 or meganr@wishekhospital.com

Donations can be sent to:
 Wishek Hospital Clinic Association
 PO Box 647
 Wishek, ND 58495



Foot and Ankle Specialist To Provide Services at WHCA

Dr. Brian Gale is the newest addition to the visiting providers who provide their services at the Wishek Hospital and Clinics. Dr. Gale is a foot and ankle specialist and will begin seeing patients starting in June.

Dr. Gale received his Doctor of Podiatric Medicine in 1985 from the Pennsylvania College of Podiatric Medicine, in Philadelphia. In 1989 he completed a four-year foot and ankle surgical residency at St. Joseph's Hospital, also in Philadelphia.

After moving to Bismarck ND, he founded Dakota Foot and Ankle in 1993.

Dr. Gale has authored a chapter in McGlamry's Comprehensive Textbook of Foot Surgery, 2nd ed., a leading medical text, published by Williams & Wilkins.


Dr. Gale also authored articles in the Journal of Foot and Ankle Surgery.

The exact dates of Dr. Gale's visits have not been determined, but details will be released soon. For more information, contact us at 452-2326.



Dr. Brian Gale, DPM, FACFAS

Thank You!



STROKE KILLS.

BE FAST! Call 911.

Know the Signs:

Balance	sudden loss of balance or coordination
Eyes	sudden change in vision
Face	sudden weakness of the face
Arms	sudden weakness of an arm or leg
Speech	sudden difficulty speaking
Time	time the symptoms started

During a stroke 32,000 brain cells die every second.

BE FAST!

Call 911.

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All we can say is WOW! We had such a phenomenal turn out for our Taco Fundraiser! We completely ran out of taco shells and fry bread! We are so lucky to live in such a wonderful community and to have such wonderful friends and family who surround us. A HUGE thank you to Pinke Lumber for sponsoring this event! Also a big shout out to all who volunteered and help put this even together, from the planning, to the cooking, to the serving and cleaning - everything was perfect and couldn't have gone off without a hitch without you! Thank you to everyone who came out and supported the WHCA! We appreciate every single one of YOU!



DID YOU KNOW...



We are able to complete your DOT Physical Examinations!

Call today to set up your appointment!

Wishek Clinic (701-452-2326)

Napoleon Clinic (701-754-2322)

Gackle Clinic (701-485-3611)

Kulm Clinic (701-647-2345)

No need to travel far just for lab work. The Wishek Hospital can perform most blood tests for any provider. Call us at 452-2326 for more information.

Contact Us

Wishek Hospital & Clinic
452-2326

Napoleon Clinic
754-2322

Kulm Clinic
647-2345

Gackle Clinic
485-3611

Visit us on the web at
www.wishekhospital.com



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