

FETAL ALCOHOL SPECTRUM DISORDERS RESOURCE LIST

January 2005

SELECTED WEBSITES

Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network

<http://depts.washington.edu/fasdpn>

University of Washington Fetal Alcohol and Drug Unit

<http://depts.washington.edu/fadu>

National Organization on Fetal Alcohol Syndrome

<http://www.nofas.org>

March of Dimes

<http://www.modimes.org>

FAS Community Resource Center

<http://www.come-over.to/FASCRC>

FAS Alaska Project

<Http://www.fasalaska.com>

State of Alaska DHSS Fetal Alcohol Syndrome

<http://www.hss.state.ak.us/fas/>

Fetal Alcohol Syndrome Consultation, Education, and Training Services

<http://www.fascets.org>

Fetal Alcohol Syndrome Family Resource Institute

<http://www.accessone.com/~delindam/index.html>

Foster Parent Little Fox Video Series

<http://www.wa.gov/dshs/trial/fosterparents/littlefox.html>

Sensory Integration Websites

<http://www.sinetwork.org>

<http://home.earthlink.net/~sensoryint>

FASLink Website

<http://www.acbr.com/fas>

FAS Center for Excellence

<http://fascenter.samhsa.gov>

FASWorld Canada

<http://www.fasworld.com>

FASD Resource for Police Officers

<http://www.asantecentre.org/pdf/latestfasguide.pdf>

Teaching Students with Fetal Alcohol Spectrum Disorder

http://www.learning.gov.ab.ca/k_12/specialneeds/fasd.asp

FAS - A Guide for Living: Parenting Children with FASD

http://www.mcf.gov.bc.ca/publications/ecd/fas_guide1.pdf

INTERNET LISTSERVE

FAS Link: List operated by the Canadian Center on Substance Abuse. Address: faslink@list.ccsa.ca
This offers a connection with individuals who have an interest in FAS and the wider range of fetal alcohol effects, including many parents and some professionals. The sponsoring organization, The Canadian Center on Substance Abuse, provides extensive information on issues of substance abuse.

NEWSLETTERS

Iceberg: An educational newsletter for people concerned about Fetal Alcohol Syndrome and Related Conditions. The Iceberg board is composed of parents, professionals of many disciplines, and researchers. The Iceberg offers information that is scientifically based, or presents life experiences that can be useful to others. The Iceberg is now web-based at www.fasiceberg.org
Iceberg P.O. Box 95597, Seattle, WA. 98145-2597 or 206-543-7155

FASTimes: Fetal Alcohol Syndrome Family Resource Institute newsletter.
Obtain by writing to FASTimes P.O. Box 2525 Lynnwood, WA 98036 or 253-531-2878
This is a newsletter from a parent run organization, FASFRI. FAS*FRI offers parent and professional training, parent to parent support and advocacy, information and referral, and publishes the quarterly newsletter, The FASTimes.

FENPEN: Newsletter of the Family Empowerment Network. This is a newsletter from a long-established information and advocacy organization. The information found in this newsletter is timely and accurate. Obtain by writing to 610 Langdon Street, Room 517, Madison, WI 53703 or 1-800-743-4327

BOOKS

Fantastic Antone Succeeds: experiences in educating children with FAS (1993)
Fantastic Antone Grows Up: experiences with Adolescents and Adults with FAS (2000)
Kleinfeld, J & Wescott, S.

Anchorage, AK: University of Alaska Press. These readable books give poignant, instructive, and often positive experiences of parents, educators, therapists, and researchers with alcohol effected children, adolescents, and adults. These stories give hope and intervention ideas.

A Practical Guide for Caregivers of Children, Adolescents, and Adults With Fetal Alcohol Syndrome and Fetal Alcohol Related Conditions LaDue, Robin (2000) Available through Indian Health Service Agencies

The Difficult Child

Turecki, S. (1989)

A useful book for parents raising prenatally substance effected children or children moving through recovery from parental substance abuse, as well as children with difficult behaviors and unsuccessful coping strategies.

Fetal Alcohol Syndrome: A guide for families and communities

Streissguth, A. (1997)

This book has suggestions for all service providers working with this population, including mental health, education, correctional system, health care workers, and so on.

Trying Differently Rather Than Harder

Malbin, D. (2001)

This booklet was written to provide useful information, increase understanding of FAS/ARND, reduce frustration, and develop appropriate intervention and prevention strategies.

Order at 1-503-621-1271 or <http://www.fascets.org>

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction

Kranowitz, Carol Stock (1998)

The first accessible, clearly written guide to Sensory Integration Dysfunction - and a drug-free approach that offers new hope for parents.

Building Bridges Through Sensory Integration

Yack, Ellen; Sutton, Shirley; and Aquilla, Paula (1998)

A wonderfully organized and easily understood book on Sensory Integration Dysfunction with great ideas and interventions.

VIDEOS

Journey Through The Healing Circle

The Little Fox Series

Text by Hartness, C and LaDue, R (2000)

Series of 4 books and videos for use in Fetal Alcohol Syndrome and Effects trainings with foster parents, tribes, school personnel, medical personnel, and clients. These training resources demystify FAS/FAE by using a Native American storytelling format that reaches across all cultural and generational lines. Teaching and learning are accomplished by using animals of the forest as the main characters. The books and videos address the complexities and challenges that make parenting an FAS/FAE child a difficult task and provide valuable information on prevention.

Produced by Washington State Department of Social and Health Services and Division of Licensed Resources and distributed by Department of Alcohol and Substance Abuse (DASA)

Contact DLR at 360-902-7962 or DASA

DIAGNOSTIC CLINICS

Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network

University of Washington

Director: Susan Astley, Ph.D.

206-625-9888 or <http://www.depts.washington.edu/fasdpn>

SUPPORT GROUPS

FASt Friends: A FASD Family and Community Support Network

Locally founded for families and providers by our FAS clinic family advocate, Julie Gelo.

Monthly meetings, trainings, listserv, and FASD Family Summer Camp!

Email: FASDSupport@aol.com

Phone: (206) 940-2832

Listserve: FAStFriends2004@yahoogroups.com