



## ENTRY FEES:

- All race proceeds benefit the Florida Striders Children's Running Program •

	Striders/Military		Non Striders	
Until 2/11	25K: \$40	50K: \$55	25K: \$45	50K: \$60
2/12 - 2/24	25K: \$45	50K: \$60	25K: \$50	50K: \$65
Day of Race	25K: \$55	50K: \$70	25K: \$60	50K: \$75

- The race will be capped at 150 runners, so please sign up early.
- Online registration only at [floridastriders.com/Angrytortoise](http://floridastriders.com/Angrytortoise)
- Day of Race registration (if available) will be open at 6:00AM.
- Performance cotton shirts for all runners.
- Runners entry fee into the forest is covered in the race fee, however spectators will need to pay \$2.00 per person; children under 6 are admitted free.

**Race Director:** Charlie Sauter-Hunsberger  
904-502-9407 • [jaxcharlie@gmail.com](mailto:jaxcharlie@gmail.com).

## AWARDS:

- **Finishers' Awards for ALL Finishers**
- Awards will be given to the top 3 overall male and female winners in both races. In addition, sandbag awards will be given to the last place male and female runners in both races.

## DIRECTIONS:

- **Please follow these directions as GPS may take you to the wrong place.**
- The Race is held at Cary State Forest
- Head North on US 301, 6 miles past Baldwin
- Turn right onto Pavilion Rd (Just past the Fire Station, look for the flashing light)
- Parking will be just ahead on the right  
The Start/ Finish area will be at the Pavilion

## PACKET PICKUP

Packet Pickup is day of race only. Packet pickup starts at 6AM at the Pavilion. Please make sure you arrive in time to pick up your shirt and put your bib on before the race start.

## COURSE/TIMING:

### RACE START - 7:00AM

The course is one 25K loop. The 50K runners will complete the loop at the start/finish area, before heading out for the exact same course on the second loop.

The Race will be timed manually.

The start will be on Pavilion Rd where the trail from the pavilion meets the road. The Finish line, and 50K turn around spot, will be at the Pavilion.

The course has a 8 hour time limit for both races. Runners not off course in 8 hours will be given the option to ride in with the sweep vehicle, or continue on their own in an unsupported fashion (counted as a DNF).

The entire course is on forest service roads, that can at times be rutted and uneven. Appropriate footwear should be worn. There is zero pavement; the course is run on 100% dirt forest service roads.

Given the public nature of the land, it will be impossible to entirely close off the course from other day users, therefore it is the runners responsibility to be aware of, among many other unpredictable events, horses, vehicles, snakes, alligators, and other wild animals.

In the event of emergency, the runner should proceed to the nearest course marshal, aid station, or the start/finish line for emergency.

There will be one aid station, conveniently located between 3.5 miles and 5.6 miles apart.

Due to Florida's unpredictable weather and the distance between aid station stops, all runners will be required to run with a water bottle, and it is the runner's responsibility to provide said water bottle. This will be a **cup free** race.

This race meets the American Trail Running Association standards. You can find more information on their website at [www.trailrunner.com](http://www.trailrunner.com)

## SPONSORS:

