

Training Session 4: Parenting Challenges and Preventing Illness

Teen Parent Peer Counselor Program

Enhanced Well Child Care

Infants: Stages of Development and Safety

New born infants:

- Heat Rashes
- Umbilical Care
- Smothering Danger
- Cleaning Skin
- Cleaning Nose
- Malaria Bed nets
- Fever = DANGER

Children from 3 months to 1 year

- Malaria
- Runny stomach
- ORS and dehydration
- Cough/cold,
- Dirt & germs/worms
- Rolling and falling
- Smoke hurts their lungs

Dangers & Illness for 1-2 years

- car/motor bikes
- cook pots & burns,
caustic and lye
- Storage of medications
- Cleaning teeth
- Safe toileting
- Handwashing
- Skin sores and cuts

Helping your child to grow up to be quick to learn and know how to control themselves

- Songs
- games
- Read to them
Talk, talk, talk..
- Talk about feelings...“Oh, you seem sad” ... “Oh, you are happy”
- Give praise when they do good things

What are safety problems you see in your house/community?

Prevention of malaria, use of bednets

- Where can you get bednets
- How do you use bednet
- No standing water in buckets/ditches

First Aid Kits: Home treatment for: skin cuts and sores

First Aid Kits: Home treatment for fever, diarrhea & vomiting

Home treatment for colds, small cough

When to go to the doctor?

How Can You Prevent Ebola?

- What is Ebola
- How are people sick with Ebola
- How do People can Ebola
- What can you do protect your family
- What can you do if someone has Ebola

Resources

- Simple safe toys (coconut shells, rattles)
- Home first Aid kits with ORS packets, nasal bulb syringes, bandaides, antibiotics
- Ebola comic books: Survivors Story