

Summer Waters LAc, NTP, CGP

Welcome Packet

RECLAIMING & SUSTAINING YOUR HEALTH

We are excited to help you on your journey to sustainable health. To help empower and partner with you, we ask that you take the time to complete our New Patient Intake documentation. These forms provide us with an overall summary of your health and an introduction to your health concerns. They provide you with information regarding your rights as a patient, our policies, and the opportunity to give informed consent for our services. This Welcome Packet includes below copies of all the documents included in the New Patient Intake documentation that we will ask you to sign: Pricing and Financial Information; Informed Consent for Treatment; and Binding Arbitration Agreement. Please keep these documents for your records.

Sincerely,

A handwritten signature in blue ink that reads "Summer". The signature is written in a cursive, flowing style.

Summer Waters, LAc, NTP, CGP

PRICING and FINANCIAL POLICY

<i>Service</i>	<i>Fee</i>	<i>Hardship Scale</i>
Comprehensive Consultation for Chronic Conditions - includes initial 2 hour intake and 1-hr follow up consultation	\$245	\$ 215
Initial New Patient/ Reinstatement Consultation (in-person or at-a-distance)	\$170	n/a
Follow-up Consultation (in person)	\$85	\$65 to \$80
Follow-up Consultation (at-a-distance)	\$75	\$55 to \$70

MAKING PAYMENTS:

- ☛ *Payment for services and Wellness Shop items are due at or before time of service (cash, check, credit or debit card)*
- ☛ *Wellness Shop charges are separate from fees for service.*
- ☛ *No returns are allowed on compounded pharmacy (tincture, creams, etc.), special orders or opened items.*
- ☛ *Please make all checks payable to Summer Waters, LLC.*
- ☛ *Visit www.SummerWaters.com/payments to make your payment online with Visa, Mastercard, American Express or Discover.*
- ☛ ***At-a-distance patients need to make their payment the day before their scheduled appointment** by visiting the link above and entering the required information. Proof of your payment will be automatically received by our office.*

UNDERSTANDING THE HARDSHIP SLIDING FEE SCALE

Summer recognizes that we are all governed to some extent by our personal economy. Unfortunately for many, one of the first areas to suffer is our healthcare. While cutting healthcare may reduce our budgets a little in the short term, in the long run it is very costly—we commonly develop chronic conditions and acute issues can worsen.

Summer wants you to take care of your health and to help you she developed a sliding fee scale. If you are under financial duress, you may choose to pay any amount between the lower sliding scale price listed on the fee schedule. If you feel you do not need the full hardship discount you may pay anywhere upwards of the base hardship fee. Unlike many medical practices, Summer does not require you provide documentation of your financial hardship. She trusts your integrity and knows you will only use the sliding fee scale if you need it. If a patient abuses the hardship sliding fee scale, Summer reserves the right to discontinue care.

CANCELLATION POLICY:

We require 24 hours notice for cancellation of an appointment. Call 541-326-8952 for any appointment cancellations or changes. **Do not cancel by email.**

All appointments cancelled with less than 24 hours notice or missed appointments are subject to a \$35.00 fee.

For information about cancellations or refunds on programs, please see the program materials.

REINSTATEMENT CONSULTATION:

If a patient has not been seen by Summer for a consultation for one calendar year or is not currently enrolled in a SAVOR YOUR HEALTH program, the patient requires a reinstatement consultation. Our health is fluid and many aspects of it can change in a year. This reinstatement is to ensure Summer has the current health information necessary to optimize your treatment.

RETURNED CHECK FEE:

There is a \$35 fee on all returned checks. This is to cover bank fees charged in the event of a returned check.

INFORMED CONSENT for TREATMENT

I, hereby request and consent to the performance of acupuncture treatments and other procedures that are within the scope of practice of acupuncture on me (or for the patient named below, for whom I am legally responsible) by Summer Waters, LAc., NTP, CGP. I understand that methods of treatment may include, but are not limited to, acupuncture, Far Infra-Red (FIR) heat therapy, Cranial Electrotherapy Stimulation (CES), Chinese herbal medicine, nutritional supplements, and lifestyle and nutritional counseling. I understand that I have the right to refuse any or all treatments recommended to me by Summer Waters, LAc, NTP, CGP.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although Summer Waters, LAc, NTP, CGP, uses sterile disposable needles and maintains a clean and safe environment. Burns and/or scarring are a potential risk of heated lamp therapy. I understand that while this document describes the major risks of treatment, other side effects and risks may occur.

I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may have an unpleasant smell or taste. I will immediately notify Summer Waters, LAc., NTP, CGP, of any unanticipated or unpleasant effects associated with the consumption of the herbs. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. I will notify Summer Waters, LAc., NTP, CGP, if I am pregnant, become pregnant, or am trying to become pregnant. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue.

I agree to keep Summer Waters, LAc, NTP, CGP, informed of any changes in my medical condition. I do not expect Summer Waters, LAc, NTP, CGP, to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on Summer Waters, LAc., NTP, CGP, to exercise judgment during the course of treatment she thinks at the time, based upon the facts then known, is in my best interest. I acknowledge that my condition and the potential benefits of acupuncture have been discussed with me. I have had the likelihood of success explained to me, and I understand that results are not guaranteed, and that my participation in my own treatment and quantity of treatments may significantly influence the outcome and results.

BINDING ARBITRATION AGREEMENT

Article 1: **Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by Oregon law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: **All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the health care practitioner, including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care practitioner, and the practitioner's partners, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for the loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the health care practitioner to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

Article 3: **Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counseling fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, nor supplant, any other applicable statutory or common law.

Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity, which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

Article 4: **General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received the claim, if asserted in a civil action, would be barred by the applicable Oregon statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to

any matter not herein expressly provided for, the arbitrators shall be governed by the Oregon Code of Civil Procedure provisions relating to arbitration.

Article 5: **Revocation:** This agreement may be revoked by written notice delivered to the health care practitioner within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

Article 6: **Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

_____ Effective as of the date of first medical services.

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.