

Something Sweet

Freshly Baked Cookies	1.50
<i>Assortment – Fresh Daily!</i>	
Suggie's Brownies	1.95
Yummy Dessert Bars	1.95
Dessert of the Day	3.95

Ask for our Dessert of the Day!

Beverages 1.50

Lyn's Mint Tea, Freshly Brewed Sweet & Unsweet Luzianne Tea, Bottled Water, Soft Drinks, Coffee, Beer & Wine

*Enjoy a glass of wine with lunch
Or pick up a bottle to go with your evening entree.
We will be happy to special order
any of your favorite wines
and offer a discount for case purchases!*

WINE TASTINGS EVERY 1st & 3rd Thursday 5:30 - 7

Need More?

Lyn's Homemade Veggie Soup/ Daily Soup	10.00 qt
Chicken Salad	13.95 lb.
Shrimp Salad	16.95 lb.
Mediterranean Chicken Salad	14.95 lb.
Chicken Tortellini Salad	13.95 lb.
Tuna Salad	13.25 lb
Egg Salad	13.25 lb.
Don's Pimento Cheese	12.25 lb.
Indian Harvest Salad	9.25 lb.
Rotini Vegetable Pasta Salad	9.25 lb.
Dilled New Potato Salad	8.95 lb.
Fruit Salad	8.95 lb.
Lyn's Homemade Garlic Pickles 6.00 lb.	12.00 qt.
Fresh Baked Muffins	1.95 ea.
Fresh Baked Croissants	1.95 ea.
Lyn's Tea Gallon	10.00

*Let us make you whole pies and cakes –
sometimes they are on hand -
with 72 hours notice we'll bake what you need!*

Evening Entrée's to Go!

Each day we prepare an evening entrée to generously serve 2 for you to pick up and simply reheat at home.

We even suggest a wine pairing!

The week's entrees are listed at lynskitchen.com

Enjoy our Patio

For Lunch - Saturday Brunch or
Wine in the Afternoon

Gourmet Food & Wine Gift Baskets

Let us design fabulous gift baskets for you filled with gourmet goodies, wine, cheese – freshly baked goods – special for any occasion!

All wrapped up as only we can do!

We will be happy to ship and deliver for you!

Quick Fix Freezer!

Check our freezer for casseroles, desserts, soups, homemade rolls, hors d'oeuvres, cinnamon rolls and more!

Catering!

We can help you with any event – meetings, parties, receptions, breakfast, luncheons & dinners.

We can deliver and set up or fully staff.

From 2 to 600,

Lyn's Gracious Goodness can make everything, beautiful, elegant, delicious and easy for you with our complete catering staff.

Owner – Lyn Newcomb Wiginton

Executive Chef – Becky Lochner
Chef – Demetrius Rudolph



Gracious Goodness

Eat In or Carry Out

Monday thru Friday 7 - 6

Saturday 10 - 2

Closed Sunday

Breakfast & Lunch

*Catering – Boxed Lunches – Trays
Daily Entrées To Go – Frozen Casseroles
Gourmet Wine & Gift Baskets*

Free WI FI

2306 Whitesburg Drive
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256.533.2607 Fax 256.533.2139
www.lynskitchen.com

Gracious Southern Cooking
the way it was meant to be.

Salads

Mediterranean Chicken Salad	5.95
Our light salad of chicken, grape tomatoes, capers, black olives and tiny green beans with a touch of vinaigrette – no mayo! Served on a bed of greens.	
Chicken Caesar Salad	8.95
Crisp Romaine, freshly grated parmesan cheese, sliced chicken breast & croutons with Lyn's Caesar Dressing on the side.	
Beth & Jean's Beef Tenderloin Salad	10.95
Fabulous Beef Tenderloin cooked rare on fresh spring greens, crumbled blue or feta, garden toppings and choice of dressing.	
Strawberry Crunch	7.25
Fresh mixed greens with fresh sliced strawberries, red onions, toasted almonds, feta cheese & Raspberry Vinaigrette on the side	
Twickenham Cobb	8.95
Our version of a Cobb Salad. Spring Mix, diced turkey, chopped tomatoes, bacon, green onions, and egg salad on crumbled blue cheese.	
Chicken Tortellini Salad	5.95
Cheese Tortellini with poached chicken breast, fresh peas & our creamy herb pesto dressing.	
Ménage a Trois	9.50
Choice of any 3 salad or sides on a bed of mixed greens. <i>Choice of any 2 salads or sides on a bed of mixed greens</i>	
Chicken Salad & Tomato Aspic Plate	8.50

Simple Goodness Salads

Chicken Salad	5.50
Freshly diced chicken breasts with celery, Hellmann's and a few secrets on spring mix greens.	
Shrimp Salad	7.25
Freshly boiled shrimp in a zesty French Quarter dressing, celery & green onions on spring mix. <i>Great on a Croissant!</i>	
Tuna Salad	5.25
Solid white albacore tuna, a touch of lemon juice, hard boiled eggs, sweet relish & Hellmann's served on spring mix greens.	

Lyn's Homemade Dressings

Basil Buttermilk, Caesar, Balsamic Vinaigrette, Blue Cheese, Ranch, Round Hill Thousand Island & Raspberry Vinaigrette

Watch for
Special Salads of the Season

Soups

Lyn's Vegetable Soup	
Made with okra, corn, onions & tomatoes in rich chicken stock	
Served with Corn Muffins	3.50
Add soup to any salad or sandwich	2.50

We always have a delicious Soup of the Day!

Sandwiches we Love

Alex's Beef Tenderloin Sandwich	8.75
Dr. Vasquez' favorite – Fabulous Beef Tenderloin cooked rare And served on 15 grain bread with mustard, lettuce & tomato. Lyn's way – Homemade Blue Cheese/ no mustard	
Carl John's Fried Bologna	6.25
Old fashioned rag bologna, pan fried with Hellmann's, mustard, melted hoop cheese and toasted country white bread with lettuce & tomato <i>Allow 10 minutes for pan frying</i>	
Tod's Hot Horsey Roast Beef	7.25
Thinly Sliced Roast Beef on a grilled Kaiser Roll with Creamy Horseradish Sauce, Saute of Red Onions & Smoked Fontina – Dodgen's Favorite	
LeeLee's Ham & Cheese Panini	6.25
From the streets of the Left Bank – Black Forest Ham, Provolone, Dijon Mustard & a drizzle of Olive Oil on a Baguette <i>Allow 10 minutes for pressing</i>	
Tomato, Mozzarella & Basil Panini	6.25
Exactly that drizzled with olive oil. <i>Allow 10 minutes for pressing</i>	
Reuben	7.50
Delicious corned beef, sauerkraut, Swiss cheese, & Round Hill Thousand Island Dressing on Rye. <i>Allow 10 minutes for grilling.</i>	
Drew & Sarah's Chicken Pita	6.50
Pita Bread filled with seared chicken, peppers, onions & spices, topped with shredded cheese, chopped lettuce & tomatoes & served with Ranch on the side. <i>Allow 10 minutes for grilling.</i>	
Turkey BLT	6.25
Smoked Turkey breast, apple wood smoked bacon, sliced tomato, lettuce, Lyn's herbed mayonnaise on toasted sourdough. <i>Allow 10 minutes for toasting.</i>	

All sandwiches served with our Homemade Garlic Pickles

Check for our Hot Lunch Daily Special

What's good at the market – what we're in the mood for – What sounds good with the weather – We decide that morning!
Specials are updated daily at lynskitchen.com

Simple Goodness Sandwiches

Our sandwiches can be made on White, Wheat, Sourdough, Rye or Croissant

Chicken Salad	5.95
Fresh all white chicken breasts with celery, Hellmann's and a few secrets	
Tuna Salad	5.75
Solid White Albacore tuna with celery, hard boiled eggs, Hellmann's & lemon juice	
Egg Salad	5.75
Finely chopped hard boiled eggs, chopped celery, a touch of green onions & Hellmann's	
Don's Pimento Cheese	5.25
The doctor's recipe with sharp & Vermont White Cheddar cheeses, roasted pimentos, Hellmann's & freshly cracked pepper.	
Try grilled with Applewood Smoked bacon & tomato	5.95

All Simple Goodness sandwiches served with our
Homemade Garlic Pickles

Sides:

Tomato Aspic	2.25
A Southern favorite – congealed spicy tomato juice with a dollop of Lyn's Basil Mayonnaise	
Indian Harvest Salad	2.95
Pearl Pasta, Grains, Ratatouille vegetables & Asiago Cheese in a light Vinaigrette	
Rotini Salad	2.95
Tri Color Rotini pasta with sun-dried tomatoes, marinated artichokes, toasted pine nuts & herbs in vinaigrette.	
Dilled New Potato Salad	2.25
Red Potatoes & green onions with cayenne and our special dilled mayonnaise.	
Green Side Salad	3.25
Fresh Spring Green and choice of toppings & Dressing	
Fresh Fruit	2.95
Deviled Eggs (They're famous!) ½	1.00
Chips	1.00

For “Little Ones” at Lyn's

Peanut Butter & Jelly	3.25
Grilled Cheese	3.25