

LRNSC 10km & 5km Time Trial Final Results - 24/9/17

Senior Women 10.5km

Pos	No.	Name	Laps	Total Tm	Total dista	Club
1	31	Fern Cates	7	24:42.7	10.5	MIDLANDS
2	26	Steph Cook	7	27:45.2	10.5	LONDON HYDE PARK
3	7	Nicole Lunstead	7	27:57.7	10.5	LONDON HYDE PARK
4	41	Sophie Townend	7	28:59.9	10.5	Unaffiliated [RAF]
5	9	Alison McKinlay (M)	7	29:39.4	10.5	LRNSC
6	15	Amanda Richardson (V)	7	32:11.4	10.5	LONDON HYDE PARK
7	42	Mary Wray(V)	7	33:55.2	10.5	LRNSC

Senior Men 10.5km

1	38	Iain Ballentine	7	22:58.2	10.5	LONDON HYDE PARK
2	33	Patrick Rodwell	7	23:26.8	10.5	LONDON HYDE PARK
3	24	Szymon Orłowski	7	23:53.0	10.5	LRNSC
4	30	Jordan Andrews	7	23:59.5	10.5	LONDON HYDE PARK
5	13	Grzegorz Motyka (M)	7	24:21.0	10.5	LONDON HYDE PARK
6	45	Alexander Bessarab (M)	7	24:24.5	10.5	LONDON HYDE PARK
7	11	Koen Pouwels	7	24:33.3	10.5	LONDON HYDE PARK
8	17	Steve Perry (M)	7	24:52.1	10.5	Unaffiliated [RAF]
9	20	Adam Pinney (M)	7	24:59.4	10.5	YORKSHIRE DALES
10	3	Lars Wikstrom (M)	7	25:06.5	10.5	LRNSC
11	21	Toby Rose	7	25:15.3	10.5	Unaffiliated [RAF]
12	12	Marek Pasterny (M)	7	25:35.5	10.5	LONDON HYDE PARK
13	25	Malcolm Lea (M)	7	26:20.9	10.5	LONDON HYDE PARK
14	14	Carsten Uth (M)	7	27:28.8	10.5	LONDON HYDE PARK
15	1	Grzegorz Stasik (M)	7	28:10.3	10.5	LRNSC
16	10	Andrzej Bojarski (M)	7	28:20.5	10.5	LRNSC
17	29	Scott Thompson (M)	7	29:01.8	10.5	LONDON HYDE PARK
18	6	Julian Franklin (M)	7	30:31.0	10.5	LRNSC
19	39	Andrew Goodwin (M)	7	32:03.2	10.5	Unaffiliated
20	32	Peter Drew (M)	7	33:58.5	10.5	CAMBRIDGE
21	22	Jan Moller	7	34:39.4	10.5	LONDON HYDE PARK
22	45	Radek Berka (M)	7	37:49.0	10.5	LONDON HYDE PARK
23	18	Bjarne L. Tofte (M)	7	38:30.8	10.5	LRNSC
24	8	David Palmer (M)	7	40:30.5	10.5	LRNSC
25	28	Greg Barnes (M)	7	43:59.8	10.5	LRNSC
26	23	Ben Montilla	7	04:27.4	10.5	LRNSC
27	34	Anders Soderback (M)	6	23:08.4	9	LRNSC

Senior Men 4.5KM

1	19	Barnaby Norman (5km)	3	23:56.3	4.5	Unaffiliated
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Senior Women 4.5KM

1	44	Andrea Elizabeth Aires	3	21:29.8	4.5	LRNSC
2	16	Megan Campbell (M)	3	28:42.6	4.5	LRNSC

3KM RACE UNDER 14 MALE

1	61 Noah Barnes (3km)	2	27:18.0	3 LRNSC
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4.5KM UNDER 14 MALE

1	65 Tristan Marshall (5km)	3	14:16.0	4.5 LONDON HYDE PARK
2	60 Haakon Leonard Aegesen	3	14:17.2	4.5 LRNSC

4.5KM MALE 14 -17 YEARS

1	63 Joseph Rosenfeld (5km)	3	10:15.0	4.5 LONDON HYDE PARK
2	58 Sam Bojarski (5km)	3	16:04.8	4.5 LRNSC

4.5KM UNDER 14 FEMALE

1	64 Jasmine Uth (5km)	3	16:22.1	4.5 LONDON HYDE PARK
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4.5KM FEMALE 14 -17 YEARS

1	62 Beth Ireland (5km)	3	15:18.8	4.5 LRNSC
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