

Time Trial, Bridge of Don, 29th February 2004

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| SARAH | ANDERSON | 50 | BACK | 39.29 | JOHN | BRUCE | 50 | BACK | 1:06.73 |
| SARAH | ANDERSON | 200 | BREAST | 03:20.05 | JOHN | BRUCE | 25 | BREAST | 30.41 |
| SARAH | ANDERSON | 50 | FREE | 37.10 | JOHN | BRUCE | 25 | FLY | 36.94 |
| SARAH | ANDERSON | 200 | I.M. | 03:08.42 | GRAHAM | BRUNO | 50 | BREAST | 43.80 |
| LAURA | BARRIE | 50 | BREAST | 42.80 | GRAHAM | BRUNO | 200 | BREAST | 3:22.80 |
| LAURA | BARRIE | 100 | BREAST | 01:35.16 | GREG | CUMMINE | 200 | BREAST | 3:21.92 |
| LAURA | BARRIE | 50 | FREE | 40.32 | GREG | CUMMINE | 100 | FLY | 1:33.00 |
| STEVIE | BRANDS | 50 | BREAST | 01:02.29 | GREG | CUMMINE | 50 | FREE | 36.76 |
| STEVIE | BRANDS | 25 | BREAST | 27.67 | GREG | CUMMINE | 200 | FREE | 2:57.18 |
| STEVIE | BRANDS | 50 | FREE | 53.03 | JOSHUA | DEWSBURY | 200 | BREAST | 3:48.80 |
| EMMA | BRUCE | 50 | BACK | 59.76 | JOSHUA | DEWSBURY | 100 | FLY | 1:51.41 |
| EMMA | BRUCE | 50 | BREAST | 01:01.60 | JOSHUA | DEWSBURY | 50 | FREE | 41.99 |
| KAROLINE | BRUNO | 50 | BREAST | 50.03 | JOSHUA | DEWSBURY | 200 | FREE | 3:16.67 |
| KAROLINE | BRUNO | 200 | BREAST | 03:44.03 | CALLUM | FOWLER | 50 | BACK | 52.05 |
| KAROLINE | BRUNO | 50 | FREE | 39.85 | CALLUM | FOWLER | 25 | FLY | 31.57 |
| KAROLINE | BRUNO | 200 | I.M. | 03:26.32 | CALLUM | FOWLER | 50 | FREE | 52.40 |
| SHANNON | CORDINER | 50 | FLY | 46.59 | CONOR | GAULT | 100 | BACK | 1:47.05 |
| SHANNON | CORDINER | 100 | FLY | 01:45.86 | CONOR | GAULT | 50 | BREAST | 54.79 |
| SHANNON | CORDINER | 100 | FREE | 01:28.03 | CONOR | GAULT | 100 | FLY | 2:14.23 |
| KENDALL | DEANS | 100 | FLY | 01:49.26 | STEVEN | LESLIE | 100 | BACK | 1:40.48 |
| KENDALL | DEANS | 100 | FREE | 01:30.00 | STEVEN | LESLIE | 50 | FLY | 46.89 |
| KENDALL | DEANS | 200 | I.M. | 03:34.10 | STUART | MCINTOSH | 100 | BACK | 1:34.76 |
| DANIELLE | DEWSBURY | 50 | BACK | 47.57 | STUART | MCINTOSH | 50 | BREAST | 50.63 |
| DANIELLE | DEWSBURY | 50 | FLY | 47.00 | STUART | MCINTOSH | 100 | FLY | 1:48.29 |
| DANIELLE | DEWSBURY | 100 | FLY | 01:55.26 | MATTHEW | ROSS | 25 | BACK | 33.54 |
| DANIELLE | DEWSBURY | 200 | I.M. | 03:35.00 | MATTHEW | ROSS | 25 | BREAST | 34.04 |
| JENNIFER | FALCONER | 50 | BACK | 47.57 | MATTHEW | ROSS | 50 | FREE | 1:11.10 |
| JENNIFER | FALCONER | 100 | FLY | 01:50.76 | DAVID | SCOTT | 25 | BACK | 34.86 |
| JENNIFER | FALCONER | 4x25 | I.M. | 01:45.75 | DAVID | SCOTT | 25 | BREAST | 37.10 |
| SOPHIE | GAULT | 25 | BACK | 32.54 | DAVID | SCOTT | 25 | FREE | 32.11 |
| SOPHIE | GAULT | 25 | BREAST | 47.86 | JAMIE | SMITH | 50 | BACK | 41.82 |
| SOPHIE | GAULT | 25 | FREE | 29.53 | JAMIE | SMITH | 200 | BREAST | 3:20.82 |
| KIRSTEN | MCINTOSH | 25 | FREE | 28.92 | DANIEL | SMITH | 25 | BREAST | 36.51 |
| KIRSTEN | MCINTOSH | 25 | FREE | 29.36 | JAMIE | SMITH | 100 | FLY | 1:53.55 |
| HANNAH | MCKENZIE | 50 | BACK | 45.70 | DANIEL | SMITH | 25 | FLY | 33.10 |
| HANNAH | MCKENZIE | 50 | BREAST | 53.42 | JAMIE | SMITH | 200 | FREE | 3:08.92 |
| HANNAH | MCKENZIE | 100 | FLY | 01:46.19 | DANIEL | SMITH | 25 | FREE | 22.06 |
| ELLEN | NICOL | 200 | BREAST | 03:45.26 | CHRISTOPHER | STIRLING | 50 | BACK | 40.45 |
| ELLEN | NICOL | 100 | FLY | 01:44.92 | CHRISTOPHER | STIRLING | 200 | BREAST | 3:42.76 |
| ELLEN | NICOL | 100 | FREE | 01:22.54 | CHRISTOPHER | STIRLING | 200 | FREE | 2:58.23 |
| FREYA | NICOL | 50 | BACK | 01:02.29 | ROSS | STIRLING | 50 | BACK | 53.74 |
| FREYA | NICOL | 50 | BREAST | 01:06.36 | ROSS | STIRLING | 50 | BREAST | 1:21.11 |
| FREYA | NICOL | 25 | FLY | 28.78 | ROSS | STIRLING | 50 | FREE | 48.79 |
| FREYA | NICOL | 50 | FREE | 53.03 | | | | | |
| FOLU | OLUFEMI | 25 | BACK | 27.45 | | | | | |
| FOLU | OLUFEMI | 50 | BREAST | 01:29.54 | | | | | |
| FOLU | OLUFEMI | 25 | FREE | 27.95 | | | | | |
| ELLIS | PATERSON | 50 | BACK | 47.60 | | | | | |
| ELLIS | PATERSON | 50 | BREAST | 58.10 | | | | | |

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| ELLIS | PATERSON | 100 | FLY | 01:57.95 | | | | | |
| EMMA | PATERSON | 50 | BACK | 52.48 | | | | | |
| EMMA | PATERSON | 50 | BREAST | 01:14.89 | | | | | |
| EMMA | PATERSON | 25 | FREE | 22.20 | | | | | |
| HANNAH | PATERSON | 100 | BACK | 01:39.07 | | | | | |
| HANNAH | PATERSON | 50 | FLY | 48.38 | | | | | |
| HANNAH | PATERSON | 4x25 | I.M. | 01:43.00 | | | | | |
| RUTH | PATERSON | 50 | BACK | 01:00.54 | | | | | |
| RUTH | PATERSON | 50 | BREAST | 01:12.00 | | | | | |
| RUTH | PATERSON | 50 | FREE | 53.13 | | | | | |
| LAUREN | POTTS | 50 | FREE | 42.16 | | | | | |
| LAUREN | POTTS | 100 | FREE | 01:37.03 | | | | | |
| GEMMA | RICKABY | 50 | BACK | 01:04.66 | | | | | |
| GEMMA | RICKABY | 50 | BREAST | 01:31.70 | | | | | |
| LAURA | RIDDOCH | 50 | BACK | 01:16.80 | | | | | |
| LAURA | RIDDOCH | 25 | BREAST | 33.38 | | | | | |
| LAURA | RIDDOCH | 50 | FREE | 01:03.42 | | | | | |