

Rotherham Metro Long Course Open, 24th & 25th April 2004

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|---------|----------|-----|--------|---------|--------|
| FRASER | RIDDOCH | 100 | BACK | 1:26.43 | |
| FRASER | RIDDOCH | 200 | BACK | 3:00.87 | |
| FRASER | RIDDOCH | 100 | FLY | 1:29.27 | |
| FRASER | RIDDOCH | 200 | FLY | 3:17.04 | |
| FRASER | RIDDOCH | 100 | FREE | 1:14.95 | |
| FRASER | RIDDOCH | 200 | I.M. | 3:07.13 | |
| IAIN | TOUGH | 50 | BACK | 31.21 | |
| IAIN | TOUGH | 100 | BACK | 1:05.75 | Heat |
| IAIN | TOUGH | 100 | BACK | 1:05.23 | Final |
| IAIN | TOUGH | 200 | BACK | 2:17.51 | Silver |
| IAIN | TOUGH | 50 | FREE | 26.22 | |
| IAIN | TOUGH | 100 | FREE | 56.27 | Heat |
| IAIN | TOUGH | 100 | FREE | 57.08 | Final |
| IAIN | TOUGH | 200 | FREE | 2:07.49 | |
| | | | | | |
| FIONA | ANDERSON | 50 | BACK | 40.87 | |
| FIONA | ANDERSON | 200 | BACK | 3:02.19 | |
| FIONA | ANDERSON | 50 | BREAST | 47.04 | |
| FIONA | ANDERSON | 100 | BREAST | 1:42.42 | |
| FIONA | ANDERSON | 200 | FLY | 3:23.64 | |
| DEBORAH | MOORE | 100 | BACK | 1:12.29 | |
| DEBORAH | MOORE | 50 | FREE | 28.65 | Gold |
| DEBORAH | MOORE | 100 | FREE | 1:01.95 | Heat |
| DEBORAH | MOORE | 100 | FREE | 1:01.93 | Final |
| DEBORAH | MOORE | 200 | FREE | 2:20.26 | |
| DEBORAH | MOORE | 400 | FREE | 4:49.31 | |
| EMMA | MOORE | 100 | BREAST | 1:35.39 | |
| EMMA | MOORE | 100 | FLY | 1:20.61 | |
| EMMA | MOORE | 200 | FREE | 2:32.96 | |
| EMMA | MOORE | 400 | I.M. | 6:05.08 | |