

We Serve - 50 Years and Beyond: **Diabetes Awareness Month**

Sharon Rollins, Foundation Chair

Recently I read a frightening health article describing the amounts of free sugar in the foods we Americans unknowingly include in our daily diet.Iwasamazed-anddisconcerted-todiscover that my favorite fat-free, fruit-flavored yogurt has nearly my full day's allowance of sugar, in a

6 ounce cup! Given that yogurt is considered a healthy food, it became apparent to me how very difficult it must be to control sugar in a diabetic diet. Diabetes is increasing at an alarming rate among folks of all ages, and our food sources are certainly somewhat to blame.

November is Diabetes Awareness Month, and now, more than ever, the service that our MHSU screenings offer is of critical importance in the programs offered for awareness of this condition. A gentleman recently called Eliza Boné at the Foundation office to tell her that he had attended a community MHSU screening and found out that his glucose level was well above the normal range - 276 fasting! He told Eliza that "the knowledge was life-saving and really appreciated what [we] all do!" The MHSU units will continue to offer this service, with Lions and community members as the volunteers, provided the funds are available to keep the program in action.

November also brings the annual fundraising radiothon for the KEX Kids Fund (see dates and times on page 12), the source of support for the eyeglass needs of children in NW Oregon and SW Washington. Diabetes awareness fits into this program as well because early detection of high glucose levels can prevent or slow the visual complications associated with juvenile diabetes. The KEX Kids Fund is finding it more difficult to raise the necessary funds to provide eyeglasses to children (now \$125 per child), who are referred to the program by school nurses. Support of the radio-a-thon is the base funding of the mission of this wonderful program, so please share it with your family and friends as you enjoy that piece of pumpkin pie (sugar-free?) on Thanksgiving!

Gifts & Memorials

After reviewing the categories used for the generous gifts submitted by individuals, clubs and organizations, we felt it was important to recognize not only donors, but their contribution level.

The memorial category has remained the same. The following are the new gift donation levels for September 1-30, 2009 only:

Lion King/Queen: \$5,000 & above

Dr. Yujen Wang, Oregon Retina Specialists

Lion Heart: \$2,500 - \$4,999 Lions Eye Bank of Oregon

Lion Pride: \$1,000 - \$2,499

Colan Slaght Dan Vega Roofing George DeHart Hillside Chapel Stanley B. Nagel St. Helen's Lions Club Lion Donor - \$1 - \$99 Victor De'Prey Al Scott

Memorial Gifts

In memory of Betty Lou Curtis R.E. Walker In memory of Bob Blaser Art & Jean Rotter In memory of Bryan Jeong Judith M. Giorgi In memory of Bud Farm Anita Harris Barbara Westby



Deora Holms Leaves a Legacy

Glen Gilbert, Executive Director

Deora was not a Lion, but she had a Lion's Heart. Earlier this year, Deora passed away and left her entire estate to the Oregon Lions Sight & Hearing Foundation... over \$300,000 in annuities, life insurance and savings. Her generous gift is going

to our Endowment to help fund our programs forever. How did this incredibly generous gift come about?

Deora had advanced macular degeneration and every year she attended a picnic the local Lions Club in Eugene organized for people with vision problems. Her husband preceded Deora long ago and they did not have any children. She was not a wealthy woman but she was rich in kindness and generosity. When it came time to revise her will, Deora professed her desire



to help an organization dedicated to preventing blindness and helping people with vision problems. With the help of Past OLSHF Chair Don Bowers, PCC, Clyde Wood, PCC, and John Horn, a member of the Eugene Downtown Lions Club, Deora Holms donated her estate to the Foundation.

Why put this generous gift into our Endowment?

About 15 years ago, Lions with foresight and a desire to provide a means for supporters to provide a lasting legacy to the Foundation, created the Endowment. In the 1990s, approximately \$850,000 was contributed to the Endowment through several estate gifts like Deora Holm's. Those gifts have grown to an amazing \$3.5 million through wise investment, but that is not the best news. Every year, we use 5% of the fund to help pay for our programs. This year, that amount is \$183,861. In 15 years, we have received back our initial investment of \$850,000...and still have \$3.5 million in the fund. That is the power of Planned Giving.

For several years, our planned giving program has been less active, but no longer. The Foundation is ramping up to provide this generation of Lions and non-Lion supporters the opportunity to continue to build our Endowment through planned giving. Fifteen years from now, those "we serve" will be grateful for your foresight and generosity. There are many ways planned giving can be accomplished. For information about how you can achieve a lasting legacy, please contact Doug Thompson at doug.thompson@orlions.org or (503) 413-7399. In the meantime, I encourage you to make your Memorial wishes known to the Foundation. If you want loved ones to make a Memorial contribution to the Foundation in your honor "in lieu of flowers," please let us know. Thank you for everything you do.

Your generosity makes a tremendous difference in the lives of people every day.

Gifts by Mail, Phone or Web

Gifts may be made by check, credit card or appreciated assets you may also make an unrestricted gift or designate your gift to support a specific program.

Other Ways to Donate

West Linn Lions Club

Lion Sentinel: \$500 - \$999 Gresham Breakfast Lions Club

Lion Tamer: \$100 - \$499

Albert & Janice Stewart Arthur & Diana Carroll Arthur Tallabas Barry Sillivan Beaverton Grocery Outlet Brad J. Wyatt Clyde R. Wood Dave Williams Denise Patridge Elton R. "Doc" Storment Fisher Funeral Home, Inc. George T. Harding Mary Jane Hunt McMinnville Lions Club Mike Carlson Pauline Goyette Portland Bentham Lions Club **Richard Thomas** Wayne M. Hamersly William Nourse, III Witt Company

Betty Dunlap Carolie Y. Mullan Denise Spanke Donald E. Bauer Hope Chacon Janet Hasson Jim & Cheryl Grigg Judith M. Giorgi L. Gerald Monroe Mary Patricia Huffman Sonja M. Pulley Robert B. Goodin Robert C. Mackey Sherry Willmschen In memory of Cal Mosley L. Raymond Swarthout, Jr. In memory of Cathi Burger Frederick Hirsch In memory of Don Major Don & Fave Bowers In memory of Jerry Mayfield Don & Faye Bowers In memory of Jo Jacobssen Albert & Janice Stewart Anita Harris Art & Jean Rotter Arthur & Diana Carroll Ed & Elaine Gear

When you donate your vehicle, ink jet cartridges or cell phones you are helping the Oregon Lions Sight & Hearing Foundation fund vital health needs of youth and adults throughout Oregon and Northern California.

(800) 635-4667 • www.orlions.org

*This listing includes gifts received September 1-30, 2009 only.

Every effort is made to ensure the accuracy and completeness of our list of donors. We apologize for any omission and would appreciate your bringing them to our attention.

Memorial Gifts (Cont.)

In memory of Jo Jacobssen (cont.) George & Dee DeHart Judith M. Giorgi Lions Club of North Bend, Inc. Mary Reed Dale & Sharon Rollins Sonja M. Pulley

Memorial Gifts (Cont.)

In memory of Myron Curtis Cynthia Dodson Judith M. Giorgi R.E. Walker In memory of Rod Curtis Art & Jean Rotter In memory of Tom Lyden Janet Hasson

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Everyday Thanksgiving

Richard Smith, PDG 2008-10 Chairman, Lions Eye Bank of Oregon

"I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble." - Helen Keller

...And to do so in a thankful mode.

Most of us in our lifetime will not accomplish a great and noble task, but we each can accomplish small tasks and contribute to a great and noble cause in the mission of eliminating preventable blindness. We are all part of a worldwide team of over a million people working to improve the quality of life for everyone. It is a privilege to be a part of this team, but it is also an opportunity to do a small task. To, in some small way, contribute to the improved life quality of someone whom we will likely never meet. Every day we should be thankful that we have the opportunity to be a part of this great and noble cause that has positively impacted the lives of so many.

The Eye Bank recently received a letter from a local resident who watched the new building construction, thinking it was going to be a small community bank! After her father recently passed away and the family donated his corneas, she now recognized both the purpose and the mission of the new building, being thankful for its existence.

This same person, recently having laser surgery to correct nearsightedness stated, "I was really worried, but being able to see is a miracle I cherish." She now has excellent vision. Thankful? Yes.

And we are thankful for the Eye Bank being on track for another record breaking year with over 1,100 donors which, in turn, provided the opportunity for over 1,550 cornea recipients the gift of sight. Task by task, person by person, all working toward our mission to eliminate preventable blindness.

We are thankful for our new Administrative Coordinator, Janet McConnell, who recently joined our Eye Bank team. With many years of experience dealing with people, she is a great addition. Finally, we are thankful for the dedication of the Technicians, Coordinators and their Trainers who, along with the Couriers, offer their talents and their time so that others may see.

With that, we want to wish you all a blessed Thanksgiving holiday; and may your tasks, be they great and noble or small, bring thankfulness to both the giver and the receiver.

Eye Bank Couriers for September 2009

Albany East Lions Club Dave Schnebley (4) Battle Ground Lions Club Stacy Walters (2) Beavercreek Lions Club Arthur Van Alstine Beaverton Lions Club Joyce Anderson Les Tvo Camas Lions Club Cindy Maltsburger Central Lions Club Cal Hudspeth (2) Charlie Tate Rod & Debbie Bach Columbia Crest Lions Club Ed Hewitt (3) Corvallis Lions Club Roger Weaver (2) Kelly Tharp Eugene Bethel Lions Club Ted Murray Eugene Cascade Lions Club Glen Smeed Eugene Downtown Lions Club Alice Bender **Bill Baxter Bob Hixson** Jim Mueller Fort Vancouver Lions Club David R. Rawson (3) Jack Sprinkel (2) *Kim Milligan (2)* Tom M. Gay Friends of the Lions David Roberts (2) Steve Roden (2) Tom Carter Grants Pass Lions Club Larry Dietzel Gresham Breakfast Lions Club Art Zehner Daniel L. Fryer Joe Davis Kent Carter

Gresham Supper Lions Club Art Perkins R.D. Bob Sell Ron Harlan Junction City Lions Club Arnie Anders Dorance Mattson Lance & Carole Stoddard (14) Mike Skinner Keizer Lions Club Paul & Esther Ballek King City Lions Club Bill Gerkin George Ford (2) Lake Grove Lions Club Don Potter Lake Oswego Lions Club Carol Higgins Jan Scott McKenzie River Lions Club Ann Penny Medford Crater Lions Club *George & Brenda Taylor (2)* Medford Host Lions Club Ronald Pemberton Medford North Lions Club Charles Hulings (3) Medford Rogue Monarch Lions Club Daniel Guy Milwaukie Lions Club Dennis Tichenor Fred McNaughton Tom Hammond Orchard Evergreen Lions Club Jim Terrell (2) Portland Bentham Lions Club Linda Thomson (2) Portland Centennial Lions Club Marguerite Hofferber (3) Portland Downtown Lions Club John & Ellen Nesbitt L. Gerald Monroe Portland Hollywood Lions Club Arlene Halvorson Greg Arntson

New Website Launched for Vision Research Lab

Chris Stoeger, Director of Operations Lions Eye Bank of Oregon

The Lions Eye Bank of Oregon Vision Research Laboratory has recently launched a new website as a part of the larger LEBO website. The laboratory, under the guidance of Scientific Director Dr. Mark Terry, produces world class research seen in top ophthalmology journals. The lab's web presence has not adequately informed the public of the lab's considerable accomplishments. This situation has been rectified with the new research laboratory website. The website will display information about all research publications, history of the lab, and any major upcoming events. There is also now a mechanism for people to make financial contributions to the laboratory on a secure website.

The last feature of the website is perhaps its most important. The sustainability of this community resource is contingent upon the generosity of financial donors. The research is widely known in academic and clinical settings. Now the public has a place to go to find out about the incredible research that is being done right in our own state. Hopefully this knowledge will prompt people to take immediate action when they want to make a difference to our organization. Please take a moment to check out the new research lab website pages at eyebank.orlions.org/pages/ researchlab.php.



Scientific Director Dr. Mark Terry demonstrates a new surgical technique to corneal fellow Dr. Mike Straiko while a visiting medical resident watches. Photo by Cordelia Elsewhere, CEBT.

New Lockbox at Southern Oregon Lab

The Southern Oregon Laboratory of the Lions Eye Bank of Oregon is now sporting a brand new lockbox thanks to the greatly appreciated volunteer efforts of Lion Chuck McGilvray and a good friend of the Lions, Mr. Mardell Day. The new lock box boasts additional security, better weather resistance, and more capacity. It can hold two eye coolers instead of one and it even has a spot for flyers that couriers can take with them to the airport with detailed instructions on where to take the tissue. If that isn't enough, the



appearance and craftsmanship of the box are outstanding! Renee Stern, Medford Technician, said "We couldn't be happier with the new box. We are very appreciative of the donated services from Lion Chuck and [his friend] Mardell."

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Portland Hollywood Lions Club (cont.) John Graham Sandy Woolverton Tom Barnett Portland Lloyd Lions Club Gerald Caldwell William Marentette (2) Portland Oaks Bottom Lions Club Michael Ogan Portland Parkrose Lions Club Gerald Nicholas (2) Trevor Lewis (3) Portland Roseway Lions Club Bill Nelson (3)Don Groth Melinda Palmer (2) Rod Kirkpatrick Salem Capitol Lions Club Dana Roberts Kelly Freels (2) Salem Downtown Lions Club Dennis DeJong (3) Ken Simila (2) R. James Salem Northeast Lions Club Pete Larson (14)

Salem South Lions Club Carol & Ed Casciato (2) Herbert Colley Hugh Erwin Sam Angelo Salem West Lions Club Bob Franklin Craig Urbani Gary Hurley Larry Drake (2) Tom Makey (8) Silverton Lions Club Chuck Pattee Springfield Lions Club Don Ebbert Don & Lou Ebbert Rosemarie Hastings Stayton Lions Club Jack Fiske Jo Hallam Woodburn Lions Club Art & Jean Rotter (3)

OREGON LIONS SIGHT & HEARING FOUNDATION

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2006-07 Highlights: Endowment and Organizational Growth

W ith the completion of the MHSU II Capital Campaign in 2006, the new vehicle hit the road in July after a special ceremony in front of the Freightliner Headquarters. Chairman Bill Nourse's theme of "Foundation Forever" was further emphasized by the Board of Trustee's vote to move all non-designated memorials and bequests to the Endowment Fund. Bill recalls his pride in seeing the endowment grow thanks to the recommendation of the Resource Development Committe to make it a priority of the organization. "Remember, our future lies with the endowment. We must always provide a portion of our income to grow the endowment. Think of it as a retirement fund to provide for our needs in the future," stated Bill.



After several years of discussions, the Facility Needs Committee recommended the purchase of a building for the Lions Eye Bank of Oregon (LEBO), who had outgrown their space at Legacy Good Samaritan Hospital. With Board approval, a building was purchased and renovated on SE

11th and Grant. The Eye Bank moved into their new building in July 2009 and the Foundation move back to a newly renovated space at Legacy Good Samaritan Hospital. The Foundation has this space gratis in perpetuity.

Health Screening Funding: An Opportunity for All

Doug Thompson, Resource Development Director

Every now and then I get accused of being an optimist. While it should be taken as a compliment, my instinct is that the accuser is attempting to bring me back to reality. Their reality, that is.

As Lions, our reality is that we must find new ways to financially support the Mobile Health Screening program. As Resource Development Director for the OLSHF, this is my top priority: Finding new corporate partners statewide and helping local Clubs supplement this support with business support in your communities. Working together, we will address these priorities and reduce the MHSU scheduling fee to a more manageable level.

We are making progress on the corporate partnership front. The MHSU is a very attractive program from the standpoint that we serve over 30,000 Oregonians per year, in nearly every community in Oregon, and that we are highly visible. The MHSU is an incredible opportunity for the right corporation and we are working very hard to find the right "fit" for funding. Similarly, the MHSU is a terrific way for a business in your community to support your local residents by providing health screenings, learn about your Lions Club and, who knows, maybe even become interested in joining your club!

This is your opportunity, and it is not overly optimistic. Discuss with your fellow Lions and businesses in your community that:

- care about the well-being of your residents, such as health professionals, insurance agencies, real estate agents and local merchants
- are civic-minded who would be interested in Lionism and would add value as members to your Lions Club

Invite such individuals or schedule a time to visit with them to discuss the MHSU and how they could sponsor a school screening or community event for only 300. If this is too much, perhaps they would share the cost with your club for 150. Remember, the "kit-only" school screening – without the truck, but the same services – will be only 150. This way, they are vested in their community and your Lions Club reduces its burden of the daily scheduling fee.

We are confident that we will secure corporate partnership soon and we will work with you to secure your local sponsorships to provide the MHSU. The first step in accomplishing your part of the bargain is to contact me, if you like, at <u>doug.thompson@orlions.org</u> or by calling me at (503) 413-7527.



KEX Kids Fund Providing eyeglasses and hearing aids to children in need

September Impact Report: 14,024 Lives Impacted		
Program	September	Y2D (July-Sept)
Patient Care Vision Surgeries	6	23
KEX Kids Fund: Vouchers issued	36	40
Eyeglasses & Hearing Aids: People Referred	132	330
Hearing Aid People Served	26	84
MHSU Screening Days	38	75
MHSU People Screened	1,887	3,357
MHSU Problems Identified	556	1,807
Eyeglasses Sorted	7,800	18,000
Eyeglasses Processed	17,890	33,929

Since 1987, the KEX Kids Fund has provided eye examinations, eyeglasses and hearing aids for children from birth to 21 years of age in 15 counties through-

out NW Oregon and SW Washington. Children on either the free or the reduced lunch program can obtain services completely free of charge.

You can make a difference in a child's academic achievement and quality of life! Once children are given the glasses or hearing aids they need, they make noteable academic progress and have an im* This is a partial list take from the completed impact reports, however, total lives impacted is reflective of *all* report components.

proved quality of life. Please join us in supporting the children in our community by donating during the KEX Kids Fund pledge drive at 1190 AM during on: November 26 & 27 - The Morning Update with Paul Linnman and November 30 & Dec. 1 - The Morning Update with Paul Linnman and the afternoon Mark & Dave Show.

Without KEX, over \$150,000 in eyeglasses and hearing aid requests annually would go to Lions. To donate during the pledge drive, please call (503) 224-5437. Make a donation online at www.1190kex.com/kex_dids/index.php. Help the KEX Kids Fund provide eyeglasses and hearing aids to children whose families cannot otherwise afford them. The KEX Kids Fund is a 501(c)(3) charitable organization and all donations to the fund are 100 percent tax deductable.