

Everyone feels anger.
It's unavoidable . . .

ANGER AND BULLYING

. . . It's what you
decide to do with it
that's important.

What can YOU do?

A motivational speaker from Raleigh, N.C., Shawn offers a personal perspective on how to deal with anger and bullying. Born with a disability to a mother addicted to drugs, Shawn knows all too well how easily life's challenges can cause anger to take hold of a person's life. He takes you on a journey filled with sadness, joyfulness, laughter, determination and inspiration, and tells you how to apply what he has learned to your own life. Eliminate anger and bullying within schools and workplaces, so each person can focus on achieving his own success.

- Use humor to heal
- Help others to draw focus away from yourself
- Surround yourself with positive people
- Manage your schedule
- Love yourself
- Realize you're not alone
- Don't be afraid to get help

SHAWN HESSEE

MOTIVATIONAL
SPEAKER

“ Shawn’s message packs a powerful punch. He provides people with the tools they need to be successful in life. His personal struggles have been written about in several books, including two of mine. ”

— Tom Carr, Guidance Counselor/Author

For booking, contact Doug Hall with TalentPlus Entertainment:

314-421-9400

or e-mail dhall@talent-plus.com.



“Embrace the challenges you face.”

FOR MORE INFORMATION, VISIT:

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