



MEMORIAL DAY DASH 5K

Monday, May 29, 2017 – 7:30 AM

All Net Proceeds to Benefit the Restoration of



ChampionChip Timing & Race Management

Provided by the Nashville Striders



Start / Finish in front of Adventure Science Center – 800 Fort Negley Blvd.

Loop around Fort Negley and through Nashville City Cemetery

- Refreshments, Door Prizes, and Awards Ceremony following race
- Awards to Top 3 Overall Male/Female; Top Masters Male/Female; Top Grandmasters Male/Female; Top 3 Age Group Male/Female: 9 & under through 80+ in 5 year increments
- Nashville Striders Grand Prix 2016 - 2017 Series Event / *Striders Members receive \$3 discount Early Registration
- Prize for runner with Best Patriotic running attire
- Registration Fee: \$30 Early Registered (thru 4/30); \$35 (thru 5/26) and \$40 Race Morning
- Race morning registration and packet pickup at 6:00 AM
- Parking available in lot across from Adventure Science Center
- Use of headphones discouraged; strollers lined up at rear; pets not allowed
- No refunds or transfer of race entries

Return registration form with checks payable to: **Nashville Striders**

**Attn: Peter Pressman
4035 Trail Ridge Drive
Franklin, TN 37067**

Info: Peter Pressman (615) 293-8862 / pasta4run@aol.com

register online at www.active.com

First Name		Last Name	
Age on Race Day		Sex (M / F)	T-Shirt Size (S, M, L, XL, or XXL)
DOB: / /		ChampionChip #	
Mailing Address		(Only pre-registered guaranteed t-shirt) (If using your own ChampionChip enter # here)	
City		State/Prov.	Zip/Postal Code
Telephone Number		E-Mail Address	
Emergency Contact		Telephone Number	
Signature: _____		(Parent or Guardian if minor)	Date: _____

Waiver: I understand that I should not enter and participate in the Memorial Day Dash unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete this event safely and I further agree that event officials may authorize necessary emergency treatment for me. In consideration of acceptance of this entry, I intending to be legally bound, hereby, for myself and event officials, waive and release any and all right and claim for damages I may have or that may hereafter accrue to me against all sponsors, contributors, supporters, and officials associated with this race, their representatives, successors and assigns for any injuries incurred by me during, because of, or in travel to or from race or event. If I decide to use a ChampionChip for official time and lose it or fail to return it, I agree to pay a \$30.00 replacement fee. Event may be postponed or cancelled due to severe weather, natural disasters, or threats to local or national security.

Official Use Only

