

# TEAM NASHVILLE 10 MILER



**Saturday, November 4, 2017**  
 7:30 AM  
 Presented by  
**Team Nashville &  
 THE NASHVILLE STRIDERS**



<b>Location</b>	Moss-Wright Park, Goodlettsville, Tenn., I-65 to exit 97 (Long Hollow Pike). Go east on Long Hollow Pike ½ mile to Caldwell Lane. Turn right on Caldwell Ln and proceed for ½ mile to Moss-Wright. Park will be on your right.
<b>Course Description</b>	USATF Certified Course. This is a fast scenic course on the back roads of Sumner County. Rolling course with hills at 1, 5, and 9 miles. Last mile is mostly downhill. Since the course will be open to vehicle traffic, runners will need to exercise caution. Water will be provided at 3, 5, and 7 miles. <b>There will be a two-hour time limit.</b>
<b>Awards</b>	Three deep Male/Female Overall, Masters (40+), Grandmasters (50+). Age Groups: 3 deep male/female – five-year increments from 14 and under to 80+. Awards Ceremony at 9:45 AM
<b>Fees</b>	<ul style="list-style-type: none"> <li>\$35.00 Pre-registration fee on or before November 2, 2017 (Nashville Striders members may deduct \$5.00 off the pre-registration fee)</li> <li>\$40.00 Day of Race. November 4, 2017</li> </ul> <b>NOTE: HOODIE SWEATSHIRTS GUARANTEED ONLY TO PRE-REGISTERED BY OCTOBER 13</b>

Register online:



Information  
 Diana Bibeau (615) 347-5822  
 diana.bibeau@gmail.com

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_  
Month Day Year

Official Use Only

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP/Postal Code \_\_\_\_\_

Telephone with area code \_\_\_\_\_

Email address \_\_\_\_\_

Sweatshirt Size: \_\_\_ Small \_\_\_ Medium \_\_\_ Large \_\_\_ X Large \_\_\_ XX Large  
**Shirts guaranteed to only to pre-registered runners (BY OCTOBER 13)! Additional shirts will not be ordered!!**

**I have enclosed \$ \_\_\_\_\_. Please make check or money order payable to: Nashville Striders, Inc., and mail to: Team Nashville 10 miler, c/o Diana Bibeau 5708 Chestnutwood Trail, Hermitage, TN 37076.**

**Waiver:** I, by entry into this event, release for myself and anyone on my behalf The Nashville Striders Inc., Team Nashville, The City of Goodlettsville, Sumner County, all sponsors, and any individuals or other organization associated with this event from all liability or injury which may occur as a result of my participation in this event. I know that running is potentially dangerous and assume all risks. I understand that my only way to receive an official time is by wearing an electronic timing device (ChampionChip) provided by the Nashville Striders. **If I decide to use a ChampionChip for official time and I lose it or fail to return it, I agree to pay a \$30 replacement fee.**

Signature \_\_\_\_\_  
 (Parent or Guardian if minor)

Date \_\_\_\_\_