

TENNESSEE RRCA STATE REP NEWSLETTER

September 2017

SUBMIT YOUR BIDS NOW FOR A NATIONAL, REGIONAL & STATE CHAMPIONSHIP!

Several bids have been submitted for RRCA Championship races in Tennessee. The deadline to apply for a 2018 RRCA **Southern Region** Championship is **October 1**. The deadline to apply for a 2018 RRCA Tennessee State Championship is **November 1**. The deadline to apply for a 2019 RRCA National Championship is **March 1**. You may bid for all 3 championships with one submission. Just check all 3 boxes. Remember, bidding for a RRCA Championship is **FREE!** Submit your bid today at <http://www.rrca.org/programs/rrca-championship-series/bid-form/>. You can submit championship bids for the following distances: 1M, 5K, 10K, 10 Mile, Half Marathon, Marathon, Ultra, Cross-Country and Other. When a race is designated as a championship race, the race receives:



1. Free eight RRCA Championship medals for Overalls, Masters, Grandmasters, and Senior Grandmasters for both male and female!
2. Free RRCA Championship bibs
3. Free Gatorade product, cups, coolers, mixing wands and banners (non-profit, 10K and longer, minimum of 400 participants - unless Ultra distance)
4. Free use of RRCA Championship banners
5. Free use of RRCA Championship finish line tape
6. Free promotion through social media
7. Free listing in the RRCA Event Calendar as Championship event
8. Discounted advertising in Club Running magazine

10 DAYS LEFT TO APPLY FOR A KIDS RUN THE NATION GRANT!

The RRCA is accepting applications for the Kids Run the Nation grants. A total of \$30,000 will again be awarded in a combination of grants ranging from \$500-\$1,000.



Running events clubs, , or other organizations with the IRS 501(c)(3) designation are eligible to apply. Elementary and middle schools that provide an organized after-school running programs are eligible as well.

The application deadline for a Kids Run the Nation Grant is October 1, 2017. Check out <http://www.rrca.org/our-programs-services/programs/kids-run-the-nation/grant-fund>.

APPLY FOR RRCA RUNNER FRIENDLY COMMUNITY DESIGNATION!

The goal of the RRCA's Runner Friendly Community program is to shine a national spotlight on communities that stand out as runner-friendly and provide incentives and ideas for communities to work towards becoming runner friendly communities. Runner Friendly Communities can also increase the quality of life, improve physical activity for residents, and provide for increased economic impact for the community. Check out <http://www.rrca.org/our-programs-services/programs/runner-friendly-community>.



2018 RRCA CONVENTION IN WASHINGTON, DC! BOOK YOUR HOTEL ROOM NOW!

The 60th RRCA National Convention starts with the welcome reception on **Thursday April 5** and concludes on **Sunday April 8** with the featured race, Credit Union Cherry Blossom Ten Mile Run & 5K Run-Walk (<http://www.cherryblossom.org/>). The convention consists of educational workshops on best practices, the RRCA Annual Meeting of the Membership, the National Running Awards Banquet, and several social networking luncheons and events. Hundreds of runners, club leaders, event directors, and corporate supporters attend the RRCA Convention. Clubs are encouraged to reward their key volunteers with a trip to the RRCA Convention. Go to <http://www.rrca.org/convention> for more information.



GUARANTEED ENTRY - CREDIT UNION CHERRY BLOSSOM TEN MILE RUN & 5K RUN-WALK!



The first 300 attendees to register for the RRCA National Convention before February 28, 2018 will receive (1) guaranteed entry into the Credit Union Cherry Blossom Ten Mile Run & 5K Run-Walk. This popular race operates on an annual lottery entry, so this is a great opportunity to run this marquee race. Don't miss out!



Sherilyn Johnson
Tennessee RRCA State Representative
RRCA Certified Coach
RRCA Certified Race Director
tennessee@rrca.org 423.827.5092
www.rrca.org



PLEASE MAKE SURE YOU ARE USING THE LATEST RRCA LOGOS
ON YOUR SHIRTS AND WEBSITE!