

TENNESSEE RRCA STATE REP NEWSLETTER

October 2017

DEADLINE TO SUBMIT YOUR STATE CHAMPIONSHIP BID IS WEDNESDAY - NOVEMBER 1!

Only a few days left to submit your bid for a RRCA Tennessee State Championship. The deadline is November 1. The process takes less than 10 minutes. It is easy and simple. The bid form can be found [http://www.rrca.org/our-programs-](http://www.rrca.org/our-programs-services/programs/rrca-championship-series/bid-form)



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You can submit championship bids for the following distances: 1M, 5K, 10K, 10 Mile, Half Marathon, Marathon, Ultra, Cross-Country and Other. Remember, bidding for a RRCA Championship is **FREE!** When a race is designated as a state championship race, the race receives:

1. **Free** Eight RRCA Championship medals for Overalls, Masters, Grandmasters, and Senior Grandmasters for both male and female!
2. **Free** RRCA Championship bibs
3. **Free** Gatorade product, cups, coolers, mixing wands and banners (non-profit, 10K and longer, minimum of 400 participants - unless Ultra distance)
4. **Free** use of RRCA Championship banners
5. **Free** use of RRCA Championship finish line tape
6. **Free** promotion through social media
7. **Free** listing in the RRCA Event Calendar as Championship event
8. **Discounted** advertising in Club Running magazine

REMAINING 2017 RRCA CHAMPIONSHIPS IN TENNESSEE!

The next RRCA Championship in Tennessee will be the Hot To Trot 5K in Knoxville on Thursday, November 23 (Thanksgiving Day). Make your plans now to attend this race and several of the other RRCA Championships in Tennessee. You will not be disappointed when you attend a RRCA Championship.

State - 5K - Hot To Trot 5K, Nashville, November 23

State - Cross Country - Wauhatchie Trail, Chattanooga, December 16

National - Ultra - Lookout Mountain 50-Miler, Lookout Mountain, December 16

YOUR CLUB/EVENT COULD WIN A NATIONAL AWARD!

RRCA National Running Awards are presented to acknowledge the service and dedication of outstanding volunteers, athletes, newsletters, websites, running programs, races and State Reps. Each year club and event leaders around the United States are encouraged to submit nominations for an RRCA National Running Award. The outstanding contributors to our sport are recognized at the RRCA Annual Banquet and National Running Awards Ceremony. The RRCA will provide a \$400 travel stipend and one complementary ticket for each award winner to the 2018 RRCA National Running Awards Banquet at the RRCA Convention in Washington, DC.



There are several awards for which you can nominate your club/event or someone in your club/event. They are:

- Excellence in Running Journalism
- Road Runners of the Year
- Road Runner of the Year Challenged Athlete
- Outstanding RRCA Beginning Running Program of the Year
- Outstanding RRCA Club Newsletter of the Year
- Outstanding RRCA Club President of the Year
- Outstanding RRCA Club Website of the Year
- Outstanding RRCA State Representative of the Year
- Outstanding RRCA Volunteer of the Year
- Outstanding RRCA Youth Running Program of the Year
- RRCA Road Race of the Year
- Spirit of the RRCA Award

The process takes less than 10 minutes. It is easy and simple. The nomination deadline is 5:00 PM Eastern January 5, 2018. Information about each award and the link to submit a nomination can be found at <http://www.rrca.org/programs/national-running-awards/>.

DON'T FORGET ABOUT THE 2018 RRCA CONVENTION!

Thursday, April 5 to Sunday, April 8 <http://www.rrca.org/convention>.



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PLEASE MAKE SURE YOU ARE USING THE LATEST RRCA LOGOS ON YOUR SHIRTS AND WEBSITE!