



**Nashville Striders Annual Summer Picnic
5K Run / Walk & Kids Fun Run and
Pot Luck Dinner Buffet**

**2017-2018 Grand Prix Series Awards
2018-2019 GP Kick-off**

**Saturday, July 28 at 5:30 PM [Registration begins at 4:30 PM]
Shelter # 11 Edwin Warner Park
*flat out & back certified course***

Open to all Nashville Striders Members and families at no charge.

Not a member yet??? We invite you to join the Nashville Striders and reap all the benefits of club membership!!! Join at the picnic for \$20 annual membership fee and the race fee [\$20] is waived.

**Membership information:
www.nashvillestriders.com**



**Potluck buffet [6:30 PM] after the run.
PLEASE bring a dish to share with others.**



**For more information call or www.nashvillestriders.com
615-958-2282**

.....
First Name: _____ Last Name: _____

Age on race day _____ Gender: Male ___ Female ___

Mailing Address: _____

City: _____ State/Zip _____

Telephone: _____ email: _____

Official Use Only

Mail entry form to:
Nashville Striders, Inc.
P.O. Box 917
Madison, TN 37116

Nashville Striders Member? Yes No If No then complete separate membership form and submit with this form.

Signature: _____ (Parent or Guardian if minor) Date: _____

WAIVER: I, by entry into this event, release for myself and anyone on my behalf The Nashville Striders, Inc., the Metropolitan Government of Nashville and Davidson County, all sponsors and anyone or other organization involved in the event, their employees, agents or representative, from all claims or liabilities of any kind of nature whatsoever arising out of my voluntary participation. I know that running is potentially and assume all risks.