Springer Mountain Farms Chicken Healthy 5K Run & Walk

6:00 AM - Registration Begins
7:30 AM - Race Begins
9:30 AM - Awards

Entry Fees:
$6.50 through March 4th
$10.00 March 5th & 6th

Registration
Mail attached form to:
650 AM WSM
c/o Springer Mountain Farms 5K
2804 Opryland Drive
Nashville, TN 37214

Submit online at www.active.com

All registration and race details can be found at www.wsmonline.com

Portions of the race entry fees and donations will help support the Nashville Humane Society

650 AM WSM

Springer Mountain Farms®

The Springer Mountain Farms Chicken
Healthy 5K Run & Walk
March 6th, 2010
Starts & Finishes on the
Grand Ole Opry Complex
2804 Opryland Drive, Nashville, TN

NAME:

AGE:

BIRTHDATE: / /

ADDRESS:

CITY / STATE / ZIP:

PHONE NUMBER:

E-MAIL ADDRESS:

TSHIRT SIZE: S M L XL

SEX: M F

T-shirts guaranteed to pre-registered runners only.

Participation Release

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against 650 AM WSM, its Primary Sponsor and its affiliates, their agents, employees, officers, directors, successors and assigns, the Gaylord Entertainment Company, Inc., and any and all sponsors, their representatives and successors, that may arise as a result of my participation in the Springer Mountain Farms Chicken Healthy 5K Run and Walk and any pre- and post- event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.

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Signature (guardian signature if participant is under 18)