

Paula Leslie MA, LCPC
Therapeutic & Educational Placement Consultant

ERKIS

CONSULTING GROUP

130 Northwoods Blvd Ste B•Columbus, Ohio 43235

Phone: 614-231-1957

EDUCATION

University of Montana, Missoula, MT. MA Mental Health Counseling, May 2004.

Western Washington University, Bellingham, WA Bachelor of Arts Recreation (Outdoor), 1994.
Outstanding Graduating Senior Award

RELATED EXPERIENCE

EXPERIENCE WORKING IN WILDERNESS THERAPY PROGRAMS

Therapist, Aspen Achievement Academy, Loa, UT, 1/2005-2/2006.

- Provided individual and group counseling to adolescents in a short-term (35-55 days) residential treatment program.
- Coordinated services with insurance representatives, home therapists, family members, and educational consultants.
- Supervised and mentored program staff working directly with clients as part of the treatment team.
- Provided weekly updates to parents as well as resources to address emerging parenting and family issues.

Therapist, Ascent Idaho, Naples, ID, 10/2005-12/2005

- Temporary therapist for one group of young men ages 14-17.
- Facilitated therapeutic process groups.

Therapist, Summer Big Sky Program. Explorations, Inc., Trout Creek, MT 6/2004-8/2004.

- Provided individual and group counseling to adolescents in a two month outdoor therapy program.
- Facilitated family phone calls between students and parents and updated educational consultants.
- Planned, coordinated, and delivered primary family therapy during a week long “mother daughter” raft trip.

Program Coordinator, Explorations, Trout Creek, MT. 1998-2000.

- Coordinated logistical aspects of ELP and Summer Programs (hiring, training staff, trip itineraries).
- Updated parents and educational consultants on student progress.
- Worked with Program Director to make recommendations for after care of all students.

Assistant Field Director, Aspen Achievement Academy, Loa, UT. 1996-1997.

- Interviewed, hired and trained all new field staff.
- Provided ongoing field support (staff development, field visits).

Field Instructor, Aspen Achievement Academy, Loa, UT. 1996.

- Taught high school curriculum including geology, social science, English.
- Lead daily process groups on subjects assigned by group therapist.
- Responsible for safety and well being of eight students in a two-month wilderness setting.

EXPERIENCE WORKING IN LONG-TERM PROGRAMS

Counseling Intern, Chrysalis, Eureka, MT. 1/2003-7/2003.

Family style residential therapeutic boarding school for adolescent girls.

- Lead two DBT groups following Marsha Linehan’s Treatment Manual and publications.
- Individual Counselor for 3-5 students.
- Co-facilitated evening process circles.

Outdoor Recreation Program Assistant, Mission Mountain School, Condon, MT. 10/2000-7/2002.

Two-year residential therapeutic boarding school for adolescent girls

- One of three staff responsible for all weekend programming and supervision.
- Monitored student phone calls, meals, and student activities.
- Attended daily process groups and distributed medications.
- Taught enrichment classes (biking, skiing, volleyball, dance, art, gardening).

House Manager, Aurora Transition Home, Missoula, MT. 8/2003-5/2004.

Transition home for young adults leaving residential treatment and beginning college.

- Maintained staff and student records.
- Supervised house staff.
- Taught life skills including meal planning, budgeting, and self-advocacy.

OTHER WORK RELATED AND COUNSELING EXPERIENCE

Counseling Intern, Counseling and Psychological Services, University of Montana, 8/2003-5/2004.

- Provided scheduled and crisis counseling for students, faculty, and staff of UM.
- Maintained thorough case notes using medical model.
- Assessed and documented clinical diagnoses using DSM IV Axis system.

Employment Coordinator, Columbia Gorge Center, The Dalles, OR. 10/1997-5/1998.

- Job Developer for people with disabilities.
- Taught Job Club class on contract with the Department of Vocational Rehabilitation.
- Provided community access services to people with developmental disabilities.

PRESENTATIONS

Leslie, Paula (2010, October). Cleveland, Ohio. *Why Wilderness Therapy?* Authored by Dr. Andrew Erkis PhD and Paula Leslie MA, LCPC. Grand Rounds featured presenter at Cleveland Clinic, Cleveland, Ohio.

PERSONAL

Interests-swing dancing, remodeling a 1900s farm house with my husband, gardening, river rafting and outdoor activities.

CERTIFICATIONS, MEMBERSHIPS, and TRAININGS

American Counseling Association	Member since 2002
Association for Experiential Education, Therapeutic Adventure Professional Group	Member since 1994
Wilderness First Responder	
Dialectical Behavioral Therapy (2 Day Training, Missoula, MT)	3/2003
Motivational Interviewing (2 Day Training, Loa, UT)	10/2005

REFERENCES AVAILABLE UPON REQUEST