

*Are you ready to stop using tobacco for good?*

## **The Cooper/Clayton Method to Stop Smoking can help!**

This free 13-week program combines nicotine gum, patches or lozenges with support and behavior modification in a supportive group setting. The next Cooper/Clayton series will begin:



For more information or to register, contact  
**Terri L. Vincent**  
**Community Action of  
Southern KY**  
**270-597-3912**

(The only cost will be a \$5 book fee and nicotine products at a discounted price.)

**September 9, 2013**  
**5:30pm-6:30pm**  
**Education and Human  
Services Center**  
**200 East 4<sup>th</sup> Street**  
**Bowling Green, KY**

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