

# Get help to stop smoking...and not gain weight.

You can do it,  
and we can help!



Hear more about it at:  
**Brownsville Community Center**  
**108 North Main Street in Brownsville**

**Monday, Sept 15<sup>th</sup> • 5:30 - 6:30 pm**

For more info, call **Community Action**  
**(270) 597-3912**

**30% discount on nicotine patches**

## Lifestyle Improvement for Edmonson



A partnership of the Barren River District Health Department, and Community Action of Southern Kentucky



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